

It's three for Kemi!

Elite Bahraini sprinter and former world champion wins women's 400m hurdles for a golden treble at Hangzhou Asian Games | P12

WORLD **6** New rights for UK donor babies as they turn 18

THE DAILY **tribune**

Al Noor celebrates high attainment in Cambridge exams

8 CAMPUS

BUSINESS **5** Indian economy robust, says WB

Turkey arrests dozens after Ankara attack

AFP | Istanbul
 Turkey yesterday arrested dozens of suspected Kurdish militants and their supporters after an attack on the government district in the capital Ankara injured two policemen.

The raids across Turkey's predominantly Kurdish southeast came two days after a branch of the PKK - listed as a terror group by Turkey and its Western allies - claimed responsibility for Sunday's attack.

Turkish police shot dead one of the attackers while the other died in an apparent suicide blast outside Turkey's interior ministry.

Ukraine downs 29 Russian drones, missile overnight

AFP | Kyiv
 Ukraine said yesterday it had downed over two dozen Iranian-made attack drones and a cruise missile launched by Russian forces from the Crimean peninsula, annexed by Moscow in 2014.

Kyiv has warned that Moscow is restarting a campaign of aerial attacks on Ukrainian energy infrastructure that last year left millions without heating and water for long periods.

"On the night of October 3, 2023, Russian occupiers attacked (Ukraine) with 31 Shaheds (unmanned aerial vehicles) and an Iskander-K cruise missile," the air force said, specifying it had downed the missile and 29 of the drones.

Sudan 'hunger emergency'

AFP | Nairobi
 Hundreds of thousands of South Sudanese refugees fleeing Sudan's brutal war are facing "a hunger emergency", the United Nations warned yesterday, with 90 percent of families going multiple days without meals. The fighting between forces loyal to Sudan's army chief Abdel Fattah al-Burhan and his former deputy Mohamed Hamdan Daglo has forced nearly 300,000 South Sudanese to return home in the last five months, the UN's World Food Programme (WFP) said.

HM King: Fallen servicemen our 'source of pride'

TDT | Manama

His Majesty King Hamad bin Isa Al Khalifa, the Supreme Commander of the Armed Forces, affirmed that the noble sacrifices of the Bahrain Defence Force's fallen servicemen will forever be remembered in Bahrain's history and remain a source of pride for their families and brothers in arms.

HM the King noted that defending the land of the two holy mosques was a great honour.

The Supreme Commander of the Armed Forces received yes-



HM the King receives the families of the BDF's fallen servicemen

terday at Al Safriya Palace the families of the two fallen servicemen of the BDF's taskforce, First-Lieutenant Hamad Khalifa

Al Kubaisi, and First Warrant Officer Adam Salem Naseeb, who lost their lives as a result of an act of aggression while performing

their national duty within Arab Coalition's operation Decisive Storm and Operation Restoring Hope on the southern borders of

Saudi Arabia.

HM King Hamad extended his condolences and sympathy to the late BDF servicemen's families, praying to Allah the Almighty to rest their souls in eternal peace and bless their relatives with patience and fortitude. He also wished the injured a speedy recovery.

The families of the two fallen servicemen extended their sincere appreciation and gratitude to HM the King for offering them condolences and sympathy, wishing His Majesty abundant health and long life.

'Go shoot people'

'Mentally confused' 14-year-old boy suspect arrested in Bangkok mall shooting

● **Two left dead and five wounded**

AFP | Bangkok

A 14-year-old boy was arrested yesterday after a shooting at a packed Bangkok mall that left two people dead and five wounded, and sent hundreds of panicked shoppers running in terror into the streets.

Witnesses described the chaotic scenes as shots rang out at the upmarket Siam Paragon mall in the heart of the Thai capital around 4:30 pm (0930 GMT).

The shooting comes just days before the first anniversary of the deadliest massacre in modern Thai history, when an ex-policeman armed with a gun and knife attacked a nursery in the country's north, murdering 24 children and 12 adults.

National Police Chief Torsak Sukwimol told reporters that two women - one Chinese, one



The young suspect is arrested at Siam Paragon shopping centre. (AFP)

from Myanmar - were killed in the mall shooting, and five other people wounded.

He said the 14-year-old suspect was in custody but was too confused to undergo questioning.

"He is a mental patient at Rajavithi hospital and he has not been taking his medication," Torsak said.

"He said it felt like someone told him to 'go shoot people'. It's

like there's another him. This is what we got from the initial talk with him."

Video footage showed a long-haired boy wearing a black shirt, glasses and a cap with a US flag motif being taken into custody by police.

Yuthana Srettanan, director of the Erawan Emergency Centre, told reporters that all but one of those who were shot were women.

Prime Minister Srettha Thavisin visited the scene of the shooting as well as calling on the wounded in hospital.

Srettha posted on X, formerly Twitter, that he had spoken to the Chinese ambassador and offered condolences.

"From now on, the Thai government will implement the highest safety measures for the safety of all tourists," Srettha wrote.



"He said it felt like someone told him to 'go shoot people'. It's like there's another him. This is what we got from the initial talk with him."

- TORSAK SUKWIMOL, NATIONAL POLICE CHIEF

Thailand is keen to attract more Chinese visitors as it rebuilds its tourism industry after the pandemic, but numbers are lower than hoped, partly because of safety fears.

A private school called The Essence, just metres from Siam Paragon, confirmed the suspect was one of their students and offered condolences to the victims' families.

"We will collaborate with the authorities and investigators for the benefit of those involved," Wiwat Catithammanit, director of the \$4,000-a-term school said in a statement.

Eiffel Tower turns pink



This picture taken from the Trocadero square shows the Eiffel Tower illuminated in pink in Paris on October 1, 2023, to mark the launch of Pink October, or Breast Cancer Awareness Month. (AFP)

US sanctions China-based drug network over fentanyl

AFP | Washington

The United States announced sanctions yesterday on a China-based network for producing and distributing chemicals used to make drugs including those fueling a deadly national fentanyl crisis.

US President Joe Biden's administration has made the fight against fentanyl a priority, with the synthetic opioid blamed for tens of thousands of deaths in recent years.

The latest targets include 25 individuals and entities based in China, alongside three other parties in Canada, the Treasury Department said in a statement.

"Treasury is taking sweep-

ing action with our colleagues in law enforcement to expose and disrupt a network responsible for manufacturing and distributing illicit drugs," said Deputy Treasury Secretary Wally Adeyemo.

The China-based network is "responsible for the manufacturing and distribution of ton quantities of fentanyl, methamphetamine, and MDMA precursors," according to the Treasury.

The parties designated are also allegedly involved in trafficking xylazine - a veterinary sedative known as "tranq" - and nitazenes, which are often mixed with fentanyl.



Focus on economy, tourism and employment



His Royal Highness Prince Salman bin Hamad Al Khalifa, the Crown Prince and Prime Minister, chaired the 465th Government Executive Committee meeting. The implementation of the Economic Recovery Plan's 2022-2026 tourism sector strategy, the latest developments in the Fiscal Balance Program, and proposals on the national programmes for employment and career development for Bahraini citizens were reviewed.



Bahrain celebrates 33 years of German reunification

Foreign Minister praises Germany's contributions to Kingdom's economy



Cake-cutting ceremony

Ashen Tharaka
TDT | Manama

Bahrain celebrated 33 years of German reunification yesterday with the presence of the Foreign Minister Dr. Abdullatif bin Rashid Al Zayani.

The event was also attended by diplomats and high-level Bahraini government officials.

In his speech, Dr. Al Zayani strongly admired the tremendous efforts made by German businessmen and the community in contributing to the Kingdom's economy. He also said that the strong relationship between Bahrain and Germany showcases the future development of both countries in many fields.

German Ambassador to Bahrain Clemens Hach highlighted the Kingdom's role as a harbor of peace and stability in a world of growing uncertainties.

He commended Bahrain's strong commitment to reli-



Dr. Abdullatif bin Rashid Al Zayani



German Ambassador Clemens Hach

“The strong relationship between Bahrain and Germany showcases the future development of both countries in many fields.”

- DR. ABDULLATIF BIN RASHID AL ZAYANI, FOREIGN MINISTER

gious freedom and peaceful co-existence, as evidenced by the visit of His Holiness Pope Francis, the successful hosting of the

International Parliamentary Union, and the country's role as a host nation to the Combined Maritime Force.

Ambassador Hach praised Bahrain's solidarity with Ukraine, its path of normalisation with Israel, and its leadership in the field of human rights. He reiterated Germany's support for Bahrain in all of these areas.

The celebration of German reunification in Bahrain is a testament to the strong ties between the two countries. It is also an opportunity to reflect on the importance of peace, stability, and cooperation in the world.

Hosting Egypt's Basketball Super Cup boosts solid bilateral relations

TDT | Manama

His Highness Shaikh Khalid bin Hamad Al Khalifa, Supreme Council for Youth and Sport (SCYS) First Deputy Chairman, General Sports Authority (GSA) Chairman and Bahrain Olympic Committee (BOC) President, has stated that the kingdom's hosting of the Egyptian Basketball Super Cup 2023, under HH's patronage, adds a milestone to the solid Bahrain-Egypt sports relations.




HH Shaikh Khalid

The Egyptian Basketball Super Cup between champions and cup winners, Al-Ahly, and


runners-up, Al-Zamalek, will be held at the Khalifa Sports City hall on October 20.

HH Shaikh Khalid bin Hamad affirmed that holding the prestigious Egyptian sports competition in Bahrain reflects Bahrain's distinguished status as a regional and continental host of sports events.

His Highness said the kingdom's hosting of the event is living proof of the growing sports cooperation between the two countries.




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Experiencing beauty and 'dark side' of young love

Teenagers suffer depression, social withdrawal, and academic decline due to romantic relationships

Zahra Ayaz
TDT | Manama



In recent years, the phenomenon of young love has taken center stage in the lives of many teenagers. While experiencing romantic relationships can bring joy, there is growing concern about the negative impact it may have on mental well-being.

Teenagers today are increasingly grappling with depression, social withdrawal, and poor academic performance as a result of their romantic entanglements.

Depression, a serious mental health condition, has become alarmingly prevalent among teenagers in the context of romantic relationships.

The emotional rollercoaster that often accompanies young love can exacerbate pre-existing vulnerabilities, leading to feelings of sadness, loneliness, and hopelessness.

The pressure to maintain a relationship, coupled with the fear of rejection or heartbreak, can be overwhelming for teenagers who are still developing their emotional coping mechanisms.

Dr Aneesa Moidoo, a psychologist specialising in adolescent care, recently shared her insights on the topic with The Daily Tribune.

According to Mrs. Moidoo, the teenage years pose unique challenges as individuals are

“During this phase, teenagers often place unrealistic expectations on themselves and their relationships, such as a constant need for presence, which leads to the neglect of other essential aspects of their lives. When these expectations are not met, the fear of rejection, coupled with intense emotions like jealousy, anger, and grief, paves the way for depression.”

- DR ANEESA MOIDOO, PSYCHOLOGIST

still acquiring the skills to navigate complex relationships and emotions.

“During this phase, teenagers often place unrealistic expectations on themselves and their relationships, such as a constant need for presence, which leads to the neglect of other essential aspects of their lives.

“When these expectations are not met, the fear of rejection, coupled with intense emotions like jealousy, anger, and grief, paves the way for depression,” she added.

Additionally, she said, “Teenagers may be more susceptible to making impulsive decisions. Factors such as peer pressure and concerns about body image further contribute to depression in the context of romantic relationships.”

Moidoo emphasised the importance of parental and adult support in helping teenagers develop healthy relationships.

Teenagers can learn effective communication, conflict resolution, and the importance of setting boundaries from adults. By providing guidance, adults can help teenagers strengthen their self-worth and navigate the challenges they face, including peer pressure and body image concerns.

In conclusion, while young love can be a beautiful and transformative experience, it is crucial to recognise the potential negative impact it may have on teenagers' mental health and academic performance.

Depression, social withdrawal, and declining academic performance are genuine concerns that need to be addressed with compassion and understanding.

By fostering supportive environments and providing the necessary resources, we can ensure that teenagers thrive emotionally and academically, even in the midst of their romantic pursuits.

Talks on Gulf Air issue

TDT | Manama

A government team, led by Shaikh Khalid bin Abdulla Al Khalifa, the Deputy Prime Minister, will hold a joint meeting with the Council of Representatives tomorrow.

The joint meeting, confirming the ongoing executive-legislature cooperation, will be devoted to discussing the latest developments regarding the reinstatement of the Gulf Air employees who had been affected by the decision to merge and restructure their departments and to provide them with options.

Mayor of London's wife visits Danat

TDT | Manama

Mrs. Felicity Lyons, wife of Lord Nicholas Lyons, Mayor of the Financial District of London, recently paid a visit to the Bahrain Institute for Pearls and Gemstones (Danat).

During her visit, she learned about the rich cultural and historical heritage of the pearl and gemstone industry in the Kingdom.

Victim loses BD2,000 to fraudulent phone call

Fraudster poses as Asian government official in financial case winner scam

TDT | Manama

A person recently fell victim to a fraudulent scheme after receiving a phone call from an individual claiming to be a government employee of Asian descent. The caller informed the victim that he had won a financial case and would be financially compensated once.

The victim received a message instructing him to resend the OTP (One-Time Password). Unfortunately, he fell for the scam and ended up having BD2,000 withdrawn from their bank account.

Following the complaint filed by the victim, security investigations revealed that the money transfer and withdrawal were carried out using an ATM, with the first suspect being responsible for withdrawing cash amounts of BD500 in instalments using the second suspect's bank card.

It was also determined that the two suspects operated as part of a criminal gang, with the



Image used for illustrative purposes only

second suspect being responsible for creating bank accounts and receiving the fraudulently obtained funds.

Meanwhile, the first suspect withdrew the cash and sent it to their Asian home country in exchange for a financial share.

Amounts withdrawn

During the public prosecutor's interrogations, the first suspect admitted to withdrawing multiple amounts using various cards belonging to different individuals, while bank account records confirmed that BD1,000 were withdrawn and transferred to the second suspect's account.

The public prosecutor charged the two suspects, aged 30 and 32, respectively, with

jointly conspiring and assisting an unknown third party on July 30, 2023, in unlawfully using the electronic signature associated with the victim's credit card, which included the secret code.

The purpose of this fraudulent act was to seize the cash amount. Additionally, the suspects collaborated with an unknown third party to unlawfully gain possession of the victim's cash amount without legal authorisation by employing deceptive information technology methods, including entering the secret code of the bank card. Through this method, they managed to seize the cash amount.

Capital Governorate takes part in Bahraini businesswomen event



Mr. Yousef Yacoub Lori with Mrs. Ahlam Janahi and Mrs. Doris Martin

TDT | Manama

The Capital Governorate participated in the celebration of the Bahrain Businesswomen's Association, which was organised in cooperation with the Women in Technology Organization, Bahrain Branch, on the occasion of the organisation's second anniversary.

The event took place at the association's headquarters.

Mr. Yousef Yacoub Lori, Director of the Information and Follow-up Department in the Capital Governorate, emphasised the continuation of

cooperation with the Bahrain Businesswomen's Association to support the entrepreneurship sector.

He praised the association's cooperation with the governorate in various events and programs, such as “The Capital is a Healthy Governorate Program” and “Manama Entrepreneurship Week.”

Mrs. Ahlam Janahi, President of the Bahraini Businesswomen's Association, highlighted the role of Bahraini businesswomen in the field of technology and their representation in international forums.

BTEA welcomes inaugural charter flight from Slovakia

TDT | Manama

The Bahrain Tourism and Exhibitions Authority (BTEA), in partnership with ‘Visit Bahrain’, has welcomed the inaugural charter flight carrying tourists from the Slovak Republic to Bahrain.

This marks the commencement of a series of weekly flights (every Friday and Wednesday) extending until the end of June 2024. The initiative aims to entice visitors from across the globe, spotlighting Bahrain as a top-tier global tourist destination.

The maiden voyage hosted 189 media travelers and social media influencers, dedicated to promoting Bahrain as a premier tourist spot through their platforms.

The tourist group was greeted with a comprehensive tourism program, encompassing cultural performances highlighting Bahrain's rich heritage and hospitality traditions. This included



Image used for illustrative purposes only

live artistic displays and traditional musical performances, as well as organized visits to Bahrain's key attractions. They were provided with the opportunity to indulge in the Kingdom's distinctive tourist offerings, including state-of-the-art facilities, bustling commercial complexes, upscale hotels, and gourmet restaurants.

Dr. Nasser Qaedi, CEO of the

Bahrain Tourism and Exhibitions Authority, personally welcomed the arriving passengers. He extended his heartfelt wishes for their delightful stay in the Kingdom, emphasizing that these trips align with the Authority's strategic vision.

This strategy aims to attract new tourism markets, showcasing the Bahraini tourism product and acquainting visitors

with the Kingdom's advanced amenities and diverse tourism activities tailored to various tastes.

Dr. Qaedi emphasized BTEA's steadfast commitment to continuously explore new tourism markets. This commitment is underscored by leveraging the unique features of Bahrain's tourism sector, the robust national tourism product, the Kingdom's exceptional services, captivating tourist destinations, and advanced tourism infrastructure. He highlighted the Authority's dedication to conducting regular meetings with representatives of the tourism sector and relevant authorities, including hotel facility managers, travel agents, tour operators, and event organizers from various countries, to keep them updated about the latest destinations and upcoming projects in Bahrain, ensuring tourists are provided with a holistic and exceptional tourism experience.

Mind Matters

Anxiety in learning



ANEESA MOIDOO, PSYCHOLOGIST

I enjoy learning new skills, languages, and taking online classes, among other things. But the moment I consider doing it, I become anxious, and if I do not do, it puts me down. What do you believe is going on with me, and how can I overcome it?

It's normal to feel anxious about learning new things. There are a few reasons why this might be the case:

- Fear of failure is the most common reason for making you anxious from learning something new. You may be afraid of not being good enough, or of making mistakes. Similarly, the fear of the unknown. It can stop you from initiating learning. When you start something new, you don't know what to expect. This uncertainty can be scary. Fear of success is another hindrance that rarely people are aware of. You may be afraid of what success might mean for you, such as taking on new responsibilities or changing your lifestyle. Imposter syndrome is another killer for the process. You may feel like we don't belong in the learning environment, or that you're not smart enough to succeed. You may also struggle with unrealistic expectations of yourselves, and feel like we have to be perfect at everything we do.

Now, there are a few things you can do to overcome it:

- Identify your fears. What are you most afraid of? Once you know what you're afraid of, you can start to challenge those fears.

- Check for the evidences. Keep an eye on yourself. Look at how you're feeling. Check to see if it contains proof from your previous experience. If so, what is the difference you can think of that is different from what you encountered (e.g., you are older now, more knowledgeable, have had more exposure, received more recognition and acknowledgment, and so on) You may have felt a lot of pressure within you during your earlier experiences, which led to your self-judgment. It's easy to lose sight of the circumstance you're in today and the person you've become as a result of your You may have felt a lot of pressure inside your head during your earlier experiences, which led to your self-judgment. It's easy to lose sight of the circumstance you're in today and the person you've become as a result of your experiences in this domain of ideas and feelings but reacting to a comparable circumstance from your biased perspective.

The next easy to help yourself ease the tension is to Set realistic goals. Don't try to do too much too soon. Start with small, achievable goals and gradually work your way up. Finding a supportive community like learning with friends, family, or classmates. Having a support system can make learning more enjoyable and less stressful.

Don't be hard with mistakes. Everyone makes mistakes when they're learning something new. It's part of the process. Treating yourself once you accomplish a new learn, no matter how small, take the time to celebrate. This will help you stay motivated and keep learning.

“Don't be hard with mistakes. Everyone makes mistakes when they're learning something new. It's part of the process. Treating yourself once you accomplish a new learn, no matter how small, take the time to celebrate. This will help you stay motivated and keep learning.”



(The views and opinions expressed in this article are those of the author and do not necessarily reflect the official policy or position of the Daily Tribune)

Basic food items' prices in local market 'stable'

Traders assure public Bahrain has not experienced drastic price changes amid global inflation concern

● Slight increase in some products not impactful on citizens' income levels

TDT | Manama

Traders unanimously affirm that prices of basic food items in the local market will remain stable and unaffected by concerns of global inflation rates.

They emphasise the fact that there are subsidised basic foods, and over 94 essential commodities VAT exempted, which contributed to maintaining market discipline, ensuring a consistent availability of food products to meet consumer needs.

They stress that addressing price increases should be done through opening new markets and providing consumers with multiple choices for a single product, promoting both purchasing power and price control to counter the high global inflation rates.



Bahrain traders Khalid Al-Ameen, Rashad Zainal and Rida Al-Bustani



In this regard, businessman Khalid Al-Ameen clarified that the private sector in Bahrain is a key and influential partner with the executive authority in achieving the government's goals and development plans. He pointed out that prices of basic food items are stable and experience no changes at all thanks to government policies.

Similarly, Rashad Zainal confirmed that VAT-exempted food products, totaling about 94 food items, have not witnessed any price changes except for a slight

increase in some products due to external factors related to the global market. However, these increases are not considered impactful on citizens' income levels.

Zainal reassured citizens about the stability of prices in the local market, despite increases observed in most countries worldwide. He also commended the role of the Bahrain Chamber in opening more global markets for Bahraini importers and their continuous cooperation with the government to develop strategic plans that

enhance the strategic stockpile of essential food items.

For his part, food merchant Rida Al-Bustani emphasised that prices of subsidised food items in the local market are stable, and any increase is preceded by a comprehensive economic and social study. He clarified that social media rumors are misleading and have no factual basis, cautioning against following such rumors and assuring that the local market's current prices are the most suitable for consumers.

Move to boost private sector salaries hailed

TDT | Manama

Representative Basma Mubarak has commended the government's efforts to allocate budgets for bolstering salaries in the private sector.

This move aligns with the vision of His Majesty Hamad bin Isa Al Khalifa for a comprehensive renaissance.

Mubarak highlighted the government's agreements with the legislative authority, which



MP Basma Mubarak

are underpinned by the unwavering support of His Royal Highness Prince Salman bin Hamad, the Crown Prince and Prime Minister.

Addressing citizens' complaints in Sanad

TDT | Manama

Engineer Hoda Sultan, the Head of the Public Services and Facilities Committee of the Capital Municipality Council, recently led a visit to various areas in Sanad.

The Chairman of the Council, Engineer Saleh Tarada, and committee members were also present during the visit.

During the visit, Sultan highlighted that the committee first inspected an area near Tariq Sweets on Street 77, where preparations for

rainwater drainage were underway.

Shop owners expressed concerns about the prolonged duration of the project, which had adversely affected purchasing activity. Some businesses were forced to close due to ongoing works.

Sultan further stated that the committee also visited an area in Sanad Complex 745, close to housing homes. The same contractor was working on excavations for the infrastructure to facilitate rainwater drainage.

Bahraini-British ties enhance security and contribute to economic growth

TDT | Manama

H.E. Dr. Maryam Al-Dhaen confirmed that the visit of His Royal Highness Prince Edward Duke of Edinburgh is part of the deepening of the established strategic relations that unite the Kingdom of Bahrain and the friendly United Kingdom. The relationship between the two countries is based on the foundations of joint action.

She said that there was a mutual concern to develop Bahraini-British relations in a manner that served common goals and interests and opened wider avenues for cooperation in various fields, particularly the economy. That would enhance the prestige and competitiveness of the Kingdom of Bahrain and place it on the map of attractive investment destinations. She pointed out that economic relations between the Kingdom



MP Maryam Al-Dhaen attending the event at British School of Bahrain

of Bahrain and the United Kingdom were growing steadily.

Dr. Al-Dhaen expressed confidence in the continued growth of bilateral cooperation between the two sides in various areas, particularly those where the visions of the two countries intersected, in order to achieve the common goals of sustainable development, the settlement of conflicts and the establishment

of international peace and security and other humanitarian issues.

On one hand, she noted the importance of exchanging experience and promoting training opportunities between Bahrain and the United Kingdom, particularly in vital sectors such as health, education and other aspects of development. This would effectively transfer ex-

pertise, science, knowledge and culture and maximise the use of such resources, especially since Bahrain national cadres have demonstrated their capacity and competence, as well as the availability of the necessary infrastructure to achieve the required growth. It stressed that Bahraini-British relations would have an impact on security by consolidating joint efforts.

Hope Against Cancer Campaign launched in Bahrain

Ashen Tharaka
TDT | Manama

Mega Mart and Unilever, in collaboration with Al-Hilal Hospital and Medical Centers, have launched a campaign called Hope Against Cancer to raise awareness of breast cancer in the Kingdom of Bahrain. The campaign was launched on October 1st at the Mega Mart in Saar and will run until the end of the month.

Every customer who spends BD 3 on Unilever products will receive a free medical checkup voucher at Al Hilal Hospital and the campaign is running in all 16 Mega Mart branches.

Anil Nawani, General Manag-



Attendees at the event

er of Mega Mart/ Macro Mart, said that the campaign is a way to raise awareness about breast cancer and encourage early detection. "If you are aware of all these preliminary tests, maybe in the first stage, second stage, you can cure it. This is our so-

cial responsibility to do that," he said.

Early detection is key to effective treatment, so it is important for women to be aware of the signs and symptoms of breast cancer and to get regular checkups.



Anil Nawani, General Manager of Mega Mart/ Macro Mart



His Highness Shaikh Nasser bin Hamad Al Khalifa, Representative of His Majesty the King for Humanitarian Works and Youth Affairs, Chairman of Bapco Energies, attended ADIPEC 2023 in Abu Dhabi, UAE with Dr. Mohamed bin Mubarak Bin Daina, Minister of Oil and Environment, Special Envoy for Climate Affair and representatives from Bapco Energies Group. Themed "Decarbonize. Faster. Together," ADIPEC 2023 issued a rallying call to action to all stakeholders involved in the energy transition to demonstrate tangible commitment to climate action. Bahrain's participation in ADIPEC 2023 reiterates its commitment to leading the global energy transition and confronting the challenges posed by the current energy landscape.

LuLu International Exchange celebrates 10 years in Bahrain



Officials during a cake cutting ceremony celebrating the 10th anniversary of operations in the Kingdom

TDT | Manama

LuLu International Exchange, one of Bahrain's most trusted names in cross-border payments, celebrates the 10th anniversary of operations in the Kingdom of Bahrain.

The company has achieved this appreciable milestone by fostering a sense of assurance among retail and corporate customers of Bahrain; highlighting its achievement as a seamless provider of currency exchange and cross-border payment services. Over the years, the company has introduced a range of groundbreaking initiatives designed to enhance customer experience and promote financial inclusion, through various partnerships that leverage its growing network of 18 customer engagement centers and digital payment solutions.

One of the hallmarks of the company's commitment to customer satisfaction is the Exclusive Relationship Manager

service. Tailored exclusively for Super Elite and Elite customers, this innovative service provides personalized attention and a warm, welcoming experience. It comes with a host of exciting value-added benefits that set LuLu International Exchange apart from the competition.

In a digital age, LuLu International Exchange Bahrain has embraced technology with the LuLu Money App. Notably, it achieved the industry-leading digital remittance conversion rate.

To further incentivize customer loyalty and attract new patrons, LuLu International Exchange Bahrain has introduced the Value-Added Loyalty Program offering exciting offers across various categories, exclusively for LuLu Money App users and Gold Card holders.

Through its collaboration with Arab Financial Services (AFS) and the introduction of Benefit Pay, LuLu International Exchange has not only enhanced the convenience of

cashless payments for customers but also actively contributed to the promotion of a cashless economy.

Empowering women to embrace digital payment solutions and financial independence, LuLu International Exchange Bahrain launched the Digital Women drive, an initiative aimed at encouraging women to explore the world of digital finance.

In its commitment to nurturing local talent, LuLu Exchange Bahrain has implemented the Future Leader Programme to enhance the efficiency and productivity of staff, fostering promising future leaders for the nation. LuLu Exchange Bahrain has undertaken several innovative initiatives to promote financial literacy and inclusion, yielding remarkable results over the years.

The company has not only excelled in its financial services but also in its commitment to social and cultural integration. By supporting and participating

in various social and cultural events in Bahrain, LuLu International Exchange has forged strong bonds between customers, employees, and the brand.

In a historic partnership, LuLu International Exchange Bahrain has joined hands with BBPS to simplify bill payments for Indian citizens residing in Bahrain. This initiative eases the process of paying bills in India for services like insurance, telecom, and other utilities.

The exceptional quality of service provided by LuLu International Exchange customer engagement centres is reflected in their exceptionally high online ratings, further moulding their reputation as a trusted financial institution in the Kingdom of Bahrain.

LuLu International Exchange Bahrain has collaborated with the Ministry of Labor to launch the LMRA Registration program, streamlining the labour registration process for customers and ensuring their security.

Indian economy robust, says WB

AFP | New Delhi, India

India will stay one of the world's fastest-growing economies thanks to strong domestic demand and investment helping it weather inflation and challenging global conditions, the World Bank said yesterday. Like other countries, India has been buffeted by global headwinds including tightening financial conditions and the effects of the war in Ukraine on global food and oil markets.

Its economy nonetheless grew 7.2% in the last financial year, the second-highest among G20 countries.

The World Bank said in a regular report that growth would taper slightly to 6.3%

for the current fiscal year because of "challenging external conditions and waning pent-up demand". Inflation spiked to 7.8% in July after a surge in prices for food staples, including wheat and rice, caused in part by bad weather and pest attacks in production belts. India's central bank warned the following month that higher food costs were expected to get worse, and the government put curbs on some rice exports to put downward pressure on prices.

The World Bank forecast the government's fiscal deficit to decline from 6.4% to 5.9% of GDP in the current financial year, with debt stabilising at 83% of GDP.



India overtook Britain last year to become the world's fifth-largest economy and recently surpassed China to become the most populous country. It recorded 7.8% growth for the June quarter, the most recent figures available.

Malabar Gold & Diamonds opens Malabar National Hub in Mumbai

TDT | Manama

Malabar Gold & Diamonds, the 6th largest jewellery retailer globally with over 330 outlets across 11 countries, has launched Malabar National Hub (M-NH), its centralised base of India operations, at Andheri East in Mumbai.

Malabar Gold & Diamonds will be investing 120 million USD & generate 4,000 jobs in Maharashtra by 2025.

Spread over 50,000 sq. ft., M-NH brings under one roof Malabar Gold & Diamonds' multiple operations such as retail, procurement and supply chain, e-commerce, digital gold, digital marketing, CRM, omnichannel operations, merchandising and bullion, corporate gifting and B2B divisions, human resources and legal. The company has deployed more than 450 employees to run the operations at M-NH.

M.P Ahammed, Chairman,



The state-of-the-art facility was inaugurated by Shri Devendra Fadnavis, Deputy Chief Minister of Maharashtra in the presence of M.P Ahammed, Chairman, Malabar Group, Vijay Darda, former Member of Parliament and Chairman, Lokmat Media Group, Shri K.P Abdul Salam, Vice Chairman, Malabar Group, Asher O, MD - India Operations, Malabar Gold & Diamonds, Shri Shamlal Ahammed, MD - International Operations, Malabar Gold & Diamonds and other official dignitaries, management team members of Malabar Group and well-wishers. The brand plans to launch 40 new showrooms in India and 16 showrooms internationally as part of its ambitious expansion plan.

Malabar Group said, "The consolidation of all our key functionalities at M-NH will enhance efficiency and streamline management, as we focus on further growing our network of more than 190 retail showrooms across the country."

"The opening of Malabar

Gold & Diamonds' national operational base in Mumbai is a strong testimony to the state's conducive environment for investment and favourable business ecosystem", commented Shri Devendra Fadnavis, Deputy Chief Minister of Maharashtra. "India is our biggest mar-

ket, our aim is to strengthen our retail presence in existing regions and expand into new territories including Rajasthan, Puducherry, Uttarakhand, Jharkhand, Goa, Assam, Tripura, and Jammu and Kashmir. Mumbai's strategic edge will help us further drive growth in India," said O Asher, Managing Director - India Operations, Malabar Gold & Diamonds.

"Our recent foray into Europe with the launch of our first showroom in the UK at London, as well as the setting up of Malabar International Hub (MIH) in Dubai, UAE are significant milestones in our mission, 'Make in India, Market to the World'. M-NH will drive that mission and accelerate our global digital transformation efforts, including the implementation of omnichannel operations, digital gold, and the endless aisle concept," said Abdul Salam K.P., Vice Chairman, Malabar Group.

Zain Bahrain first in MENA to enhance network experience by sunsetting 3G Network



Duncan Howard

TDT | Manama

Zain Bahrain improves both 4G and 5G experience with superior network speeds and coverage by sunsetting its 3G Network. Zain Bahrain partnered with Ookla®, a global leader in broadband and mobile speed testing and web-based network diagnostic applications, leveraging their industry-leading solutions and services.

This milestone transition is part of Zain Bahrain's more significant upgrades to its networks, using the latest technologies and by re-using the spectrum for more efficient 4G and 5G standards. This makes it the first operator in the Middle East and North Africa to make this strategic move.



Stephen Bye

The network improvement played a key role in lifting the Kingdom's Ookla Global Index ranking into the top 10 countries worldwide.

Duncan Howard, Zain Bahrain CEO said: "Re-purposing our 3G spectrum delivered upgrades to both 4G and 5G upgrades, empowering us to offer more innovative services and a better connectivity experience to our customers. We are grateful to our partner Ookla for their support during this journey"

Stephen Bye, President and CEO of Ookla, a division of Ziff Davis, said: "We are proud to have supported them to better serve their customers and offer a more advanced service with enhanced 4G and 5G coverage and faster speeds."

QUOTE OF THE DAY

GOOD FRIENDS, GOOD BOOKS, AND A SLEEPY CONSCIENCE: THIS IS THE IDEAL LIFE.
MARK TWAIN

News in brief

◆ **Hunter Biden pleaded not guilty** yesterday to an illegal gun possession charge, marking the latest chapter in his troubled life just as his father President Joe Biden accelerates his campaign for reelection next year. Hunter Biden, 53, arrived in federal court in his family hometown of Wilmington, Delaware, without speaking to waiting reporters. He entered a not guilty plea to three felony charges stemming from his purchase of a .38-caliber Colt Cobra revolver in 2018 when, by his own admission, he was heavily addicted to drugs and barely in control of his life. Hunter Biden is charged with two counts of making false statements for claiming on forms required for the gun purchase that he was not using drugs illegally at the time. He faces a third charge, based on the same statements, that he illegally possessed the gun -- which he had for only 11 days in October 2018 -- before he got rid of it.



Hunter Biden pleads not guilty to gun charges

◆ **US authorities said** they have issued a "breakthrough" first-ever fine over space debris, slapping a \$150,000 penalty on a TV company that failed to properly dispose of a satellite. On Monday the Federal Communications Commission (FCC) came down on Dish for "failure to properly deorbit" a satellite called EchoStar-7, in orbit since 2002. "This marks a first in space debris enforcement by the Commission, which has stepped up its satellite policy efforts," the FCC, which authorizes space-based telecom services, said in a statement. As the geostationary satellite came to the end of its operational life, Dish had moved it to an altitude lower than the two parties had agreed on, where it "could pose orbital debris concerns," the FCC said.

US slaps TV producer with first-ever space debris fine



◆ **A Florida man** convicted of murdering two women in 1996 is to be executed by lethal injection yesterday. Michael Zack, 54, is to be put to death at 6:00 pm (2200 GMT) at the Florida State Prison in the town of Raiford. Zack was sentenced to death in 1997 for the June 1996 sexual assault, robbery and murder of Ravonne Smith, a woman he met at a bar. He was also convicted of the murder of another woman, Laura Rosillo, who had befriended him at another bar. Zack's defense attorneys had sought to block his execution on the grounds that he suffers from fetal alcohol syndrome and is intellectually disabled.

Florida man convicted of two murders to be put to death



CURIOSER & CURIOSER

Indonesia hunting foreigner who meditated naked at shrine



Picture courtesy of Coconuts Bali

AFP | Denpasar, Indonesia

Authorities on the Indonesian resort island of Bali said yesterday they are searching for a foreign national who was filmed in a viral video meditating naked at a Hindu shrine.

The palm-fringed hotspot has vowed a crackdown on misbehaving tourists after a spate of incidents including acts of disrespect to the predominantly Hindu island's culture.

The case gained widespread attention on the Hindu island after Balinese influencer Ni Luh Djelantik reposted the video multiple times between Saturday and Sunday, attracting hundreds of thousands of views.

"We are still carrying out investigations regarding this incident," said Immigration Office head Tedy Riyandi in a statement sent to AFP on Tuesday.

The foreign national has

been identified by authorities but his name and nationality have not been publicly disclosed as the search goes on.

"The efforts currently being made by the Immigration Office are to contact the foreigner's social media account, but to date there has been no response," Riyandi said.

He said the search for the foreign national was being coordinated with Bali police and they were still trying to assess the location and time it took place. Tourist-dependent Bali attracts millions of foreign visitors annually but several high-profile cases since the island reopened after the Covid-19 pandemic have seen some deported for lewd acts.

Bali immigration deported a Danish woman in June after she was filmed flashing the public while riding a motorbike. A Russian woman was also booted off the island in April for posting a nude photo of herself in front of a sacred tree.

India arrests 1,000 people in child marriage crackdown

AFP | Guwahati, India

More than 1,000 people were arrested yesterday in India's remote northeast during the second government crackdown on illegal child marriages in the region this year, authorities said.

Assam state had already arrested 4,000 people in an earlier abolition drive in February, including parents of married couples and registrars who signed off on underage betrothals. The state's chief minister Himanta Biswa Sarma announced that police had launched a second phase of the campaign "in a special operation which began in the early

hours of dawn".

"The number of arrests is likely to rise," he wrote in a post on X, formerly Twitter. "The number now stands at 1,039."

Sarma has campaigned on a platform of stamping out child marriages completely in his state by 2026.

The legal marriage age in India is 18 but millions of children are forced to tie the knot when they are younger, particularly in poorer rural areas.

In a landmark 2017 judgment, India's top court said that sex with an underage wife constituted rape, a ruling cheered by activists.

Mexico says ex-diplomat accused of sex crimes arrested in Israel

AFP | Mexico City, Mexico

Mexican writer and former diplomat Andres Roemer, who faces multiple accusations of sex crimes, has been arrested in Israel, according to Mexico's president.

Roemer "will be extradited," Andres Manuel Lopez Obrador said Monday at his regular morning press conference.

The allegations against Roemer, which number about 60 according to activists, began in February 2021 when

the Mexican dancer Itzel Schnaas accused him of sexual assault.

Israel's police said the force arrested a 60-year-old Mexican citizen in the coastal city of Tel Aviv, following an order from international police organization Interpol.

"Extradition proceedings to Mexico will take place," the force said in a statement.

Without identifying the man detained, Israeli police said he stands accused of sexual offenses.

New right babies as

AFP | London, United Kingdom

Around 30 young adults conceived via sperm or egg donation in the UK will soon be able to discover the identity of their biological parent.

The new rights come as rising numbers of children are being conceived using the technology, posing a range of challenges for the children, their families and donors. The UK law removed the anonymity of egg and sperm

fertility treatment methods and changing social attitudes have seen an increasing number of donor-conceived children being born -- not just to people facing fertility challenges but also same-sex couples and women in their late forties and even fifties.

Initially the numbers of children who will have the right to know will be small, with just 30 people becoming eligible between now and December this year. Data from the UK's Human Fertilisation and Embryology Authority (HFEA) shows that will rise to more than 700 people

children the right to receive basic information about them when they reached 18.

With the first children covered by the legislation turning 18 this month, they will finally be able to request details such as the donor's full name, date of birth and last known address. Advances in

man Fertilisation and Embryology Authority (HFEA) shows that will rise to more than 700 people



Ukraine frontline attacks 'failed': Moscow

AFP | Moscow, Russia

Kyiv's attempts to penetrate Russian defences on frontlines in the east and south of the country have "failed", Moscow said yesterday, four months into a closely-watched Ukrainian counteroffensive.

Kyiv launched the long-awaited counteroffensive in June but has acknowledged slow progress as its forces crash into sophisticated and kilometres-deep Russian defensive positions.

"The enemy's attempts to break through our defences

in the areas of Verbovoye and Rabotino on the Zaporizhzhia front have failed," Defence Minister Sergei Shoigu told senior Russian military officials.

He was using Russian place names to refer to two villages along the frontline in the south

where Ukrainian forces claim to have broken through the toughest points.

Shoigu also said the Russian army had "repelled all attacks in the Soledar-Bakhmut direction" on the eastern front in the war-battered Donetsk region.

Trio wins physics Nobel

AFP | Stockholm, Sweden

France's Pierre Agostini, Hungarian-Austrian Ferenc Krausz and French-Swedish Anne L'Huillier won the Nobel prize in physics yesterday for research using ultra quick light flashes that enable the study of electrons inside atoms and molecules.

Their technique employs pulses measured in attoseconds, a unit so short that there are as many in one second as there have been seconds since the universe's birth over 13 billion years ago, the jury said.

The laureates' research has made it possible to examine moves or changes so rapid that they were previously impossible to follow, with potential applications in both electronics and medical diagnostics.

The Royal Swedish Academy of Sciences likened the process to how the flapping wings of a hummingbird turn into a blur for the human eye, but can be slowed



Pierre Agostini



Ferenc Krausz



Anne L'Huillier

and examined using high-speed photography.

"We can now open the door to the world of electrons. Attosecond physics gives us the opportunity to understand mechanisms that are governed by electrons," Eva Olsson, chair of the Nobel

Committee for Physics, said in a statement.

'Not so many women'

In 1987, L'Huillier "discovered that many different overtones of light arose when she transmitted infrared laser light through a

noble gas," the Nobel Committee noted, adding that she has continued to explore this phenomenon, "laying the ground for subsequent breakthroughs".

In the early 2000s, Agostini and Krausz worked on experiments that made it possible to isolate

1883

The Orient Express departs on its first official journey from Paris to Istanbul



1900

In a final confrontation, around 4,000 Ashantis are defeated by the British in the Gold Coast (Ghana)

1957

Soviet Union launches Sputnik I, the first artificial Earth satellite into elliptical low Earth orbit

2006

WikiLeaks is launched, created by internet activist Julian Assange

...s for UK donor ...s they turn 18

...ple by the end of 2024, increasing to 11,400 by 2030. According to the latest available figures from the regulator of fertility treatment and research using human embryos, 4,100 UK births -- around one in 170 -- were the result of donor conception in 2019.

Few months off

The cut-off point for the legislation has left some donor-conceived people disappointed that the identity of their donors will remain a mystery.

"I'm happy for the people who want to find out but I'm also a little annoyed that I was a couple

of months off, so I won't have the chance," 19-year-old student Jamie Ruddock, from Brighton on England's south coast, told AFP.

Ruddock said he had known for as long as he could remember that he had been donor-conceived and while he was not looking for another father figure he was still curious. His older brother along with their father had begun looking for the donor via a DNA ancestry testing service but had not had any success. "My brother definitely has a bigger sense of curiosity than I do but... if my brother finds him I

would like to have a conversation with him," he said.

Nina Barnsley, director of the UK's Donor Conception Network, said many of those eligible to ask for the information might not even be aware of how they were conceived. When new techniques such as artificial insemination and in vitro fertilisation (IVF) were first introduced some four decades ago, infertility was something of a taboo subject and parents often did not tell children how they were conceived.

But for many years now, psychologists have advised families to be open with the information as early as possible.

Others might not have realised the significance of the legislation or have other priorities.



Representative picture

At least 18 die in illegal refinery blaze in Nigeria

Port Harcourt, Nigeria

At least 18 people, including a pregnant woman, died in southern Nigeria when an illegal oil refinery exploded into flames, a security official and residents said on Tuesday.

The blaze, late on Sunday in Rivers State, occurred when a home-made refinery ignited a nearby oil reservoir, leaving victims severely burned, a security official said.

"The fire outbreak started at a very late hour... 18 victims

were burnt beyond recognition while 25 injured persons were rescued," Olufemi Ayodele, spokesman for the local Nigeria Security and Civil Defense Corps, said. "Most of the victims were youths... a pregnant woman and a young lady getting ready for her marriage ceremony next month were all casualties," he said.

Local residents in Emohua district said the toll could be higher as dozens of people were at the site scooping up spilt crude oil.

Countries pledge to raise \$12 billion to help coral

AFP | Bangkok, Thailand

A coalition of 45 countries pledged yesterday to raise \$12 billion for conservation and restoration of coral reefs, which are threatened worldwide by the effects of climate change.

The "Coral Reef Breakthrough" was announced by a network of nations that account for three-quarters of the world's coral reefs.

It includes a pledge to double the area of coral reefs under protection from the current estimate of around 60,000 square kilometres (23,000 square miles) and restore some 10,500 sq km.

The plan, announced by the International Coral Reef Initiative, includes a headline pledge to secure \$12 billion in investments from public and private sources by 2030.

"This investment will enable more effective coral reef management including water quality management, coastal management, and local and regional regulations," the group announced.

Still, that figure compares with the estimated \$174.5 billion a year that a 2020 study estimated was needed to plug the gap in funding for ocean conservation more broadly.

Apple working on fix for iPhone 15 models running hot

San Francisco, United States

Apple yesterday said it is working to fix a "bug" it said was among reasons some newly released iPhone 15 smartphones are heating up.

The iPhone maker will address the problem in an update to its

iOS 17 mobile operating software and is collaborating with developers of some apps adding to the problem, according to the Silicon Valley tech giant.

"We have identified a few conditions which can cause the iPhone to run warmer than expect-

ed," Apple said in response to an AFP inquiry. Some handsets of the freshly-launched iPhone may feel warmer for a few days after initial set-up due to increased background activity, according to Apple. "We have also found a bug in iOS 17 that is impacting some

users and will be addressed in a software update," Apple said.

"Another issue involves some recent updates to third-party apps that are causing them to overload the system." Apps that seemed to be making chips inside iPhones heat up due to workloads includ-

ed Instagram, Uber and an Asphalt 9 car racing game, according to online posts. An Apple support page told users that it is common for iPhones to feel warm when initially being set up or when being used for graphics-intensive apps like games.

1 for illuminating electrons

light pulses that lasted only a few hundred attoseconds.

Agostini is a professor at Ohio State University in the United States, while Krausz is a director at the Max Planck Institute in Germany.

L'Huillier, only the fifth woman to be awarded the Physics Prize since 1901, is a professor at Lund University in Sweden.

L'Huillier told reporters she was in the middle of teaching a class when she received the call from the Academy, making it "difficult" to finish the class, to whom she told nothing.

"I am very touched... There are not so many women that get this prize so it's very, very special," she said.

Before L'Huillier, Marie Curie (1903), Maria Goeppert Mayer (1963), Donna Strickland (2018) and Andrea Ghez (2020) are the only women to have won the award.

Speaking later at a press conference, she encouraged young

women interested in a career in science to "go for it".

The laureate, who is married and has two sons, stressed it was possible to combine a research career with an "ordinary life, with a family and children."

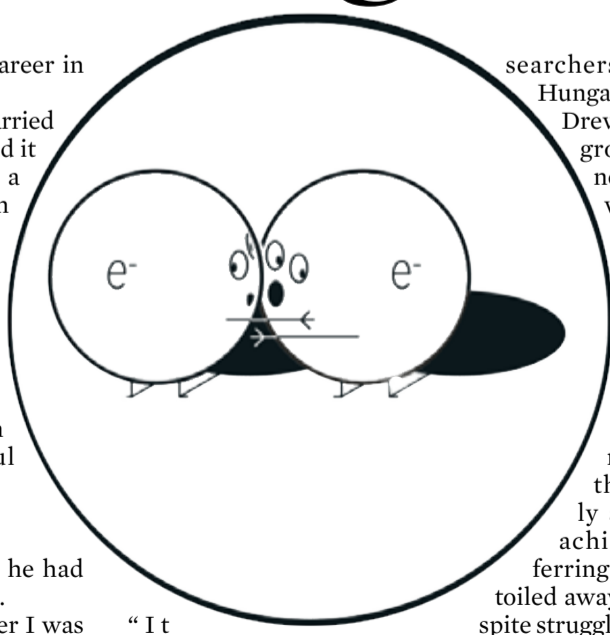
L'Huillier and Krausz had been seen as contenders for the honour, having been awarded the prestigious Wolf Prize last year together with Canadian physicist Paul Corkum.

Fellow Hungarian

However, Krausz said he had not been expecting a call.

"I was not sure whether I was dreaming or whether it was reality," he told the Nobel Foundation in an interview.

The physicist said he had been preparing for an open day at the institute where he worked, where he was meant to hold a few lectures for interested visitors.



"It remains to be seen whether this is going to work out, but this is at least the plan," Krausz said.

The physics award is the second Nobel of the season after the Medicine Prize on Monday, awarded to messenger RNA re-

searchers Katalin Kariko, a Hungarian like Krausz, and Drew Weissman for their groundbreaking technology that paved the way for mRNA Covid-19 vaccines.

Krausz said he had been pleased to hear of the award for his compatriot.

"I'm a great admirer of her, not just for her achievements, but also for the way she actually achieved what she achieved," he said, referring to the years Kariko toiled away at her research despite struggling to achieve recognition and even secure funding for it.

The Physics Prize will be followed by the Chemistry Prize on Wednesday, with the highly watched Literature and Peace Prizes to be announced on Thursday and Friday.

BETTER
YOU
KNOW

The laureates' research has made it possible to examine moves or changes so rapid that they were previously impossible to follow, with potential applications in both electronics and medical diagnostics.

The Economics Prize -- created in 1968 and the only Nobel not included in the 1895 will of Swedish inventor and philanthropist Alfred Nobel, which founded the awards -- closes out the 2023 Nobel season on Monday.



TOP
4
TWEETS



01
Globally women earn only 51 cents for every dollar earned by men in labour income. Gender equality is not a favour to women. It is essential to build a world of dignity and justice for all.
@antoniogetterres



02
We congratulate the leaders and people of the People's Republic of China on their 74th National Day, wishing them further prosperity and peace. We share long-standing strategic and cultural ties with China, and we look forward to strengthening our relations and cooperation for a better future for both of our peoples and the world.
@HHSkMohd



03
As a summer intern many years ago, I wrote software for video games at a company called Rocket Science. This was long before SpaceX was even conceived. Didn't realize until a friend gave me a copy today that they included me in the credits
@elonmusk

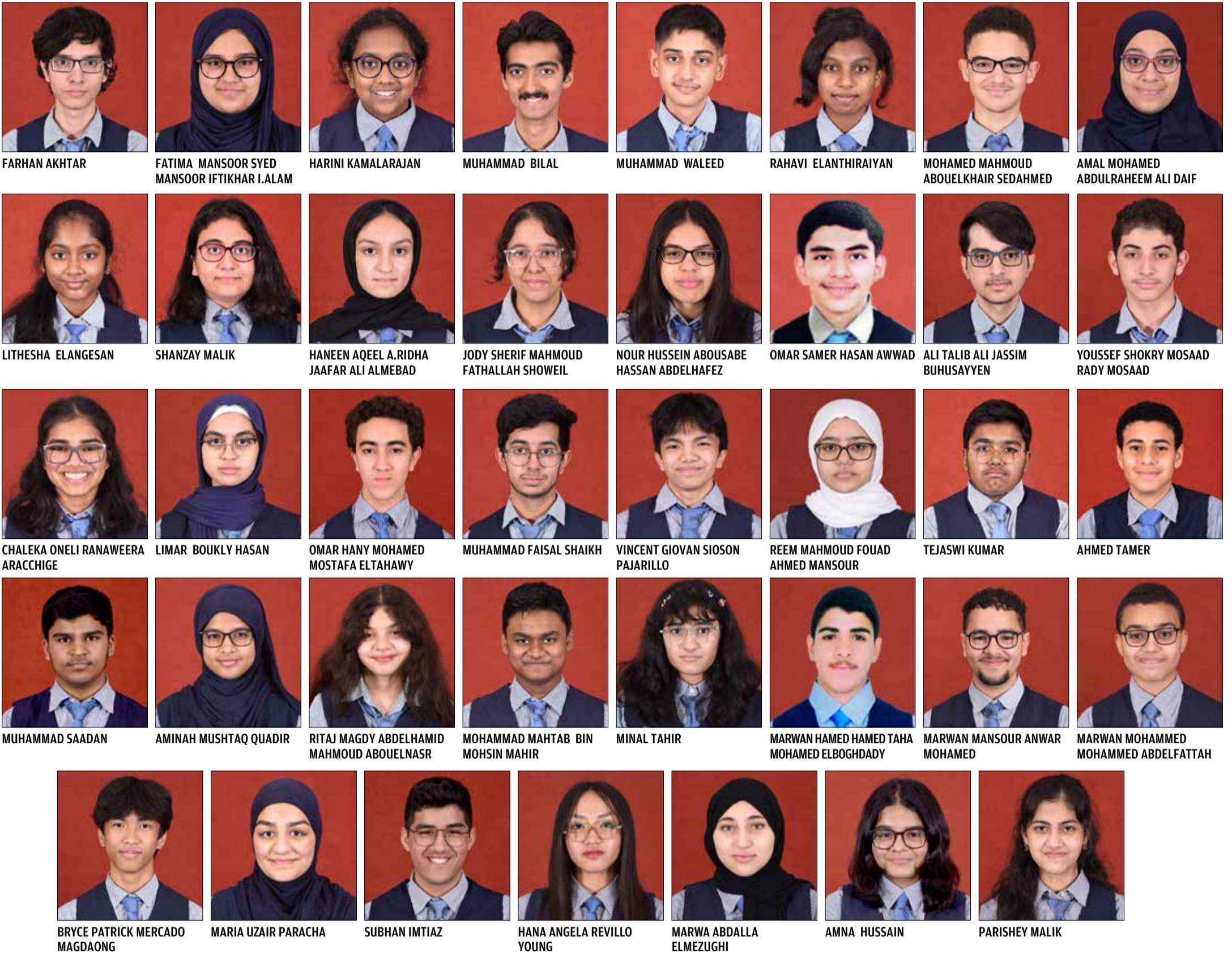


04
We applaud the @UN Security Council's authorization of a Multinational Security Support mission to Haiti -- a pivotal step in providing the international support Haiti requested to restore security. We thank Kenya and Ecuador for their strong partnership in this effort.
@SecBlinken

Disclaimer: (Views expressed by columnists are personal and need not necessarily reflect our editorial stance)

CAMPUS

Al Noor celebrates high attainment in Cambridge exams



- 39 students secured a percentile of 100% with GPA 4
- 7 Students 7A*
- 60 % secured A*, A & B
- 100% Pass
- A*-300,A-304 & B-297

- Secured 7A***
- Farhan Akhtar
 - Fatima Mansoor Syed Mansoor Iftikhar I.Alam
 - Harini Kamalarajan
 - Muhammad Bilal
 - Muhammad Waleed
 - Rahavi Elanthiraiyan
 - Mohamed Mahmoud Abouelkhair Sedahmed
- Secured 6A* 1A**
- Amal Mohamed Abdurraheem Ali Daif
 - Lithesha Elangesan

- Shanzay Malik
 - Haneen Aqeel A.Redha Jaafar Ali Almebad
- Secured 6A***
- Jody Sherif Mahmoud Fathallah Showeil
 - Nour Hussein Abousabe Hassan Abdelhafez
 - Omar Samer Hasan Awwad
 - Ali Talib Ali Jassim Buhusayyen
 - Youssef Shokry Mosaad Rady Mosaad
- Secured 5A* 2A**
- Chaleka Oneli Ranaweera Aracchige
 - Limar Boukly Hasan

- Omar Hany Mohamed Mostafa Eltahawy
 - Muhammad Faisal Shaikh
 - Vincent Giovan Sioson Pajarillo
 - Reem Mahmoud Fouad Ahmed Mansour
 - Tejaswi Kumar
- Secured 5A* 1A**
- Ahmed Tamer Abdrabu Mohamed
 - Muhammad Saadan
- Secured 4A* 3A**
- Aminah Mushtaq Quadir
 - Ritaj Magdy Abdelhamid Mahmoud Abouelnasr

- Secured 4A* 2A**
- Mohammad Mahtab Bin Mohsin Mahir
- Secured 3A* 4A**
- Minal Tahir
- Secured 3A* 3A**
- Marwan Hamed Hamed Taha Mohamed Elboghdady
- Secured 2A* 5A**
- Marwan Mansour Anwar Mohamed Abdelfattah

- Secured 2A* 4A**
- Bryce Patrick Mercado Magdaong
 - Maria Uzair Paracha
 - Subhan Imtiaz
 - Hana Angela Revillo Young
- Secured 1A* 6A**
- Marwa Abdalla Elmezoughi
- Secured 1A* 5A**
- Amna Hussain
 - Parishey Malik

TDI | Manama

Students at Al Noor International School in Bahrain are celebrating their exemplary IGCSE results, with 60% of all students achieving A*, A, or B in the Cambridge IGCSE examinations held in June 2023.

The school continues to set a

benchmark and remains a leader in the field of education in the Kingdom of Bahrain.

In almost all the subjects, the school averages for the students securing Grades A*, A, B & C which are well above the respective world averages. Around 79% of IGCSE students secured grades between A* to C indicating excellent

performance.

The school appreciated the dedication of the students and the cooperation from the parents which made the result an achievable target.

The result serves as confirmation that Al Noor International School students have a distinct advantage resulting from the school's focus on excellence and

the holistic development of each individual student, the school said in a statement.

The Chairman of the School, Ali Hasan said, "I am delighted with these world class results. They reflect the efforts of everyone to continually improve the school and achieve our vision and mission. We are a school with a difference and I am proud

of the difference that we make to the lives of so many young people and the life chances that we create."

Dr. Muhammad Mashood, the school Director, congratulated the students saying, "These results demonstrate the positive impact of our focus on academic management and students' performance. We have a clear

trend of improvement and look forward to see this continue in the future."

The Acting Principal, AbdulHakeem Abdulrahman Al-shaer, praised the outstanding results obtained by the IGCSE students and mentioned the school's achievements during the course of the past academic year.

Classifieds



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AMH to host 24th charity golf tournament

TDT | Manama

American Mission Hospital will host the 24th AMH Island Classic charity golf tournament at His Majesty the King's private golf course in Saffriya between November 23 and 25.

On the first two days, the

tournament will run from 7am to around 4pm and on the final day from 10am to 3pm.

The opening ceremony will be held on the 23rd November at 12 noon. The honoring ceremony for the winning golfers will be held at the Diplomat Radissonblu Hotel & Spa on the 26th November.

India travel 3,400km for washed out World Cup game



Mohammed Siraj, Kuldeep Yadav and Ishan Kishan arrive for India's warm-up match in Thiruvananthapuram

AFP | Thiruvananthapuram

India's superstar cricketers endured a 3,400km (2,170 miles) cross-country journey to play a World Cup warm-up only for the match to be abandoned without a ball being bowled yesterday.

India were to face the Netherlands in Thiruvananthapuram, on the southern tip of India, but they were left kicking their heels due to torrential rain.

On Saturday, their scheduled game against defending champions England up in the north-eastern city of Guwahati was also washed out.

In total, the wet weather has so far forced three warm-up matches to be abandoned while three others have been rain-affected, leaving teams and players frustrated ahead of the tournament's start on Thursday.

The Netherlands have also had two washouts, including Saturday's match against Australia which ended in a no result when rain ended their chase in 14.2 overs.

In total, the wet weather has so far forced three warm-up matches to be abandoned while three others have been rain-affected, leaving teams and players frustrated ahead of the tournament's start on Thursday

That game was also played in Thiruvananthapuram, sparing the Dutch a fruitless trip to another venue.

However, the weather forecast for the rest of the week in Ahmedabad, Hyderabad and Dharamsala -- venues for first three days of the tournament -- is optimistic with sunshine instead of showers.

England will play New Zealand in the tournament opener at the world's biggest cricket stadium in Ahmedabad on Thursday.

Pakistan clash with the Netherlands in Hyderabad on Friday, while Afghanistan and Bangladesh play in Dharamsala on Saturday.

Jaiswal ton leads India into Asian Games semis, Pakistan also through

AFP | Hangzhou

Explosive opener Yashasvi Jaiswal smashed seven sixes in a sublime maiden T20 century as India's men opened their first Asian Games campaign with a 23-run defeat of gutsy Nepal yesterday.

Pakistan also reached the semi-finals, crushing Hong Kong by 68 runs with experienced all-rounder Khushdil Shah taking 3-13.

With superstars such as Rohit Sharma and Virat Kohli at home for the one-day World Cup beginning on Thursday, India, the world's top-ranked Twenty20 team, have a second-string squad in Hangzhou.

But it is still formidable, packed with promising youngsters who have excelled in the Indian Premier League and a host of players with international experience.

After winning the toss and opting to bat, Jaiswal's masterful 100, from 49 balls, plus late fireworks from Rinku Singh (37 not out) and Shivam Dube (25 not out) helped them to 202-4.

Nepal had bludgeoned a record 314-3 against Mongolia in the qualifying rounds, but they could only manage 179-9 in reply, with Avesh Khan and Ravi Bishnoi taking three wickets each.

"They are a good side so we're not surprised at how they came at us," said India skipper Rituraj Gaikwad. "It wasn't our best day but we still managed to get a win."



India's Yashasvi Jaiswal plays a shot

They are a good side so we're not surprised at how they came at us. It wasn't our best day but we still managed to get a win

INDIA SKIPPER RUTURAJ GAIKWAD

Cricket has been played at the Asian Games twice before, at Guangzhou 2010 and Incheon 2014, but India did not take part.

Bangladesh won the men's title in 2010 while Sri Lanka are defending champions, with Afghanistan runners-up both times.

Along with Pakistan, Sri Lanka and Bangladesh, India entered the Hangzhou Games at the quarter-final stage.

Pakistan swept through at an

overcast Zhejiang University of Technology Pingfeng Cricket Field, despite some early wobbles.

They struggled on an uneven pitch and slumped to 54-5 after being sent in, but a brilliant 41 from 16 balls by Aamer Jamal ensured they made a respectable 160 all out.

Hong Kong similarly collapsed, to 55-5, but they had no one of Jamal's class to bail them out and were bowled for 92.

"It was a combined job by all of us," said Pakistan opener Omair Yousuf.

'Proud moment'

Jaiswal got India off to a scorching start and they were cruising at 103 without loss.

But when Gaikwad fell slogging to deep mid-wicket on 25 it sparked a mini-collapse with Tilak Varma (two) and Jitesh

YOU KNOW WHAT

Bangladesh won the men's title in 2010 while Sri Lanka are defending champions, with Afghanistan runners-up both times

Sharma (five) soon following.

At the other end, Jaiswal, who played in the Test and T20 series against the West Indies in July, smacked seven sixes and eight fours in his ton.

The 21-year-old's luck ran out soon after, caught on the ropes by Abinash Bohara.

That brought Kolkata Knight Riders star Rinku to the crease and he starred 37 off 15 balls in a late flurry.

"Wherever you go and score a century, especially when you are representing your country, it's a proud moment and you get goose bumps," said Jaiswal.

In reply, Nepal were motoring at 62-1 in the eighth over, but the introduction of leg-spinner Bishnoi put the brakes on.

He snared captain Rohit Paudel and crucially Kushal Malla -- who slammed the fastest-ever T20 international century, off 34 balls, in a record-breaking win at the Games over Mongolia -- for 29.

7-0 thrashing by City 'history' says coach Rose as Leipzig seek revenge

AFP | Berlin

RB Leipzig coach Marco Rose said last season's 7-0 thrashing by Manchester City was "history" as the two sides prepare to meet again in the Champions League in Germany on Wednesday.

City's rampant victory in their home leg of the last 16 tie, with Erling Haaland scoring five goals in 60 minutes, was one of the English side's key victories on the way to winning the Champions League for the first time last season.

"It wasn't part of the preparation for the game, because it's history," Rose said in Leipzig yesterday.

"Everything came together for them in that match and of



RB Leipzig's coach Marco Rose (C) looks on next to his players during a training (file photo)

course we were hugely dissatisfied with the size of the result. "But we're in a new season

and we're doing pretty well right now."

Leipzig have won seven of

nine games in all competitions this season and come into the match fresh from a 2-2 home draw with German champions Bayern Munich.

Rose said his side could draw positives from the home leg against City last season, where Leipzig fought hard to draw 1-1.

"We know that we played very well at home and for that to happen again tomorrow, we have to run a lot and we have to suffer."

Rose said "yes" when asked if City were the best side in the world.

"But that doesn't help us and it doesn't help City," he added. "It's football and we will play 11 against 11."

"We know City's quality. We will need a top performance and a slice of luck."



Bahrain cyclist Ahmed Madan finished 11th yesterday in the men's individual time trial at the 19th Asian Games in Hangzhou, China. Madan completed the event's 39.6-kilometre distance in 53 minutes 39.58 seconds—more than five-and-a-half minutes behind gold medal winner Alexey Lutsenko of Kazakhstan. Madan will be back in action tomorrow when he joins Bahrain teammates Sayed Ahmed Alawi, Jawad Mansoor and Ahmed Naser in the men's road race. Above, Madan in action during yesterday's time trial

Man City head to Leipzig craving 'beautiful' Champions League repeat

AFP | London

Manchester City defender Ruben Dias said yesterday his treble-winning side are hungry for a "beautiful" repeat of last season's achievements ahead of their clash with RB Leipzig on Wednesday.

"More beautiful than winning one Champions League is to win two in a row, the same goes for the FA Cup," Dias said, explaining City's "motivation could not be any higher".

City coach Pep Guardiola said midfielder Bernardo Silva was in line for a return from injury and would take the flight to Germany, along with defender John Stones.

"They feel better, Bernardo better than John," Guardiola said.

"They're back, which is good

news for us."

City's flight was delayed due to weather conditions, but the English champions are still expected to arrive a day before the game.

Guardiola said defender Josko Gvardiol, who moved from Leipzig to City in the summer, was "settling in well" and had already shown his "tremendous quality".

The last time the two teams met, City thrashed Leipzig 7-0 in the second leg of their last 16 tie, but RB coach Marco Rose said the thrashing was "history".

City's rampant victory in their home leg of last season's clash, with Erling Haaland scoring five goals inside an hour, helped propel them towards a first Champions League title.

Alcaraz exits China Open as Sinner reaches final

● Daniil Medvedev eased into the final with a win over Alexander Zverev

● Aryna Sabalenka, Coco Gauff, and Iga Swiatek all progressed in the women's draw

AFP | Beijing

World number two Carlos Alcaraz slumped out of the China Open yesterday, collapsing in the second set to hand Italy's Jannik Sinner a place in the men's final against Daniil Medvedev in Beijing.

Both players traded several breaks of serve in a breathless first set that tipped Sinner's way when he cracked a blistering return off the Spaniard's second serve to take the all-important tie-break.

But Alcaraz -- the tournament favourite in Novak Djokovic's absence -- then fell apart, gifting Sinner three service games before crowning an error-laden second set with a tame backhand into the net to give the world number seven a 7-6 (7/4), 6-1 victory.

Sinner and Medvedev will go toe-to-toe for the trophy on Wednesday.

Earlier, Medvedev hailed his "perfect" serve as he eased into the men's final with a 6-4, 6-3 win over Alexander Zverev.

The semi-final got off to a close-fought start but Medvedev then notched a crucial break of



Italy's Jannik Sinner hits a return to Spain's Carlos Alcaraz

serve and managed to see out the first set.

It was a similar story in the second set, with the Russian breaking for 5-3 and serving out the match with a pair of fierce aces.

"Today was a perfect service match. I don't think there was one bad thing I can say about my serve," Medvedev said at a post-match news conference.

"I think the fact that the play was faster -- the faster the court is, the easier you can hit aces... (and) the easier you feel when stepping into the serve," the 27-year-old said.

"Today I was going faster and I was really not thinking much about anything, just serving."

The top-ranked women's player Aryna Sabalenka said her performances in "key moments" were crucial to surviving a major scare in the second round, after she defeated unseeded Katie Boulter 7-5, 7-6 (7/2) in Beijing.

Sabalenka saved seven break points at 5-5 and then forced the

stubborn Briton, ranked 56th in the world, into a rare backhand error to clinch the opening set.

The Belarusian notched another must-win break in the second set to again draw level at 5-5 before triumphing in a tie-break by slamming down an unreturned serve.

She will battle Italy's Jasmine Paolini in the next round for a place in the quarter-finals.

"I think what made the difference was that in the key moments I played a little bit better than her," Sabalenka said at a post-match news conference.

"I think it was all about those last games in each set. She had the opportunity and I'm super glad that I didn't give her those sets easily."

"I kept fighting, kept trying, and that's what made the difference," she said.

US Open champion Coco Gauff also had to dig deep to get the better of Croatia's Petra Martic in a rollercoaster tie that lasted three hours.

Martic was serving for the

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DANIIL MEDVEDEV

match against Gauff but the world number three fought back to take the game and went on to dominate the ensuing tie-break, winning 7-5, 5-7, 7-6 (7/2).

"Today was a mental victory. I was happy I was able to get through it," said Gauff, who will face Russia's Veronika Kudermetova in her next match.

"I was just telling myself to keep suffering, it will be over in a couple of seconds," the 19-year-old said.

"I knew I could outlast her. I just had to be consistent, but also aggressive."

World number two Iga Swiatek shook off a rain delay to glide past France's Varvara Gracheva 6-4, 6-1 to set up a date with fellow Pole Magda Linette.

"I didn't want to rush. I just wanted to be patient and really consistent with my tactics. I'm happy that I did that," Swiatek said.

BIC offers back-to-back thrills this weekend

● First Orange Media Open Track and Track Experiences of new season set to take place this Friday and Saturday

TDI | Manama

The motorsport thrills continue to roll in at Bahrain International Circuit (BIC) this weekend, and race fans will be able to enjoy a fantastic double-header on back-to-back days for the first time this season.

BIC is set to host on Friday the first Orange Media Open Track of the 2023/2024 calendar, and then on Saturday follow it up with the inaugural Track Experiences.

Both activities are amongst the most popular at "The Home of Motorsport in the Middle East" and they are only the first of many occasions where speed enthusiasts get to satisfy their craving for an adrenaline-pumping adventure.

For more information or to book a slot in the Orange Media Open Track or Track Experiences, visit bahraingp.com or call the BIC Hotline on +973-17450000.

Orange Media Open Track gives participants the chance to



Bikers take part in an Orange Media Open Track event last season

take their very own cars or motorbikes out for a spin along the world-renowned Sakhr circuit, while pushing them to their limits within a safe and controlled environment.

Friday's event will take place from 11am to 8pm. The cost to take part, when booked in advance, is BD82.500 for the full day, BD55 for the half day and BD22 for a single session. Prices for booking on the day itself are BD93.500 for the full day, BD66 for the half day and BD27.500 for a single session.

Instructor sessions are also available at an extra cost, while additional drivers and passengers can also participate for a fee.

Driver etiquette is of ultimate importance in every Orange Media Open Track activity, so there is no close or aggressive overtaking permitted. Overtaking is by invitation between corners and driving is monitored, with poor or dangerous driving being dealt with swiftly by officials.

Meanwhile, Track Experiences offers a series of exciting drives and passenger rides in three ultra-quick cars, including the Renault Clio Cup and the Radical SR1 and SR3.

Fans can get an awesome introduction to the high-octane world of motorsports in the Clio Cup Experiences, where they can step into a 1.6 litre, Turbocharged Renault Clio Cup

sportscar either for a drive or a passenger ride.

The driving experience takes the participant onto the track behind a professional instructor in a lead-follow manner, while the passenger experience requires those taking part to simply buckle up and enjoy the rush!

Supreme thrills can also be enjoyed in the Radical SR1 Driving Experience, which is ideal for amateurs and racers alike as the car's 185bhp engine roars like no other. Interested participants are required to complete a Clio Cup Drive in order to take part in this activity.

In the Radical SR3 Passenger Experience, fans will be taken from zero to 100kph in about 3.4 seconds, making for a memorable number of laps around the circuit.

The cost to get behind the wheel for the Clio Cup Driver Experience is BD121, while the Clio Cup Passenger Experience is BD27.500. For the Radical SR1 Driver Experience, the cost is BD132 while the Radical SR3 Passenger Experience is BD38.500.

For more information on the Orange Media Open Track, Track Experiences, or other events and activities at BIC, visit bahraingp.com or call the BIC Hotline.

Japan survive China fightback to set up North Korea football final



Japan celebrate scoring against China

AFP | Hangzhou

Japan held off a furious second-half fightback from hosts China in the Asian Games women's football semi-finals yesterday to win 4-3 and set up a gold-medal showdown with North Korea.

China were looking to win the title for the first time since 1998 but four first-half goals from defending champions Japan gave them a mountain to climb in Hangzhou.

Two quickfire replies after the break reduced the deficit to one but the host nation were unable to find another goal to keep their hopes alive.

North Korea thrashed Uzbekistan 8-0 in the day's other

semi-final to set up a repeat of the 2014 final.

China had their strongest women's football squad at the Asian Games and all but one of their starting line-up appeared at this summer's World Cup.

Japan fielded an inexperienced line-up but it didn't stop them from taking the lead in the 12th minute.

Yuzuki Yamamoto cut through the Chinese defence on the right and squared the ball for Yoshino Nakashima to meet with a sliding finish.

China equalised less than 10 minutes later when Wang Linlin scored from a rebound after the ball had rattled Japan's crossbar.

Bahrain barge through to handball final

● Nationals set to lock horns with Qatar in gold medal game, slated for tomorrow

● Skipper Hussain Al Sayyad provides late-game heroics against Japan in semis

TDT | Manama

Bahrain punched their tickets to the men's handball gold medal match yesterday at the 19th Asian Games in Hangzhou, China.

The nationals earned their place in the title-decider after battling past Japan 30-28 in a hugely thrilling semi-final contest.

Skipper Hussain Al Sayyad was the late-game hero for the Bahrainis. He scored back-to-back goals with less than two minutes to play to build a three-goal cushion after the Japanese got to within one.

Bahrain are now assured of a medal in men's handball and will hope to capture their first-ever Asiad gold when they take on defending champions Qatar in the final, scheduled for tomorrow at 2pm, Bahrain time.

The Qataris booked their place after defeating fellow-Gulf side Kuwait 29-24 in yesterday's other final four affair.

Tomorrow's gold medal clash is a re-match



Hussain Al Sayyad looks to make a play against Japan

of the final in the 2018 edition of the Asian Games, when the Bahrainis had to settle for silver.

The bronze medal game will also be held tomorrow at 10am, Bahrain time. The fixtures will mark the final day of the handball competitions in Hangzhou.

The Bahrainis are looking to secure only their third-ever men's handball Asiad medals. Prior to their runner-up finish in the previous edition of the Asian Games Jakarta, Indonesia, they had clinched bronze in 2014 in Incheon,

South Korea.

In Bahrain's victory yesterday, the nationals enjoyed an impressive first half and took a 17-13 lead into the interval. But in the final 30 minutes, Japan were the aggressors and they gradually cut into the Bahrainis' lead.

A Naoki Sugioka steal and goal brought them to within one, 23-24, with just over 10 minutes remaining, and the Japanese continued to threaten and stay within striking distance over the remainder of regulation.

Conversions from Yuto Agarie, Mahdi Saad and then Shin Izumoto made it 28-27, with Bahrain clinging to the slim, one-goal advantage with under three minutes left. But that set the stage for Al Sayyad's heroics. He fired in both his succeeding goals from the nine-metre line into the bottom-right corner of the net.

Sugioka pegged the final score with a goal following a missed penalty in the very last second of regulation.

Al Sayyad finished as the victors' leading scorer with nine goals, while Mohammed Habib Ahmed added six and Mohammed Habib Nasser five. Ahmed Fadhel chipped in with four makes while Ali Mirza had three and Mahdi Saad two. Mohammed Mirza rounded out Bahrain's scorers with one goal.

Star goalkeeper Mohammed Abdullhussain also played a key role in the win. He finished with an impressive 16 saves.

For the Japanese, Izumoto paced his team with six goals, while Adam Yuki Baig had five.



Bahrain players Hussain Al Sayyad, front, Mohammed Habib Nasser, right, and Mohammed Habib Ahmed, behind, celebrate at the end of their game yesterday against Japan

It's three for Kemi!

Elite Bahraini sprinter and former world champion wins women's 400m hurdles for a golden treble at Hangzhou Asian Games

● Kemi Adekoya clinches 400m hurdles win while setting new Asiad record of 54.45s

● Women's 4x100m relay team disqualified after crossing finish line in third place

● Men's 4x400m relay team, Marta Yota advance to medal round of respective events

TDT | Manama

Bahraini sprinter and former world champion Kemi Adekoya clinched her third gold medal at the 19th Asian Games yesterday in Hangzhou, China.

Kemi won the women's 400 metres hurdles title and did it in style, setting a new Asiad record in the process. Her victory added to the gold medals she won in the women's 400m and as part of Bahrain's mixed 4x400m relay team.

Kemi's gold was the highlight of the national delegation's medal bids yesterday on the fifth of seven days in track and field events at Hangzhou Olympic Sports Centre Stadium.

The Kingdom's athletes would have also come away with a bronze medal in the women's 4x100m relay. The quartet of Fatima Mubarak, Edidiong Odiong, Zenab Moussa and Hajar Alkhalidi finished third in their final, but were later disqualified.

Yesterday's single-medal haul



Bahrain's Kemi Adekoya celebrates on the podium alongside Jiadie Mo of China, left, and Vithya Ramraj of India

thus brought Bahrain's count to 12 overall in Hangzhou so far. The tally includes seven gold, one silver and four bronze medals—earning the Kingdom's sports heroes ninth on the medal ranking table based on gold and 16th based on total. Bahrain remained the top-ranked Arab country from the 35 nations to medal.

This year's Asian Games are headed to its concluding days, with the multi-sport extravaganza scheduled to come to a close on Saturday.

In the women's 400m hurdles final, Kemi was competing alongside fellow-Bahraini Aminat Jamal.

Kemi had a strong start and was the clear leader around the final bend. The 400m world indoor champion of 2016 maintained a comfortable gap down the home straight until the finish, crossing the line solo and winning in 54.45 seconds. Her time was a new Asian Games record, beating the previous mark of 55.09s

which Kemi clocked herself in the 2014 Asiad in Incheon, South Korea.

Aside from capturing her third gold in Hangzhou, 30-year-old Kemi also brought her Asian Games honours record to five gold medals. She had previously won the 400m hurdles and 400m titles in Incheon.

Jiadie Mo of China took silver in 55.01s, while Vithya Ramraj of India claimed the bronze in 55.68s, narrowly snatching the final podium place from Aminat, who finished in 56.84s.

Disqualified

Meanwhile, in the women's 4x100m relay final, Fatima started things off with a solid run in the opening leg but had trouble passing the baton to Edidiong, which

would later prove crucial. Zenab then took over before handing off the finishing duties to Hajar, who put in a fine run down the last stretch to cross the finish line in third.

The Bahrainis should have come away with the bronze medal, but they were later disqualified for passing the baton outside the takeover zone, leading to an early or late takeover.

China won the gold, Thailand silver and Malaysia and Malaysia were promoted as bronze-medallists.

Also yesterday on the athletics track, Bahrain's men's 4 x 400 m relay team qualified for their final race. They finished fourth in their first-round heat, which was enough to earn them a place amongst the eight squads who will be vying for the medals.

The Bahraini foursome included Musa Isah, Abbas Yusuf Abbas, Hussain Al Doseri and Abbas Abubakar Abbas, and they finished their four-lap sprint in

3:07.38, which was their season's best. The final will be held today at 3.35pm, Bahrain time, and the other teams to qualify were Iraq, South Korea, India, Sri Lanka, the Philippines, Qatar and Thailand.

Also advancing to her final was Marta Yota in the women's 800m. She was competing in the first of two heats and finished second in 2:06.85. It was the fifth-quickest of the round, and Marta will be amongst a field of eight that will be going for gold today at 2.25pm, Bahrain time.

Meanwhile, Bahrain's Tigest Mekonen and Bontu Rebitu were sixth and seventh in the women's 5,000m final. Tigest finished the race in 15:36.58, while Bontu clocked a mark of

Bahrain's Hangzhou Asiad medallists so far

GOLD

Violah Jephumba Women's 10,000m

Kemi Adekoya Women's 400m

Kemi Adekoya Women's 400m hurdles

Birhanu Balew Men's 10,000m

Winfred Yavi Women's 3,000m steeplechase

Winfred Yavi Women's 1,500m

Musa Isah, Kemi Adekoya, Abbas Yusuf Abbas, Salwa Eid Naser Mixed 4x400m relay

SILVER

Salwa Eid Naser Women's 400m

BRONZE

Abbas Yusuf Abbas Men's 400m

Hajar Alkhalidi Women's 100m

Marta Yota Women's 1,500m

Edidiong Odiong Women's 200m



Kemi Adekoya has been in fantastic form this athletics season. Her victory yesterday in the women's 400m hurdles—and new Asian Games record—added to the gold medals she won in the women's 400m and mixed 4x400m relay. Prior to the Hangzhou Asiad, she broke the 400m hurdles Asian record three successive times at this year's world championships in Budapest

15:49.05.

In the men's triple jump final, Bahrain's Oumar Mahamat ranked ninth but he clocked a personal best of 15.65m on his second attempt.

Others to vie for medals today amongst Bahrain's elite athletes are Birhanu Balew and Dawit Fikadu in the men's 5,000m final, scheduled for a 2.40pm start, Bahrain time. The women's 4x400m relay team will also be in action, going for gold at 3.35pm, Bahrain.

Balew will be aiming to complete a long-distance double after having also won the men's 10,000m gold medal earlier this past week in Hangzhou.