

# Experiencing beauty and 'dark side' of young love

Teenagers suffer depression, social withdrawal, and academic decline due to romantic relationships

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In recent years, the phenomenon of young love has taken center stage in the lives of many teenagers. While experiencing romantic relationships can bring joy, there is growing concern about the negative impact it may have on mental well-being.

Teenagers today are increasingly grappling with depression, social withdrawal, and poor academic performance as a result of their romantic entanglements.

Depression, a serious mental health condition, has become alarmingly prevalent among teenagers in the context of romantic relationships.

The emotional rollercoaster that often accompanies young love can exacerbate pre-existing vulnerabilities, leading to feelings of sadness, loneliness, and hopelessness.

The pressure to maintain a relationship, coupled with the fear of rejection or heartbreak, can be overwhelming for teenagers who are still developing their emotional coping mechanisms.

Dr. Aneesa Moidoo, a psychologist specialising in adolescent care, recently shared her insights on the topic with The Daily Tribune.

According to Mrs. Moidoo, the teenage years pose unique challenges as individuals are

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- DR ANEESA MOIDOO, PSYCHOLOGIST

still acquiring the skills to navigate complex relationships and emotions.

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“When these expectations are not met, the fear of rejection, coupled with intense emotions like jealousy, anger, and grief, paves the way for depression,” she added.

Additionally, she said, “Teenagers may be more susceptible to making impulsive decisions. Factors such as peer pressure and concerns about body image further contribute to depression in the context of romantic relationships.”

Moidoo emphasised the importance of parental and adult support in helping teenagers develop healthy relationships.

Teenagers can learn effective communication, conflict resolution, and the importance of setting boundaries from adults. By providing guidance, adults can help teenagers strengthen their self-worth and navigate the challenges they face, including peer pressure and body image concerns.

In conclusion, while young love can be a beautiful and transformative experience, it is crucial to recognise the potential negative impact it may have on teenagers' mental health and academic performance.

Depression, social withdrawal, and declining academic performance are genuine concerns that need to be addressed with compassion and understanding.

By fostering supportive environments and providing the necessary resources, we can ensure that teenagers thrive emotionally and academically, even in the midst of their romantic pursuits.

## Talks on Gulf Air issue

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A government team, led by Shaikh Khalid bin Abdulla Al Khalifa, the Deputy Prime Minister, will hold a joint meeting with the Council of Representatives tomorrow.

The joint meeting, confirming the ongoing executive-legislature cooperation, will be devoted to discussing the latest developments regarding the reinstatement of the Gulf Air employees who had been affected by the decision to merge and restructure their departments and to provide them with options.

## Mayor of London's wife visits Danat

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Mrs. Felicity Lyons, wife of Lord Nicholas Lyons, Mayor of the Financial District of London, recently paid a visit to the Bahrain Institute for Pearls and Gemstones (Danat).

During her visit, she learned about the rich cultural and historical heritage of the pearl and gemstone industry in the Kingdom.

# Victim loses BD2,000 to fraudulent phone call

## Fraudster poses as Asian government official in financial case winner scam

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A person recently fell victim to a fraudulent scheme after receiving a phone call from an individual claiming to be a government employee of Asian descent. The caller informed the victim that he had won a financial case and would be financially compensated once.

The victim received a message instructing him to resend the OTP (One-Time Password). Unfortunately, he fell for the scam and ended up having BD2,000 withdrawn from their bank account.

Following the complaint filed by the victim, security investigations revealed that the money transfer and withdrawal were carried out using an ATM, with the first suspect being responsible for withdrawing cash amounts of BD500 in instalments using the second suspect's bank card.

It was also determined that the two suspects operated as part of a criminal gang, with the



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second suspect being responsible for creating bank accounts and receiving the fraudulently obtained funds.

Meanwhile, the first suspect withdrew the cash and sent it to their Asian home country in exchange for a financial share.

## Amounts withdrawn

During the public prosecutor's interrogations, the first suspect admitted to withdrawing multiple amounts using various cards belonging to different individuals, while bank account records confirmed that BD1,000 were withdrawn and transferred to the second suspect's account.

The public prosecutor charged the two suspects, aged 30 and 32, respectively, with

jointly conspiring and assisting an unknown third party on July 30, 2023, in unlawfully using the electronic signature associated with the victim's credit card, which included the secret code.

The purpose of this fraudulent act was to seize the cash amount. Additionally, the suspects collaborated with an unknown third party to unlawfully gain possession of the victim's cash amount without legal authorisation by employing deceptive information technology methods, including entering the secret code of the bank card. Through this method, they managed to seize the cash amount.

## Capital Governorate takes part in Bahraini businesswomen event



Mr. Yousef Yacoub Lori with Mrs. Ahlam Janahi and Mrs. Doris Martin

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The Capital Governorate participated in the celebration of the Bahrain Businesswomen's Association, which was organised in cooperation with the Women in Technology Organization, Bahrain Branch, on the occasion of the organisation's second anniversary.

The event took place at the association's headquarters.

Mr. Yousef Yacoub Lori, Director of the Information and Follow-up Department in the Capital Governorate, emphasised the continuation of

cooperation with the Bahrain Businesswomen's Association to support the entrepreneurship sector.

He praised the association's cooperation with the governorate in various events and programs, such as “The Capital is a Healthy Governorate Program” and “Manama Entrepreneurship Week.”

Mrs. Ahlam Janahi, President of the Bahraini Businesswomen's Association, highlighted the role of Bahraini businesswomen in the field of technology and their representation in international forums.

## BTEA welcomes inaugural charter flight from Slovakia

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The Bahrain Tourism and Exhibitions Authority (BTEA), in partnership with ‘Visit Bahrain’, has welcomed the inaugural charter flight carrying tourists from the Slovak Republic to Bahrain.

This marks the commencement of a series of weekly flights (every Friday and Wednesday) extending until the end of June 2024. The initiative aims to entice visitors from across the globe, spotlighting Bahrain as a top-tier global tourist destination.

The maiden voyage hosted 189 media travelers and social media influencers, dedicated to promoting Bahrain as a premier tourist spot through their platforms.

The tourist group was greeted with a comprehensive tourism program, encompassing cultural performances highlighting Bahrain's rich heritage and hospitality traditions. This included



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live artistic displays and traditional musical performances, as well as organized visits to Bahrain's key attractions. They were provided with the opportunity to indulge in the Kingdom's distinctive tourist offerings, including state-of-the-art facilities, bustling commercial complexes, upscale hotels, and gourmet restaurants.

Dr. Nasser Qaedi, CEO of the

Bahrain Tourism and Exhibitions Authority, personally welcomed the arriving passengers. He extended his heartfelt wishes for their delightful stay in the Kingdom, emphasizing that these trips align with the Authority's strategic vision.

This strategy aims to attract new tourism markets, showcasing the Bahraini tourism product and acquainting visitors

with the Kingdom's advanced amenities and diverse tourism activities tailored to various tastes.

Dr. Qaedi emphasized BTEA's steadfast commitment to continuously explore new tourism markets. This commitment is underscored by leveraging the unique features of Bahrain's tourism sector, the robust national tourism product, the Kingdom's exceptional services, captivating tourist destinations, and advanced tourism infrastructure. He highlighted the Authority's dedication to conducting regular meetings with representatives of the tourism sector and relevant authorities, including hotel facility managers, travel agents, tour operators, and event organizers from various countries, to keep them updated about the latest destinations and upcoming projects in Bahrain, ensuring tourists are provided with a holistic and exceptional tourism experience.