



THE DAILY tribune



Emma Roberts finds love again after giving up dating actors

8 **CELEBRITY**

BUSINESS 5 Pound climbs after Labour's election win

Israel says negotiators to hold fresh Gaza truce talks next week
 Jerusalem, Undefined

Israel said yesterday that "gaps" remained with Hamas on how to secure a Gaza ceasefire and hostage release deal but that it will send a delegation for fresh talks with Qatari mediators next week.

"It was agreed that next week Israeli negotiators will travel to Doha to continue the talks. There are still gaps between the parties," the spokesman said in a statement.



A Palestinian child is comforted as he stands near a body bag (unseen) following Israeli bombardment of a Gaza City neighbourhood, at Al-Ahli Arab hospital



Changing a country is not like flicking a switch. The world is now a more volatile place. This will take a while. The work of change begins immediately. But have no doubt, we will rebuild Britain

KEIR STARMER

UK turns red

Labour returns to power after 14 years; Keir Starmer named prime minister

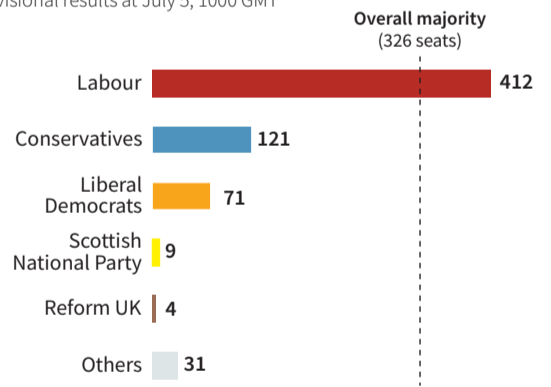
- The anti-immigration Reform UK, led by Brexit talisman Nigel Farage, won more than four million votes, the third highest vote share of any party**
- The Tories' worst previous election result was 156 seats in 1906.**
- Former prime minister Liz Truss lost her seat**

TDT | agencies

His Majesty King Hamad bin Isa Al Khalifa and His Royal Highness Prince Salman bin Hamad Al Khalifa, the Crown Prince and Prime Minister, yesterday congratulated Sir Keir Starmer on his appointment as the Prime Minister of the United Kingdom of Great Britain and Northern

British general election

Number of parliament seats won by parties (648 of 650 seats counted)
Provisional results at July 5, 1000 GMT



Ireland by Britain's head of state King Charles III.

HM King wished the newly appointed prime minister success in performing his duties.

The Labour party leader oversaw a landslide victory in Thursday's general election, ending 14 years of rule by Rishi Sunak's Conservatives.

"The work of change begins immediately," Starmer told reporters outside Downing Street after accepting head of state King Charles III's request for him to form a government.

"But have no doubt, we will rebuild Britain," he added.

Head of state King Charles III asked Starmer to form a government during a meeting at Buckingham Palace, officially appointing the 61-year-old former human rights lawyer as prime minister.

Starmer, a 61-year-old former human rights lawyer and chief state prosecutor, paid tribute to Sunak, who was appointed Tory leader and prime minister in October 2022 after Liz Truss's

disastrous tenure.

"His achievement as the first British-Asian prime minister of our country, the extra effort that that will have required, should not be underestimated by anyone," he said.

Congratulations came in from the European Council chief Charles Michel,



Sunak, and his wife Akshata Murty

French President Emmanuel Macron, and Germany's Chancellor Olaf Scholz, who said Starmer would be a "very good, very successful" prime minister. Meanwhile, taking responsibility for the defeat a sombre Rishi Sunak apologised to the public and said he would step down as party leader. "To the country, I would like to say first and foremost, I am sorry," he said outside the Prime Minister's residence at Downing Street, before heading to Buckingham Palace to tender his resignation as prime minister to King Charles III.

The scale of the defeat made it inevitable that Sunak -- the conservative party's fifth leader since 2010 -- would have to step down as Tory head as well.

Starmer faces a daunting to-do list, noting that Britons had grown tired of crumbling public services, higher prices and empty promises from politicians.

His government, he said, would put "country first, party second", promising to restore "respect for politics", after a succession of scandals under the Tories that eroded public trust. But he sought to temper high expectations of an immediate transformation. "Changing a country is not like flicking a switch," he said.

"The world is now a more volatile place. This will take a while. But have no doubt that the work of change begins immediately."

Donald Trump congratulates UK's Farage, ignores Starmer



Trump, Nigel Farage
New York, United States

Former US president Donald Trump celebrated the election of fellow populist Nigel Farage to Britain's parliament yesterday, neglecting to mention the new prime minister, Keir Starmer.

Farage's anti-immigration Reform UK party won the third largest vote haul, but under Britain's electoral system it took just four seats while Starmer's Labour party swept into office with a landslide.

"Congratulations to Nigel Farage on his big WIN of a Parliament Seat Amid Reform UK Election Success. Nigel is a man who truly loves his Country!" Trump wrote on his Truth Social platform.

Farage is a long-standing ally of Trump, who has dubbed the divorced father-of-four "Mr Brexit" and previously said the British populist would have done a "great job" as the UK's ambassador to Washington.

US postpones military drills with Georgia amid strained ties

Washington, United States

The United States is indefinitely postponing large-scale military exercises with Georgia amid strained relations with Tbilisi, the Pentagon announced Friday.

The United States "will indefinitely postpone this iteration of exercise NOBLE PARTNER in Georgia" scheduled for July 25 to August 6, the US Defence Department said in a statement.

The decision was made due to "the Georgian government's false accusations" that the United States was pressuring Tbilisi "to open a second front against Russia to alleviate pressure on Ukraine, and of participating in two coup attempts against the ruling party."



Representative picture

220 fils (includes VAT)



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BETTER YOU KNOW
 A record nine senior ministers from the outgoing government lost, although several other big names narrowly saved their seats, including finance minister Jeremy Hunt and party chairman Richard Holden, who won by 20 votes.

Bahrain rolls out new real-time medication availability system

The system is now open for accessing controlled medications through sehati.gov.bh

- Offers instant updates on availability of narcotics, psychotropic substances, and more at private pharmacies

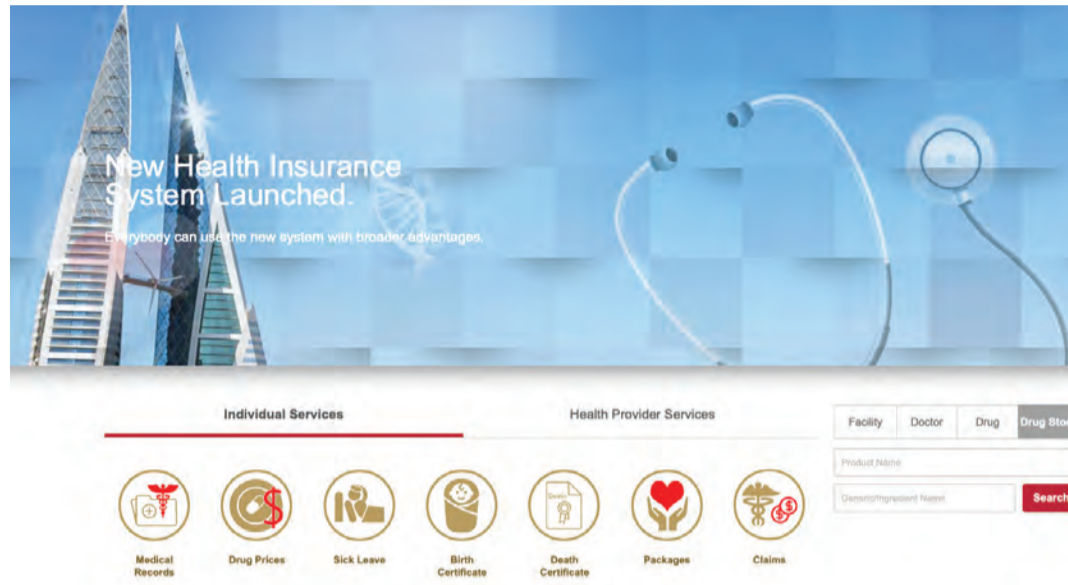
- Streamlines healthcare access, supporting both providers and patients in obtaining critical treatments swiftly

TDT | Manama

Buying medicines, especially controlled medications, has just been made easier.

The new cutting-edge system aimed at simplifying access to controlled medications has been launched by the Supreme Council of Health.

This new platform, accessible via sehati.gov.bh, provides real-time updates on the availability of crucial medicines, including narcotics and psychotropic



substances.

Imagine logging in and instantly seeing which private pharmacies have the medication you need.

This innovation promises to streamline the process for healthcare providers and patients alike, ensuring swift ac-

cess to essential treatments when they're needed most.

Officials highlight that this initiative isn't just about convenience; it's a part of Bahrain's broader strategy to modernise healthcare services.

By digitising and centralising information, the government

aims to eliminate bureaucratic hurdles and enhance service delivery. This approach not only saves time and effort but also reflects a commitment to high-quality healthcare for all citizens.

The system's launch underscores the Supreme Council of



Picture for representation only

Health's dedication to leveraging technology for efficient and effective healthcare solutions. It marks a significant step to-

wards achieving seamless, patient-centric healthcare services in Bahrain.

Ministry warns against social media scams by fake wedding planners and E-commerce websites

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The offer on social media was so enticing that they booked it without a second thought. However, they were baffled on the day of the booking to find that no venue had been reserved in their names, despite making full payment upfront.

This is just one example of fraudsters operating on social media platforms under the guise of wedding planners and e-commerce websites, warns the Consumer Protection Directorate of the Ministry of Industry and Commerce.



Pictures for representation only

The agency cautions consumers about fraudulent accounts posing as wedding planners, offering attractive packages on social media.

These scammers lure consumers into signing contracts and paying upfront fees, only to disappear once payment is received, leaving consumers without services and no way to recover their funds.

Additionally, the directorate warns about accounts posing as e-commerce websites. These scammers entice customers to make purchases, receive full payment, and then vanish with-

out delivering the promised goods or services. Often operating under closed businesses, these fraudulent accounts make it impossible for consumers to seek redress.

The Consumer Protection Directorate urges consumers to be vigilant and exercise caution when dealing with online businesses, especially on social media platforms. Consumers are advised to verify the legitimacy of accounts, avoid making upfront payments, and report any suspicious activity to the Consumer Protection Directorate immediately.

MoE clears kindergarten of child abuse allegations

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In response to widespread media reports, the Ministry of Education has denied allegations suggesting that a child suffered injuries in sensitive areas while attending a kindergarten.

The ministry said it took swift action upon receiving a complaint from the child's parent, dispatching a team of specialists to investigate the incident at the facility.

Surveillance footage meticulously examined by ministry experts revealed no signs of wrongdoing or unusual activity related to the child's movements within the kindergarten premises.

Officials emphasised that every movement of the child at



the facility is documented and subjected to thorough review by their team.

Following a comprehensive investigation, ministry officials confirmed that there was no

evidence to support claims of assault or accident involving the child during their time at the kindergarten. Consequently, the ministry dismissed any allegations of negligence on

the part of the kindergarten administration. Details of the investigation findings were promptly communicated to the child's guardian through a dedicated messenger service. Investigators also clarified that the scratches and bruises observed on the child were unrelated to any incident at the kindergarten.

Despite efforts to engage with the guardian, who opted not to publicise the matter, they did not attend a scheduled appointment with the Child Protection Centre to further investigate the incident.

The Ministry of Education underscored its commitment to meticulously verifying all complaints as part of its oversight role over educational institutions.

They emphasised the importance of ensuring accuracy in the dissemination of information concerning educational facilities to uphold public trust and accountability.

Four legs to the fore

MPs move to exempt animal feed from VAT amid flour price concerns

● **MPs Hamad Al Doy, Bader Al Tamimi, Mohammed Janahi, and Mohammed Al Balushi are set to present proposals in the upcoming parliamentary session aimed at strengthening food security in Bahrain.**

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There can be no excuses when it comes to feeding four-legged animals. For, it is vital to bolstering the Kingdom's food security and supporting the livestock breeders and traders, who have already raised alarms over the rising costs of meat products. A group of MPs has taken note of these concerns and aims to exempt imported animal feed and its derivatives from Value Added Tax. Additionally, they are pushing to reduce port rental fees for companies importing

these feeds.

This move is timely, as Bahrain is currently grappling with a whirlwind of flour price increases, causing ripples in the legislature. Even though the prices hikes by the Bahrain Flour Mills Company are currently on a moratorium, discussions are ongoing to mitigate the fierce public resistance.

MPs Hamad Al Doy, Bader Al Tamimi, Mohammed Janahi, and Mohammed Al Balushi are set to present proposals in the upcoming parliamentary session aimed at strengthening food security in Bahrain. They emphasized the need for further meetings with relevant government agencies and livestock breeders to discuss the price hikes, including the temporary moratorium imposed by the Bahrain Flour Mills Company.

"We are working tirelessly to find a solution to avoid these price hikes," said the MPs. "The postponement is only a temporary measure. What we need is a complete reversal of the hike to prevent derailing the monthly budgets of our citizens."



Picture for representation only

The committee has already met with livestock breeders to hear their concerns and demands. The breeders have called for facilitating the importation of feed and opening the market to other local companies to produce animal feed.

Last month, the Bahrain Flour Mills Company announced a three-month postponement of its planned price increases following a joint meeting between legislative authorities,

government representatives, and company officials. Despite this, some establishments have already raised the prices of "jibati," a popular flatbread, in both red and white varieties, posting signs to inform customers of the adjustments.

As the situation continues to unfold, the MPs remain committed to finding long-term solutions that will ensure the stability and affordability of essential food products for all citizens.



HAMAD FAROOQ AL DOY



BADER SAHEH AL TAMIMI



MOHAMED HUSAIN JANAH



MOHAMED MOOSA MOHAMED

Bahrain Almond market returns

Unique market experience attracts regional crowds



Vendors at the market



● **Interactive Activities Spark Children's Interest in Agriculture**

● **Outdoor Educational Center & Global Shapers Partner for Learning**

Ashen Tharaka
TDT | Manama

The famous Bahrain's Almond Market is back for its second edition, offering a unique opportunity to experience authentic Bahraini agriculture. Organised by the Ministry of Municipalities Affairs and Agriculture, the festival boasts a wider range of offerings compared to last year. Over 13 local farmers are participating in the market, showcasing their fresh almonds (louz). Visitors can expect a diverse selection and support the local agricultural community. The Ministry will further contribute by planting 1,000 louz seedlings during the festival, promoting the preservation of



Seerous Shakeeb, a volunteer at Budaiya Farmers Market

This unique market draws crowds from across the region. "We can see visitors from Qatar, Saudi Arabia and Dubai," says Seerous Shakeeb, a volunteer at Budaiya Farmers Market, to the Daily Tribune. The high foot traffic speaks for itself, with Shakeeb reporting around 2,000 visitors within the first two hours last year.

This year's market expands



Jasim Ghuloom and Reem Yateem at the educational corner

beyond just almonds. Four productive farming families and five plant nurseries will be present, showcasing almond seedlings, other fruit varieties, and louz-related products. Additionally, there will be activities for children and educational programs about almond trees.

Educating next generation

The Outdoor Educational Center and Global Shapers Manama Hub have partnered to create an educational corner within the market. "Children

could explore and get information about different kinds of Almond trees (Louz)," explains Mahdi Jasim Ghuloom, Vice Curator of Global Shapers, Manama Hub. Teachers will be volunteering to share their knowledge and foster appreciation for this valuable crop.

Nature for healthier future

Reem Yateem, Founder of Learn to Grow Educational Center, emphasizes the importance of the market's educational aspect. "We work to connect



Vendors at the market

people with nature," she says. "We believe a healthy planet equals healthy people."

The Bahrain Almond Market's second edition takes place today and tomorrow (July 7th) at the Budaiya Botanical Garden's

Farmers Market from 4.00 PM to 8.00 PM.

Don't miss this opportunity to experience the unique taste of Bahraini almonds and celebrate the country's rich agricultural heritage.



This year's market expands beyond just almonds. Four productive farming families and five plant nurseries will be present, showcasing almond seedlings, other fruit varieties, and louz-related products. Additionally, there will be activities for children and educational programs about almond trees.

Transforming dreams into innovations



Group of Parliamentarisms propose initiative to foster local inventors and investors

● Proposed draft law by Bahraini MPs aims to establish a specialised centre supporting local inventors

● Initiative includes financial aid, project funding, and comprehensive support for innovation

● Centre to facilitate technical consultations, access to labs, and legal assistance for patents

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A specialised centre to support Bahraini inventors is in the works, according to a draft law proposed by five members of the House of Representatives.

Presented by the Strategic Thinking Bloc, this initiative



AHMED SABAH ALSALLOOM



ALI SAQER AL DOSERI



BASMA ABDULKARIM MUBARAK



KHALID SALEH BUANAQ



MARYAM SALEH AL DHAIN



aims to provide inventors with financial assistance, secure funding for their projects, and offer comprehensive support.

Proponents of this proposal include MPs Ahmed Al Saloum, Khalid Buanq, Mariam Al Dahren, Basma Mubarak, and Ali Al Dossary. They argue that fostering innovation and recognizing the potential of Bahraini inventors is crucial.

A dedicated platform is deemed essential to help brilliant minds in Bahrain thrive.

The centre would coordinate between public and private sector institutions to offer technical support, including expert consultations and access to laboratories for project development. It would also provide administrative support by connecting inventors with potential investors and promoting their products both domestically and internationally.

MPs emphasise the need to support research and investment in university and college

projects and provide training programs to enhance the skills of inventors. The centre also aims to offer legal support for securing patents and protecting intellectual property rights.

This initiative aligns with Bahrain's broader vision to promote a knowledge-based economy and encourage innovation. The country has been actively investing in research and development, particularly in areas like renewable energy, biotechnology, and information technology.

Routes World 2024: Global aviation leaders to converge in Bahrain

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Bahrain Airport Company (BAC) is gearing up to host Routes World 2024, set to take place from October 6th to 8th, 2024, at the World Exhibition Bahrain.

Routes World 2024 is a premier gathering for global aviation industry leaders, facilitating strategic networking and partnerships. This prestigious event will gather key stakeholders from the aviation industry, including airlines, airports, and tourism authorities.

As part of its commitment as host, BAC has issued a tender



Exhibition World Bahrain is the official event venue

document calling for proposals to manage city and airport branding activities aimed at promoting and showcasing the event to an estimated 2,500 visitors.

The selected agency will oversee the booking and production of Out Of House (OOH) branding across the city and at the airport. Additionally, the agency will be responsible for

setting up dedicated personnel desks at 10 designated hotels accommodating event guests.

The branding activities are scheduled to commence from October 2nd and conclude on October 9th, 2024.

The event not only aims to foster industry networking and collaboration but also to showcase Bahrain as a leading destination for aviation and tourism.

Interested agencies have been invited to submit their proposals by 22nd of this month, with BAC expected to announce the selected agency shortly thereafter.

Major infrastructure project to transform Budaiya highway underway

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The construction of a significant infrastructure project along Budaiya Highway is set to reshape transportation in Bahrain, spanning approximately 6.5 kilometers from Al Qadam Roundabout to Janabiya Highway.

This ambitious endeavour will see the development of a new 3-lane dual carriageway, aimed at improving traffic flow and connectivity in the region.

The project is part of AMAS Access improvement package 3, for which a tender launched by the Ministry of Works attracted



Representative picture

two bidders. Haji Hassan Group quoted BD 29,936,870.990 and Nass Contracting quoted BHD 31,435,270.000.

Key components of the project include the installation of four new traffic signals to replace existing roundabouts, as well as modifications to existing traffic signals at Janabi-

ya Highway. Additionally, enhancements such as dedicated pedestrian footbridges and comprehensive street lighting are planned to ensure safety and accessibility for all road users.

One of the project's primary objectives is the protection and rerouting of existing utilities to accommodate the new road infrastructure seamlessly.

Residents and commuters can anticipate significant improvements in transportation efficiency along Budaiya Highway once the project is completed as outlined in the detailed tender documents.

Government initiates two major housing projects under Land Development Programme

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The Ministry of Housing, Urban Planning, and the Environment (MoHUP) has announced two ambitious housing projects aimed at addressing the country's growing demand for affordable housing.

1. Hawrat Sanad Project:

Under the Government Land Development Programme, the Hawrat Sanad Project will see the development of 47 housing units on government-owned land. This initiative, part of a broader effort to expand housing opportunities, will be executed by the private sector



through a competitive bidding process. Bidders will vie for a license to develop the project, with selection criteria emphasizing the highest proposed land value and adherence to technical specifications.

The chosen developer will undertake the design, financing, and construction of the 47 housing units, including the provision of two 11kV substations and necessary secondary infrastructure. These units will be sold to beneficiaries of MoHUP's social housing financing programs upon completion. Following the sale of all units, the developer will compensate MoHUP for the agreed land val-

ue. Additionally, MoHUP has instituted a buy-back option for any unsold units remaining 24 months post-completion.

The project tender attracted six companies, whose bids range between BHD 450,728.000 and BHD 1,550,000.000.

2. Buhair Project:

Simultaneously, the Buhair Project, also part of the Government Land Development Programme, aims to develop 76 housing units on government-owned land. Like the Hawrat Sanad Project, private sector participation will be pivotal, with bids evaluated based on proposed land value and

technical feasibility.

The successful bidder for the Buhair Project will undertake the comprehensive development, including connectivity with existing infrastructure, of the 76 housing units.

These units will cater to beneficiaries of MoHUP's social housing financing programs. Upon completion and full occupancy, the developer will reimburse MoHUP for the land value. Similarly, MoHUP offers a buy-back mechanism for any units unsold after 24 months.

This tender attracted five bids between BHD 1,469,232.341 and BHD 3,621,314.000.

Pound climbs after Labour's election win

AFP | London, United Kingdom

The pound advanced Friday after Britain's centre-left Labour Party clinched an expected landslide election victory to end 14 years of right-wing Conservative rule.

London's benchmark FTSE 100 index gave up early gains made following news that Keir Starmer would become Britain's new prime minister after Labour trounced Rishi Sunak's Conservatives as Wall Street opened.

Labour's widely forecast triumph has sparked investor hope of economic stability amid easing inflation, although Starmer faces tough challenges in the form of strained public finances, a stretched state health service and flagging economic growth.

"The main beneficiaries of the UK election result were UK housebuilders which gained around 3% on the day while banks and energy companies slid," said Axel Rudolph, senior market analyst at online trading

Key figures around 1530 GMT

New York - Dow:	▼ less than 0.1% at 39,278.93 points
New York - S&P 500:	▲ 0.2% at 5,549.64
Nasdaq Composite:	▲ 0.7% at 18,307.43
London - FTSE 100:	▼ 0.5% at 8,203.93 (close)
Paris - CAC 40:	▼ 0.3% at 7,675.62 (close)
Frankfurt - DAX:	▲ 0.1 percent at 18,475.45 (close)
EURO STOXX 50:	▼ 0.2% at 4,979.39 (close)
Nikkei 225:	▲ at 40,912.37 (close)
Hang Seng Index:	▼ 1.0% at 17,799.61 (close)
Shanghai - Composite:	▼ 0.3% at 2,949.93 (close)
Pound/dollar:	▲ at \$1.2808 from \$1.2765 on Thursday
Euro/pound:	▼ at 84.56 pence from 84.69 pence
Euro/dollar:	▲ at \$1.0831 from \$1.0813
Dollar/yen:	▼ at 160.67 yen from 161.16 yen
West Texas Intermediate:	▲ 0.5% at \$84.30 per barrel
Brent North Sea Crude:	▲ 0.3% at \$87.72 per barrel

platform IG.

Paris stocks finished lower ahead of France's crucial legislative vote this weekend despite tactical voting efforts appearing to have reduced the chances of the far right from taking over

the government.

Analysts remain wary that the second-biggest economy in the European Union could be headed for a period of political deadlock if there is no overall winner on Sunday.

"After some of the left and centrist candidates pulled out from the elections, the most likely scenario is a hung parliament," noted research consultancy Oxford Economics.

"France will likely enter a period of uncertainty. This would result in policy paralysis, delaying fiscal consolidation and preventing any meaningful reforms until the next presidential election."

US jobs data

Investor sentiment had been given a boost Thursday as softer US labour market data gave the Federal Reserve room to cut interest rates.

US job gains eased slightly in June while unemployment edged up, government data showed, in the latest sign that the world's biggest economy is cooling as policymakers hope.

The country added 206,000 jobs last month, said the Labor Department, marking a slower pace of hiring than May's revised 218,000 figure.

Is AI a major drain on the world's energy supply?

Paris, France

When Google announced this week that its climate emissions had risen by 48 percent since 2019, it pointed the finger at artificial intelligence.

US tech firms are building vast networks of data centres across the globe and say AI is fuelling the growth, throwing the spotlight on the amount of energy the technology is sucking up and its impact on the environment.

How does AI use electricity?

Every time a user punches a request into a chatbot or generative AI tool, the request is fired off to a data centre.

Even before that stage, developing AI programs known as large language models (LLMs) needs a huge amount of computer power.

All the while, the computers are burning through electricity and the servers get hotter, meaning more electricity to cool them.

The International Energy Agency (IEA) said in a report earlier this year that data centres in general used roughly 40 percent of electricity on computing and 40 percent on cooling.

Why are experts worried?

Big tech firms have been rushing to pack all their products with AI ever since OpenAI launched its ChatGPT bot in late 2022.

Plenty of experts are concerned these new products will cause electricity usage to spike.

This is firstly because AI services require more power than their non-AI analogues.

For example, various studies have shown that each request made to ChatGPT uses roughly 10 times the power of a single Google search.

So if Google switches all



search queries to AI -- about nine billion a year -- it could hugely inflate the company's electricity usage.

And most of these new services and products rely on LLMs.

Programming these algorithms is extremely intensive and usually requires high-powered computer chips.

They in turn require more cooling, which uses more electricity.

How much energy does AI use?

Before the era of AI, estimates generally suggested data centres accounted for around one percent of global electricity demand.

The IEA report said data centres, cryptocurrencies and AI combined used 460 TWh of electricity worldwide in 2022, almost two percent of total global electricity demand.

The IEA estimated that the figure could double by 2026 -- the equivalent of Japan's usage figures.

Alex De Vries, a researcher who runs the Digiconomist website, modelled the electricity used by AI alone by focusing on sales projections from the

US firm NVIDIA, which has cornered the market in AI-specialised servers.

He concluded in a paper late last year that that if NVIDIA's projected sales for 2023 were correct and all those servers ran at full power, they alone could be responsible for between 85.4-134.0 TWh of annual electricity consumption -- an amount similar to Argentina or Sweden.

"The numbers I put in that article were already conservative to begin with because I couldn't include things like cooling requirements," he told AFP.

And he added that adoption of NVIDIA's servers had outstripped last year's projections, so the figures would certainly be higher.

How are data centres coping?

Fabrice Coquo of Digital Realty, a data centre company that leases its services to others, told AFP during a visit to one of its enormous facilities north of Paris in April that AI was going to transform his industry.

"It's going to be exactly the same (as the cloud), maybe a bit more massive in terms of the

deployment," he said.

Part of Digital Realty's latest data centre hub in Courneuve -- a gigantic edifice that looks like a football stadium -- will be dedicated to AI.

Coquo explained that normal computing requests could be handled by server racks in rooms with powerful air-conditioning.

But AI racks use much more powerful components, get much hotter and require water to be physically pumped into the equipment, he said.

"For sure, this requires different servers, storage equipment, communication equipment," Coquo said.

Is it sustainable?

The biggest players in AI and data centres -- Amazon, Google and Microsoft -- have been trying to reduce their carbon footprints by buying up vast amounts of renewable energy.

Amazon official Prasad Kalyanaraman told AFP that the firm's data centre division, AWS, was "the largest purchaser of renewable energy in the world today".

AWS is committed to being a net-zero carbon company by 2040. Google and Microsoft have pledged to reach that goal by 2030.

But building new data centres and ramping up usage in existing ones is not going to help with green energy targets.

Google and Microsoft have said in recent reports that their greenhouse gas emissions have been rising in the last few years.

Google flagged a 48 percent rise from 2019 and Microsoft a 30 percent increase from 2020.

Both have squarely blamed AI. Microsoft President Brad Smith told Bloomberg in May the pledge was a "moonshot" made before the AI "explosion", adding that "the Moon is five times as far away as it was in 2020".

New UK government faces tough economic challenge

London, United Kingdom

Britain's new Labour government on Friday pledged immediate action to grow the economy after the centre-left party won a landslide general election victory.

However, its task could be hampered by strained state finances following huge spending by the previous Conservative administration to protect millions of jobs during the Covid pandemic.

Labour, led by new Prime Minister Keir Starmer after it ended 14 years of Conservative rule, has promised investment in key areas such as health and education but also stresses the need to balance the books.

This after government coffers were further hit by subsidies for energy bills after Russia's invasion of Ukraine sent oil and gas prices rocketing.

"Economic growth was the Labour Party's mission. It is now a national mission. Let's get to work," Britain's new finance minister Rachel Reeves said Friday after Starmer made her the country's first female chancellor of the exchequer.

Stability

Starmer will want to avoid a repeat of October 2022, when the then-Conservative government's proposed unfunded tax cuts spooked markets and tanked the pound.

It also sank the chaotic premiership of Liz Truss, who lasted just 49 days before she was replaced by Rishi Sunak.

Truss lost her parliamentary seat in Thursday's election.

Britain's economy is currently on a more stable footing after exiting a mild recession, as inflation returns to normal and with Bank of England interest-rate cuts on the horizon.

"Labour talked a lot about wanting to boost the economy and help businesses during its election campaign," noted Dan Coatsworth, investment analyst at AJ Bell.

"Now comes the hard part and delivering on its promises. Public finances aren't in the best shape given high levels of debt and it will take a lot of hard work to accelerate economic growth."

Eight years after Britain voted for Brexit, businesses still lament economic fallout caused by the country's departure from the European Union, with little prospect of change in the near future.

Starmer has ruled out re-

turning Britain to the European single market, customs union, or bringing back free movement of EU nationals.

'Safe haven'

"I want investors to look at Britain and say it is a safe haven in a turbulent world, a place where I can invest with confidence in a world where perhaps other countries are tilting to more populist politics," Reeves said ahead of Thursday's UK vote and in her previous role as Labour's finance spokesperson.

Reeves has added that "change will be achieved only on the basis of iron discipline".

British public debt has flirted with a level totalling 100 percent of gross domestic product in recent months -- a situation not seen since the 1960s.

Heading into the election, Labour won support of company bosses and key UK publications -- including the Financial Times -- who believe the party can successfully manage the economy.

Business organisations on Friday welcomed Labour's victory.

"By working with business, the new government can deploy the capability and capacity of industry to deliver the connected transitions across net zero, the digital economy, and the future of work needed to put the economy on a pathway to sustainable growth," the Confederation of British Industry said in a statement. The City of London Corporation -- the local authority for the capital's financial district -- said it would work with the new government to "deliver high-skilled jobs, opportunities, and economic growth right across the country".

Spend and tax

Included in Labour's spending plans is the creation of publicly-owned Great British Energy, with the aim of slashing bills as millions of Britons still struggle with a high cost of living.

The party has an ambition also to hike defence spending to 2.5 percent of gross domestic product from around two.

According to Daniel Sopher, senior partner at tax specialists Sopher + Co, "tax is going to go up" to fund public services.

"There's only so much to what one can increase debt to," he told AFP.



Britain's incoming Prime Minister Keir Starmer and leader of the Labour Party, and his wife Victoria, greet members of his team as they arrive in Downing Street after his general election victory, in London

QUOTE OF THE DAY
HE WHO LOVES, FLIES, RUNS, AND REJOICES; HE IS FREE AND NOTHING HOLDS HIM BACK
HENRI MATISSE

TODAY IN HISTORY

1348
Papal bull of Pope Clement VI issued during the Black Death stating Jews not to blame and urging their protection

1775
Congress issues a "Declaration of the Causes and Necessity of Taking up Arms", written by Thomas Jefferson and John Dickinson, it lists American grievances but denies any intent to be independent

1785
US Congress unanimously resolves the name of us currency to the "dollar" and adopts decimal coinage

1885
Louis Pasteur successfully give an anti-rabies vaccine to 9-year-old Joseph Meister, saving his life

News in brief

Vatican excommunicates major pope critic for 'schism'
The Vatican has excommunicated Archbishop Carlo Maria Viganò, one of Pope Francis's most virulent critics, after judging him guilty of splitting the Church, the dicastery in charge of doctrine said yesterday. The 83-year-old ultra conservative, who has called in the past for Francis to resign as pope, has been on trial since last month after being accused by the Dicastery for the Doctrine of the Faith of the crime of schism, or splitting the Catholic Church. "His public statements manifesting his refusal to recognise and submit to the Supreme Pontiff, his rejection of communion with the members of the Church subject to him, and of the legitimacy and magisterial authority of the Second Vatican Council are well known," wrote the dicastery in a statement.

The man who stabbed South Korea's then-opposition leader Lee Jae-myung in January and left him hospitalised was sentenced to 15 years in prison yesterday, a regional court said. The attacker, identified by local media only by his surname Kim, pretended to be a supporter and stabbed Lee in the neck as the politician was surrounded by journalists at an event held in the southern port city of Busan on January 2. Lee suffered a wound to his jugular vein and underwent emergency surgery, but recovered after being hospitalised for about a week.

Six Colombian soldiers killed in clashes with rebels
Six soldiers were killed in rural Colombia on Thursday after they entered a minefield during clashes with rebels, military officials said. The group "fell into an area prepared with explosives" while fighting with members of the National Liberation Army (ELN) and the Central General Staff (EMC) in the northern province of Valdivia, according to the military. Both groups are composed of rebels who rejected Colombia's historic 2016 peace agreement which

SPOTLIGHT

No holiday for Biden as debate crisis cleanup continues

AFP | Washington

While Americans were celebrating the July 4 holiday with fireworks and feasts, President Joe Biden on Thursday continued to face explosive fallout from his debate against Donald Trump that has left many Democrats hungry for a replacement.



US President Joe Biden

The 81-year-old has struggled since last week's debate to tamp down panic among his party, but he won the backing Wednesday of Democratic governors who gathered for an emergency meeting with him at the White House. However, a new and potentially damaging wrinkle emerged on Independence Day, with The New York Times reporting Biden told the governors he needs more sleep and plans to curtail public events after 8:00 pm.

The revelation was according to two participants in the meeting, the Times said, and could further fuel rumblings within the party about finding a replacement candidate for November's election.

With polls showing Republican Trump extending a narrow lead after last week's debate, Biden finds himself under pressure as never before to demonstrate his capacity to lead.

"I had a bad night," Biden acknowledged to Wisconsin's Civic Media in a pre-recorded radio interview that aired Thursday.

"I screwed up. I made a mistake," he added. "That's 90 minutes on stage. Look at what I've done in 3.5 years."

The White House has insisted Biden is "absolutely not" stepping down.

Biden himself sought to appear determined he was staying in the race, telling his radio interviewer: "When you get knocked down, you just get back up."

Later at an Independence Day barbecue at the White House, he told the crowd of military personnel and their families that he was "not going anywhere."

Responding to a supporter who told him to "keep up the fight," Biden said: "You got me man. I'm not going anywhere." A little later, Biden addressed the crowd again before the traditional fireworks display.

"We got to do what our founders did -- show the world we're a nation of dignity, honor, and just devotion to one another, and he said, in rare remarks without a teleprompter.

New PM Starmer vows to 'rebuild Britain'

New Labour PM takes office after landslide victory, pledges national renewal and change

King Charles III appoints Starmer as Prime Minister

Rachel Reeves becomes first female finance minister

Conservatives suffer historic low, losing multiple cabinet members

Labour secures over 170-seat majority in Parliament

AFP | London

Keir Starmer yesterday promised to "rebuild Britain" as he took office as the UK's new prime minister following his centre-left Labour party's landslide general election victory that ended 14 years of Conservative rule.

Flag-waving crowds of cheering Labour activists lined Downing Street as Starmer arrived as the party's first prime minister since Gordon Brown in 2010.

"Now, our country has voted decisively for change, for national renewal and a return of politics to



The election results buck the trend seen in other Western nations, with Labour's victory contrasting the rise of far-right movements in France and Donald Trump's potential return in the United States

public service," he said in his first speech in the role.

"The work of change begins immediately, but have no doubt, we will rebuild Britain."

Starmer quickly went to work appointing his new cabinet, with Rachel Reeves becoming Britain's first female finance minister and David Lammy appointed foreign secretary.

Flag-waving crowds of cheering Labour activists lined Downing Street as Starmer arrived as the party's first prime minister since Gordon Brown in 2010.

"Now, our country has voted decisively for change, for national renewal and a return of politics to



Britain's King Charles III (R) welcomes Britain's incoming Prime Minister Keir Starmer during an audience at Buckingham Palace in London

decessor Liz Truss. Truss's disastrous 49-day tenure effectively sealed the Tories' fate with the public two years ago, when her unfunded tax cuts spooked markets and crashed the pound.

Before leaving Downing Street for the final time as prime minister, Truss said "sorry" to the public and revealed that he would step down as Tory leader once formal arrangements for a successor are in place.

Labour raced past the 326 seats needed to secure an overall majority in the 650-seat House of Commons at 0400 GMT, with the

The Labour Party has won this general election, and I have called Sir Keir Starmer to congratulate him on his victory. Today, power will change hands in a peaceful and orderly manner with goodwill on all sides

RISHI SUNAK

final result expected on Saturday. As of 1600 GMT yesterday, the party had won 412 seats in the House of Commons with only two seats left to declare, giving it a majority of more than 170.

The Tories won just 121 seats -- a record low -- with the right-wing vote apparently spliced by Nigel Farage's anti-immigration Reform UK party.

In another boost for the centrists, the smaller opposition Liberal Democrats ousted the Scottish National Party as the third-biggest party.

The results buck a trend among Britain's closest Western allies, with the far right in France eyeing power and Donald Trump looking set for a return in the United States.

The Tories' worst previous election result was 156 seats in 1906.

India's Modi congratulates Starmer on UK election win

Indian Prime Minister Narendra Modi congratulated Keir Starmer yesterday for his "remarkable victory" in Britain's general election, while praising his outgoing counterpart Rishi Sunak for deepening bilateral ties.



Narendra Modi descent in 2022 -- a milestone year for India's relationship with its former colonial ruler.

"Heartiest congratulations and best wishes to @Keir_Starmer on the remarkable victory," Modi wrote on the social media platform X.

"Thank you @RishiSunak for your admirable leadership of the UK, and your active contribution to deepen the ties between India and the UK during your term in office," he added. "Best wishes to you and your family for the future."

Sunak became the first British prime minister of South Asian

"Catastrophic" Sunak tendered his resignation to the king shortly after returning to London from his rural constituency in northern England, where the depth of his party's defeat quickly became apparent.

Former leader William Hague told Times Radio this was "a catastrophic result in historic terms".

But Tim Bale, politics professor at Queen Mary, University of London, said it was "not as catastrophic as some were predicting" and the Tories would now need to decide how best to fight back.

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Hundreds storm Pakistan power station over long outages

AFP | Quetta

Hundreds of people in one of Pakistan's hottest cities stormed a power station in protest against cuts lasting up to 20 hours a day, police said.

The protesters also ransacked the station's neighbouring administrative office in Thursday night's incident in rural Sibi, in southern Balochistan province, where temperatures peaked at 45 degrees Celsius (113 degrees Fahrenheit).

"People stormed the electricity supply office and ransacked it last night and a case has been lodged against them," police official Anayatullah Bungulzai told AFP, adding that the group numbered up to 800 people.

Planned power cuts, also known as loadshedding, happen frequently in Pakistan due



Protestors during a demonstration against the power outages in Karachi

to fuel shortages, varying in length in different areas.

In Balochistan, Pakistan's largest province, power outages are prolonged due to both electricity production deficits and unpaid bills by consumers that affect entire neighbourhoods.

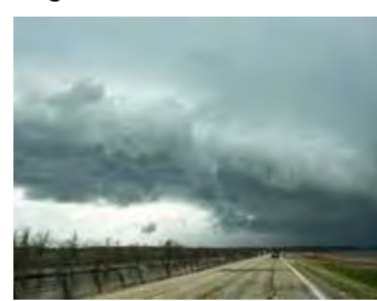
Afzal Baloch, spokesperson for the Quetta Electricity

Supply Company, told AFP the company suffers "significant" monthly losses due to outstanding payments.

However, protester Noor Ahmad said yesterday they were "compelled" to act over "the excessive loadshedding lasting for hours despite our timely payments of bills".

Tornado kills one, injures 79 in China

AFP | Beijing



A view of clouds forming ahead of a tornado

AFP | Beijing

A tornado that ripped through a town in eastern China yesterday killed one person and injured 79, local authorities said.

Images posted on social media networks showed extensive damage after the tornado struck mid-afternoon in Dongming county, 530 kilometres (330 miles) south of Beijing in Shandong province, the local emergency management bureau said in a statement.

"The disaster left one person dead. A total of 79 people also suffered varying degrees of injury," it said.

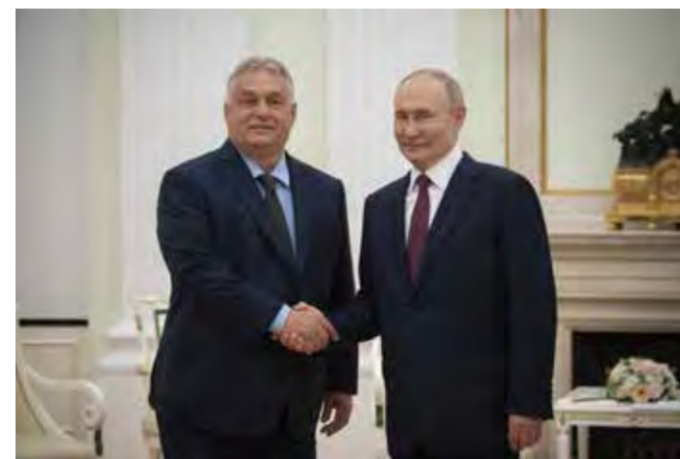
Rescue, relief and clean-up operations were underway.

Chinese media showed images of a huge grey tornado moving at high speed and carrying debris into the sky.

Videos posted on Chinese social media network Weibo showed roads strewn with pieces of wood and stones, shop signs stripped, cars with shattered windows and uprooted trees.

China has endured extreme weather conditions in recent months, from torrential rainfall to searing heatwaves.

Hungary's Orban holds Ukraine talks with Putin on trip slammed by EU



Hungarian Prime Minister Viktor Orban meets with Russian President Vladimir Putin at the Kremlin

AFP | Moscow

"discuss the nuances that have developed" over the conflict in Ukraine with Orban, who visited Kyiv earlier this week. The Ukrainian government lambasted the meeting, stressing they had no hand in its planning.

"The decision to make this trip was made by the Hungarian side without any agreement or coordination with Ukraine," Kyiv's foreign ministry said in a statement.

As word of the trip spread, European Union leaders also lashed out at Orban, who landed in Moscow just days after Hungary took over the bloc's rotating presidency.

"I understand that this time you have come not just as our long-standing partner but as president of the council," Putin told Orban, adding that he expected him to outline "the position of European partners" on Ukraine.

Putin said that he wanted to

South Korean president to attend NATO summit next week



Yoon Suk Yeol

AFP | Seoul

South Korean President Yoon Suk Yeol will travel to Washington next week for a NATO summit where he is expected to sound the alarm on Russia and North Korea's recent military cooperation, his administration announced yesterday.

Yoon's deputy national security adviser Kim Tae-hyo said NATO members and the so-called Indo-Pacific 4 -- Korea, Japan, Australia and New Zealand -- would "confirm their shared commitment to protecting the international order... in the face of the challenges" seen in both the eastern and western hemispheres.

It will be Yoon's third consecutive year attending a NATO summit. Ahead of his visit to Washington, Yoon will stop off at the US military's Indo-Pacific Command in Hawaii and receive a security briefing.

"Especially with the Ukraine war going on for three years, we will reaffirm our commitment to support Ukraine's freedom and restoration of peace," Kim told reporters yesterday.

Brazil's Bolsonaro faces possible charges in jewel scandal: media

AFP | Brasilia

Brazil's former president Jair Bolsonaro is facing possible money laundering and other charges related to undeclared diamond jewelry gifted by Saudi Arabia, local media reported Thursday.

Federal police accused Bolsonaro, who led South America's largest country from 2019-2022, of money laundering, embezzlement and criminal association, Brazilian news outlet G1 reported.

The case stems from an undeclared set of diamond jewelry worth \$3.2 million that was



Jair Bolsonaro

seized by customs inspectors on October 2021.

The jewels were inside a satchel from Bolsonaro's Mining and Energy ministry entou-

rage upon returning from a trip to the Middle East.

Bolsonaro has previously denied any criminal activity in the case.

Eleven other people were facing charges alongside the far-right leader, including his attorney Fabio Wajngarten.

Wajngarten reacted on X, saying he had been accused of crimes "for the bizarre reason of having complied with the law."

Bolsonaro's son, the Brazilian senator Flavio Bolsonaro, also slammed the accusations on X as "open and brazen persecution" against his father.

MIND MATTERS

TOP 4 TWEETS 01



Keir Starmer

My government will serve you. Politics can be a force for good. The work of change begins today.

@Keir_Starmer

02



Justin Trudeau

Congratulations, @Keir_Starmer, on a historic U.K. election victory. Lots of work ahead to build a more progressive, fair future for people on both sides of the Atlantic. Let's get to it, my friend..

@JustinTrudeau

03



Yoon Suk Yeol

Congratulations @Keir_Starmer on your electoral victory. I look forward to working with you in a constructive partnership to address common challenges and strengthen European security.

@vonderleyen

04



Keir Starmer

Congratulations, @Keir_Starmer, on your election victory and on becoming Prime Minister of the UK. I look forward to working closely with you and your government, and to making the @WHO -UK partnership even stronger.

@DrTredos

Disclaimer: (Views expressed by columnists are personal and need not necessarily reflect our editorial stances)

The feeling 'I AM BAD'



ANEESA MOIDOOD, PSYCHOLOGIST

Shame is a powerful emotion that everyone experiences, yet many of us try to hide it. It is a negative self-evaluation--where you ought to believe that you're a bad person because you didn't meet certain standards. At the practice, I see how deeply shame can affect the well-being. It feels like a painful invasion, making you feel unsafe and unworthy. It also challenges your feeling of adequacy and capability. When shame becomes a constant companion, it can lead to feelings of isolation, anger, depression, and anxiety.

It's common to confuse shame with guilt. Guilt is when you think, "I did something bad," which can motivate you to make amends.

Shame, on the other hand, makes you feel, "I am bad," leading to a sense of paralysis and inaction. Guilt is about what you've done; shame is about who you are.

Shame shows up in our bodies in noticeable ways. You might feel your face flush, your eyes drop, your posture slump, or your head lower. These reactions come from deep within our brain's limbic system, which handles our emotions.

When we feel shame, our instinct is to withdraw and hide to avoid feeling exposed or judged.

Internally, shame can be one of the most painful emotions. It can make you hyper-aware of yourself or, conversely, disconnected from your body. You might feel like you want to "crawl out of your own skin." Shame focuses intensely on your sense of self, often leading to lowered self-esteem and increased self-criticism.

The impact of shame on mental health can be significant. When it lingers, shame can spiral into depression, creating a cycle where each feeling feeds the other. It can also heighten anxiety, as your body reacts to the perceived threat of judgment from others.

However, healing from shame is possible. One helpful strategy is to recognize and name your feelings. This helps connect your emotional and rational thoughts, making the shame feel less overpowering. Grounding yourself can also be very calming--feeling your feet firmly on the ground, placing a hand on your chest, and taking deep breaths can soothe your body's stress response. Sharing your feelings of shame with a trusted person can also be incredibly healing. Talking about your shame can reduce its power, turning a non-verbal experience into something more manageable and less isolating.

Shame often makes us want to hide, but true healing comes from allowing yourself to be seen and supported. If you find yourself struggling with shame, reaching out to a mental health professional can be an important and compassionate step towards healing. You're not alone in this, and there is help available to guide you through.

(The views and opinions expressed in this article are those of the author and do not necessarily reflect the official policy or position of the Daily Tribune)

CELEBS

celebs

Katherine Schwarzenegger and Chris Pratt 'expecting another baby'

Bang Showbiz | Los Angeles

Katherine Schwarzenegger is pregnant.

The 34-year-old author already has daughters Lyla, three, and two-year-old Eloise with husband Chris Pratt - who is also dad to 11-year-old Jack from his marriage to Anna Faris - and now the couple have another baby on the way, People magazine reports.

Sources also confirmed the

news to TMZ, though it is unknown if Katherine is expecting a baby boy or a girl, or when she is due to give birth.

On Friday (28.06.24) morning, Katherine had shared some photos of a family outing, but she only appeared in the first picture and had her back to the camera, so no bump was visible.

She captioned the Instagram post: "Things that make me happy: A gloomy morning followed by a barn visit [smiley face and

heart emojis] (sic) "

Katherine previously spoke of how she is happy to ask for help when it comes to juggling raising her family with her writing work and hosting her 'BDA Baby' Instagram Live series.

Speaking at DSW's 'Best Foot Forward' panel event in honour of Women's History Month in March 2023, she said: "I'm a big believer [in asking for help] - I feel like on Instagram we see all these moms that are like, 'I'm

doing it all, I'm doing it all, I'm doing it all on my own,' blah-blah and I'm like, 'I don't want to do it all on my own.'

"I want to lean on my sister, I want to lean on my mom, I want to lean on my girlfriends, my mom friends. I want to be honest and transparent and also say, 'I can't make this today. My kid's sick. She was up all night teething. I need to be a mom right now.'

"So I think being able to be

open about the fact that you don't have to do it all, you can lean on people, you can enlist help from others and being okay with that.

"That, I feel, is such a big struggle for women in general, but I think especially if you're balancing multiple roles, is saying, 'I need help today,' and that's okay."



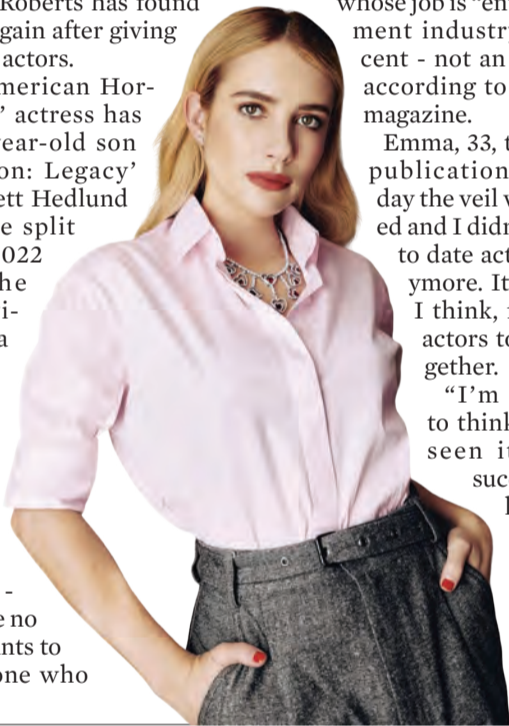
Chris Pratt and Katherine Schwarzenegger

Emma Roberts finds love again after giving up dating actors

Bang Showbiz | Los Angeles

Emma Roberts has found love again after giving up dating actors.

The 'American Horror Story' actress has a three-year-old son with 'Tron: Legacy' star Garrett Hedlund - who she split from in 2022 - and she was previously in a relationship with her TV co-star Evan Peters, but Emma has revealed she no longer wants to date anyone who



Emma Roberts

works in front of the camera and now has a new boyfriend whose job is "entertainment industry-adjacent - not an actor", according to Flaunt magazine.

Emma, 33, told the publication: "One day the veil was lifted and I didn't want to date actors anymore. It's hard, I think, for two actors to be together.

"I'm trying to think if I've seen it done successfully. Also, the actors I've been with bor-

der on method actors, and that is something that I think is extremely difficult to be in a relationship with - at least for me, especially the characters that they were playing."

She did not reveal any more details about her new mystery man, only explaining he is "online", joking: "If you want to send a girl crazy, don't have Instagram."

Emma went on to explain she feels grateful to have grown up in the era before social media and now only uses apps like Instagram for "fun".

She said: "I feel like, in a way I got to hang on to some innocence longer. I know everyone has a different take on how celebrities or people should be online and how serious they should be.

"My social media is for fun, it's for reading, it's for fashion, but if you want to get really deep

with me or know what I think about things, you're not going to see it posted on my social media."

It comes after the actress insisted she finds fame "scary" after seeing the effect it had on the life of her famous aunt, Julia Roberts, as well as her actor dad Eric Roberts.

Emma - who made her acting debut aged nine in 2001's 'Blow' alongside Johnny Depp and Penélope Cruz - told the 'Table for Two' podcast with Bruce Bozzi: "(I) saw very up close what (being famous) really looks like [with Julia].

"It's obviously fun and it's great but there is a part of it that's really scary. [For me], fame has never been the goal, because fame at a certain level is kind of scary ... when you've seen fame like that up close and you see what that really does to people (and) their families."

Working with Meryl Streep was a dream, says Selena Gomez

Bang Showbiz | Los Angeles

Selena Gomez fulfilled a "dream" by working with Meryl Streep.

The 31-year-old actress starred alongside Meryl, 75, in season three of 'Only Murders in the Building' and Selena has admitted that she relished the experience of working

with the award-winning actress.

The brunette beauty - who plays Mabel Mora on the hit TV show - said on Jimmy Kimmel Live!: "Meryl was a dream, truly a dream ... I mean, as an actress, you can only dream to work with someone as great as her.

"But she would just dally around as if she was just part of our family. She would sing songs barefoot and talk to everyone. That was elegant - to me, that was true class."

Paul Rudd also starred in season three of the show, and Selena admitted to having had a crush on her former co-star.



Selena Gomez

Camila Cabello's image reboot 'has been risky'

Bang Showbiz | Los Angeles

Camila Cabello accepts that her rebrand is a "risky" move.

The 27-year-old pop star dyed her hair blonde and embraced a new sound ahead of releasing 'C,X-OXO', her fourth studio album, and Camila believes her image reboot comes with some risk attached to it.

Speaking to Complex, she explained: "It's so ironic. I feel like the inauthentic thing to do would be to give the public what you know is gonna work for you, or what they're already expecting from you. That's the easy way to keep going like, 'Oh,

you like 'Havana', I'll give you five more of those'.

"But, it's so much more risky and comes from a place of artistic integrity to be like, 'Well, I'm actually going to depart from the thing that everybody knows and likes about me in order to try things and experiment and evolve as an artist.'"

Camila feels she's still "learning to be a woman".

The former Fifth Harmony star believes her personal evolution is reflected on her new album.



Camila Cabello

Hugh Jackman confesses turning 55 means increasing beauty regime

Bang Showbiz | Los Angeles

Hugh Jackman has confessed turning 55 means increasing his beauty regime.

The 'Wolverine' actor, who reached the milestone on 12 October, 2023, has admitted he uses eye patches to prevent his black bags and soothe the wrinkles.

He posted an image of himself sporting two Augustinus Bader The Eye Patches, which go for \$23, with the caption: "This is 55."

The product is a celebrity favourite and contains ingredients including acetylated hyaluronic

acid to hydrate and lift the skin.

The Marvel star isn't the only famous face to rely on Augustinus Bader's luxe skincare products, with A-listers including Margot Robbie, 34, Hailey Bieber, 27, Kim Kardashian, 43, and Victoria Beckham, 50, also fans of the product.

Hugh has been posting upbeat messages on his Instagram since his split from his 68-year-old actress wife Deborra-lee Furness.

The pair last year shocked fans when they announced they were divorcing in September as their marriage was thought to be one of the most solid in

Hollywood.

The couple announced their break-up in a statement that said: "We have been blessed to share almost three decades together in a wonderful, loving marriage. "Our journey now is shifting and we have decided to separate to pursue our individual growth.

"Our family has been and always will be our highest priority. We

undertake this next chapter with gratitude, love, and kindness.

"We greatly appreciate your understanding in respecting our privacy as our family navigates this transition."

The couple have two children - Oscar, 24, and 18-year-old Ava - and were together for decades after tying the knot in 1996 after crossing paths on the set of TV mini-series 'Correlli' in 1994.



Hugh Jackman

SUDOKU

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			4		7			
8						3		
9	8	1						7
5	7	2				1		
		4						6

Yesterday's solution

9	5	7	2	6	3	8	1	4
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7	9	5	3	8	6	1	4	2
6	1	8	4	2	9	3	7	5
4	3	2	7	5	1	9	8	6
1	4	3	5	7	2	6	9	8
5	7	9	6	3	8	4	2	1
2	8	6	1	9	4	7	5	3

How to play

Place a number in the empty boxes in such a way that each row across, each column down and each 9-box square contains all of the numbers from one to nine.

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12
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54											

Across

1- Singer Redding; 5- "Othello" villain; 9- Lukas of "Witness"; 13- Voting-pattern predictor; 14- Partly melted snow; 16- Strike callers; 17- Wall covering slab for a kitchen or bathroom; 18- Lover of Juliet; 19- Atomizer output; 20- Ark; 22- Swaps; 24- Salty Midwestern body; 27- At what time; 28- Imaginary; 29- Divinity; 33- Tale; 34- Vicinity; 35- Bush alma mater; 36- Russert of "Meet the Press"; 37- Lie; 38- Bro counterpart; 39- Historic times; 41- Sunset direction; 42- Out of the way; 44- Uneasy; 46- Shuts; 47- Encourage in wrongdoing; 48- Grating sound; 49- Need for liquid; 52- Freight weight; 53- Pro (proportionally); 57- Romance novelist Victoria; 58- side of caution; 60- Irish island group; 61- "quam videri" (North Carolina's motto); 62- Library no-no; 63- Japan's first capital; 64- Somewhat; 65- Cornerstone abbr.; 66- Ed and Mel of baseball;

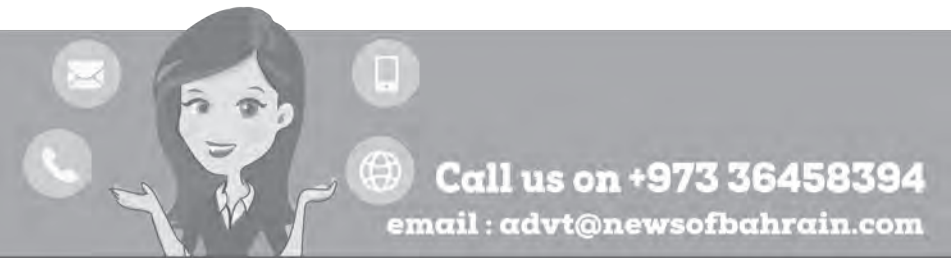
Down

1- Make a choice; 2- French pronoun; 3- Ailing; 4- Thin; 5- Sharon's land; 6- Hawaiian hello; 7- Wrigley varieties; 8- Sugar suffix; 9- From a personal standpoint; 10- Among; 11- Church section; 12- Fast jets, for short; 15- Short-tempered person; 21- Anthem opener; 23- Vintage car; 24- Cloth for cleaning horizontal surfaces; 25- Whole; 26- Pleasant smells; 27- Cereal grain; 29- Lock of hair; 30- Watering hole; 31- Move effortlessly; 32- Affirmatives; 34- This is only...; 37- Add sugar; 40- Began; 42- Gore and Hirt; 43- Highest singing voice in women; 45- Weigh-in abbr.; 46- Preserved in a metal container; 48- Perch; 49- Take Train; 50- Emcee; 51- "Casablanca" role; 52- Speaker of baseball; 54- I smell...; 55- Fruit-filled pie; 56- Collections of anecdotes; 59- School of the future?;

Yesterday's solution

T	A	S	E	R	E	A	R	S	A	S	S	T				
A	L	O	N	E	E	M	I	T	N	A	T	E				
R	A	C	E	S	R	E	D	D	K	N	E	E				
S	R	I	C	L	I	N	E	A	L	A	R	M				
A	B	U	S	E	O	C	E	A	N							
K	I	L	L	E	D	P	I	N	O	T						
E	R	I	E			W	A	T	E	R	W	E				
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A	C	E	D			M	A	N	N		A	R	E	S	T	

Classifieds



VACANCIES AVAILABLE

AHMED MOHAMMED JASSIM CONSTRUCTION CO. W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17784584 or HR@AMJASSIM.COM

AL MOAYYED LANDSCAPES AND SWIMMING POOLS has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 39770606 or profice@almoyyedcg.com

KABAB HOUSE BAHRAINI PARTNERSHIP COMPANY has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 16161600 or MUNIRSIDDIQI@GMAIL.COM

ABACUS BUILDERS COLLAGE W.L.L. has a vacancy for the occupation of GYPSUM CARVER, suitably qualified applicants can contact 17789689 or GOLDNEON@BATELCO.COM.BH

ALGHANIM INTERNATIONAL GENERAL TRADING AND CONTRACTING CO. - For has a vacancy for the occupation of STEEL FABRICATOR, suitably qualified applicants can contact 17300616 or karim.eissa@falghanim.com

Stiller Agency for the Supply Workers w. l. l has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 17717730 or rsuresh@alazzamgroup.com

GOURMET JOJO W.L.L. has a vacancy for the occupation of FOOD SERVICE WORKER, suitably qualified applicants can contact 17001720 or PRINCEBURGER@GMAIL.COM

RAQUEL SECRETS BEAUTY SALON W.L.L. has a vacancy for the occupation of BEAUTICIAN, suitably qualified applicants can contact 36555316 or mastersgatefbs@gmail.com

MOON FLARE REAL ESTATE has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 35542067 or MOONFLARE204@GMAIL.COM

MEGROCE HYPERMARKETS W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17442467 or KHALIL_ASFOOR@OUTLOOK.SA

CAPABLE MEN TAILORING has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33932327 or FADILA.ABD.87@CLOUD.COM

THE BRITISH SCHOOL OF BAHRAIN/ has a vacancy for the occupation of TEACHER, suitably qualified applicants can contact 17610920 or hrcv@thebsbh.com

NAIM LADIES TAILORING has a vacancy for the occupation of TAILOR, MADE-TO MEASURE GARMENTS (LADIES), suitably qualified applicants can contact 36369032 or HMDSQR05@GMAIL.COM

BRUJU RESTAURANT has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33020130 or DAYANFASHIONBH@GMAIL.COM

SHUHDI FOR REAL ESTATE ACTIVITIES has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33020130 or DAYANFASHIONBH@GMAIL.COM

NEXT MEDIA CO W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 35384753 or BILAL.AHMEDI@NEXTMEDIABH.COM

WALAHA RESTAURANT has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 37373727 or AYMAN.MOHAMMED1988@GMAIL.COM

SMAZILLA FACILITY SUPPORT SERVICES CO. W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 35642739 or SABEEQA456@GMAIL.COM

RED JEWEL BUSINESS SUPPORT W.L.L. has a vacancy for the occupation of ACCOUNTANTS, suitably qualified applicants can contact 35549044 or NAJATELBOANANI2025@GMAIL.COM

JUFFAIR BOULEVARD HOTEL & SUITES W.L.L. has a vacancy for the occupation of BREAD BAKER, suitably qualified applicants can contact 35475656 or HR@JUFFAIRBOULEVARD.COM

AL UMNIA MEDICAL EQUIPMENT W.L.L. has a vacancy for the occupation of MARKETING SPECIALIST, suitably qualified applicants can contact 36350010

MOHAMMED RIZWAN ALUMINIUM CO. W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 35964321 or MOHDRIZWANBUTTI127@GMAIL.COM

MARUHA CAFETERIA W.L.L. has a vacancy for the occupation of WAITER, suitably qualified applicants can contact 77921555 or BH.RASHEDI2@GMAIL.COM

SAHAB GEE SERVICES W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 36569522 or ADNAN-JATTI414@GMAIL.COM

RAJ BHOJ RESTAURANT AND CATERING W.L.L. has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 33340786 or JAROLI1962@GMAIL.COM

SURESAFE COMBINED FACILITIES SUPPORT ACTIVITIES W.L.L. has a vacancy for the occupa-

tion of WORKER, suitably qualified applicants can contact 33922614 or SURESAFE@GMAIL.COM

7DIMENSION SALE TRADE OF CONSTRUCTION MATERIALS W.L.L. has a vacancy for the occupation of SUPERVISOR, suitably qualified applicants can contact 34234778 or N82564326@GMAIL.COM

H RESTAURANT AND LOUNGE has a vacancy for the occupation of WAITER, suitably qualified applicants can contact 38370370 or hlounge-bahrain@gmail.com

SEEKH BURGER SEEKH TIKKA has a vacancy for the occupation of WAITER, suitably qualified applicants can contact 66355825 or ABDUL-LAY165@GMAIL.COM

NEHLA MEDICAL CENTER W.L.L. has a vacancy for the occupation of ACCOUNTANTS, suitably qualified applicants can contact 77926666 or AFFANDESHMUKH@ROCKETMAIL.COM

DANESH FOOD STUFF W.L.L. has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 39664685 or WAGHOODANISH@YAHOO.COM

TARIQ BEN ZIAD AND SONS CO W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 32243124 or ALIBHETTI5358@GMAIL.COM

KHAT AL MADEENA AUTO MAINTENANCE WORKSHOP W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 34164538 or KAMIKING4450@GMAIL.COM

DESI ADDA CAFE W.L.L. has a vacancy for the occupation of WAITER, suitably qualified applicants can contact 33585971 or ADDACAFEBH@GMAIL.COM

MOUNTAIN HILLS SERVICES AND MAINTENANCE COMPANY W.L.L. has a vacancy for the occupation of TECHNICIAN, suitably qualified applicants can contact 34429261 or JEFNISHANAVAS456@GMAIL.COM

KXC COMPANY W.L.L. has a vacancy for the occupation of WORKER(SALES), suitably qualified applicants can contact 33543825 or kamal89@GMAIL.COM

MUHAMMAD HAMID CLEANING W.L.L. has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 33252730 or muhammadhamidh34@gmail.com

ICON SAFETY AND SECURITY W.L.L. has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 35019199 or ALOUSHATHARI@GMAIL.COM

MORDI MOR FOR DESIGN TRAINING PROGRAMMES W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33440122 or MEJULUS@GMAIL.COM

LAL CONTRACTING W.L.L. has a vacancy for the occupation of PROJECTS COORDINATOR, suitably qualified applicants can contact 33229998 or LALLALBAHRAIN@GMAIL.COM

GOLDEN STAR CONSULTANCY W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33128786 or syedshah.bh@gmail.com

NEPAL DHARAN RESTAURANT W.L.L. has a vacancy for the occupation of WAITER (GENERAL), suitably qualified applicants can contact 17001056 or ayobifm@gmail.com

MARAN CONSTRUCTIONS EST. has a vacancy for the occupation of MASON ASST, suitably qualified applicants can contact 39409898 or thani155@hotmail.com

D S I M CARGO W.L.L. has a vacancy for the occupation of DRIVER, suitably qualified applicants can contact 33701576 or MR.ASLAM.BH@GMAIL.COM

RAMADAN FOR FACILITIES SUPPORT W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 37420123 or RAMZANMAHAR917@GMAIL.COM

ALADALAH GENTS TAILORING W.L.L. has a vacancy for the occupation of TAILOR, suitably qualified applicants can contact 33225888 or SUITMEBH@GMAIL.COM

Seventies Karak has a vacancy for the occupation of SANDWICHES MAKER, suitably qualified applicants can contact 36255456 or FASALUT-PFAZAL@GMAIL.COM

AMOW ORHANE GENTS SALON has a vacancy for the occupation of BARBER, suitably qualified applicants can contact 39461221 or JAIDA.ALALAWI@ALIKHALAF.COM

SOWALEF FASHION has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 34364004 or ALKOFE77@GMAIL.COM

GRIP MACHINERY AND RELIABILITY SERVICES CO. W.L.L. has a vacancy for the occupation of TECHNICIAN, suitably qualified applicants can contact 34557070 or finance@grip-machinery.com

GULF AGENCY CO. BAHRAIN W.L.L. has a vacancy for the occupation of REPRESENTATIVE(-COMPANY), suitably qualified applicants can contact 17339777 or admin.bahrain@GAC.COM

or ALANSARI@AREENAGROUP.COM

ELITE FACILITY MANAGEMENT CO W.L.L. has a vacancy for the occupation of CLEANER (GENERAL), suitably qualified applicants can contact 17382228 or MUSTAFA@ELITEFMC.COM

AL ASHKAL PALACE CONTRACTING has a vacancy for the occupation of CARPENTER, suitably qualified applicants can contact 17665600 or ALASHKALP@GMAIL.COM

Dream World Construction Co. W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 39252020 or sharef.works@gmail.com

The Arch Hotel W.L.L. has a vacancy for the occupation of TECHNICIAN(MAINTENANCE), suitably qualified applicants can contact 17116611 or CORP@DADABAI.COM

BBVV COMPANY W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33857586 or TRR2412@GMAIL.COM

HSBC BANK MIDDLE EAST LIMITED has a vacancy for the occupation of MANAGER, suitably qualified applicants can contact 17569999 or bahrain.recruitment@hsbc.com

NASSER ABD MOHAMMED B.S.C(CLOSED) has a vacancy for the occupation of RIGGER, suitably qualified applicants can contact 17700888 or NASSERAB@BATELCO.COM.BH

SIAM FOR MASSAGE has a vacancy for the occupation of MASSEUR, suitably qualified applicants can contact 17261222 or almatoo-ggroups2023@gmail.com

BASHAR STAR GENTS SALON has a vacancy for the occupation of BARBER, suitably qualified applicants can contact 17261222 or info@almatooq.com

BASHEER CAFETERIA has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17333379 or s_hawaj@hotmail.com

AHMED NASS CONSTRUCTION has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17789469 or ancbh1166@gmail.com

DESIGN SALON has a vacancy for the occupation of BARBER, suitably qualified applicants can contact 33444404 or Kabdulla2009@hotmail.com

EAGLE LAUNDRY has a vacancy for the occupation of PRESSER (HAND), suitably qualified applicants can contact 39179077 or adraj1@gmail.com

MANAMA PRINTING PRESS W.L.L. has a vacancy for the occupation of BOOKBINDER, suitably qualified applicants can contact 17253399 or MANAMAPRINTER@GMAIL.COM

ALUSERV MIDDLE EAST has a vacancy for the occupation of SUPERVISOR, suitably qualified applicants can contact 17830002 or mjaleel@harsco.com

Strong Force-MGC W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 36065102 or jessica@alghanah.com

SHAIKHAN ELECTRONICS has a vacancy for the occupation of HEAVY DRIVER, suitably qualified applicants can contact 33449266 or JAMALAL-AISH@YAHOO.COM

Pak al-Buraq cargo Handling has a vacancy for the occupation of DRIVER, suitably qualified applicants can contact 36660601 or HAFEZ-BH33@GMAIL.COM

FRAPPE CAFE has a vacancy for the occupation of WAITER, suitably qualified applicants can contact 33362110 or DALAL_ALMERAISIT@ICLOUD.COM

URBASER BAHRAIN CO W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17534342 or sajlmath@urbaser.com

NASS CONTRACTING COMPANY (W.L.L) has a vacancy for the occupation of HEAVY DRIVER, suitably qualified applicants can contact 39470985 or yousif@aanass.net

UNIVERSAL ALUMINIUM CO. has a vacancy for the occupation of ALUMINIUM TECHNICIAN (GENERAL), suitably qualified applicants can contact 39939885 or hrd@arcal.biz

VIBRANT SERVICES W.L.L. has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 17615858 or JALALEBRAHIM@GMAIL.COM

EAST PLUM CONTRACTING W.L.L. has a vacancy for the occupation of TECHNICIAN(MAINTENANCE), suitably qualified applicants can contact 17601643 or PHAGAMAS.COURTS@EASTPLUM.COM

M K A MECHANICAL CONTRACTS has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 39611612 or MKA.MC.BAH@GMAIL.COM

COURIERX W.L.L. has a vacancy for the occupation of DRIVER, suitably qualified applicants can contact 38870666 or HAMAD@COURIERX.COM

business.bh@gmail.com

INTERIOR INGENUITY W.L.L. has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 34584631 or GHULAM-HUSSAIN2916@GMAIL.COM

SHER WAHID CO W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33694552 or BAIG.CLC@GMAIL.COM

MARYAM RASHED ISMAEEL BUILDING COMPLETION has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 35137132 or MARZOOM013@GMAIL.COM

A TO A A MARKETING W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33701470 or AZM.BH.PK@GMAIL.COM

ST CHRISTOPHERS SCHOOL / ISA TOWN has a vacancy for the occupation of TEACHER, suitably qualified applicants can contact 17605424 or Recruitment@school.st-chris.net

Mechanical Contracting & Services Company W.L.L. has a vacancy for the occupation of TECHNICIAN, suitably qualified applicants can contact 36937988 or MCSC@MCSCWLL.COM

NASS CONTRACTING COMPANY (W.L.L) has a vacancy for the occupation of WELDER, suitably qualified applicants can contact 39470985 or yousif@aanass.net

MADAN ELECTRICAL CONTRACTING CO W.L.L. has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 17406677 or CAPITALS@BATELCO.COM.BH

AL-AHLIA CONTRACTING CO. W.L.L. has a vacancy for the occupation of CARPENTER, suitably qualified applicants can contact 17737000 or h.s.m1111@gmail.com

MADREED ALUMINIUM has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 39098999 or madridgroup@gmail.com

ALDOOR EXCAVATION & BUILDING CONTRACTING CO. W.L.L. has a vacancy for the occupation of OPERATOR(EXCAVATION MACHINE), suitably qualified applicants can contact 17877246 or zainabhr@aldoorbh.com

POULLAIDES CONSTRUCTION COMPANY W.L.L. has a vacancy for the occupation of MASON, suitably qualified applicants can contact 39093137 or PCCBAH@BATELCO.COM.BH

Secure Me W.L.L. has a vacancy for the occupation of SECURITY GUARD, suitably qualified applicants can contact 17749697 or secure.me@live.com

M I CONTRACTING has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 66600200 or M.I.75@HOTMAIL.COM

BURGERLAND RESTAURANT W.L.L. has a vacancy for the occupation of STOREKEEPER, suitably qualified applicants can contact 17157777 or tina@jasrgroup.co

AHMED QAED CONSTRUCTION ESTABLISHMENT W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17826260 or info@CIHBAHRAIN.COM

TAPSILOGAN RESTAURANT has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 39656638 or parisna.saad@gmail.com

LAZER AUTO SERVICES W.L.L. has a vacancy for the occupation of CAR WASHER/CLEANER, suitably qualified applicants can contact 17711335 or HASSAN@EMAAR.BH

AL SHAHAR ALKAREEM CAFETERIA has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 39863040 or SHAHAR-H@HOTMAIL.COM

MERCURY CONTRACTING CENTRE has a vacancy for the occupation of MASON, suitably qualified applicants can contact 39667181 or mjmh69@hotmail.com

JARADAH FIBRE GLASS AND MARINE MAINTENANCE has a vacancy for the occupation of MECHANIC, suitably qualified applicants can contact 36365664 or AM.JARADAH@GMAIL.COM

FOUAD CARPENTRY ESTABLISHMENT has a vacancy for the occupation of CARPENTER, suitably qualified applicants can contact 17786098 or fouadgeneraltrade@gmail.com

A.AHMED NASS CONTRACTING CO. has a vacancy for the occupation of OPERATOR(EXCAVATION MACHINE), suitably qualified applicants can contact 39470985 or yousif@aanass.net

ALDOY CONTRACTING W.L.L. has a vacancy for the occupation of MASON, suitably qualified applicants can contact 33343374 or Aldoy.contracting53@GMAIL.COM

ALAYAM PUBLICATION ESTABLISHMENT W.L.L. has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 17617777 or ALIYAHMADI@ALAYAM.COM

PANEER CORNER RESTAURANT has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 39467267 or RED.FLOWER848@HOTMAIL.COM

ALFADHELA FOOD CENTER has a vacancy for the occupation of CASHIER, suitably qualified applicants can contact 39935528 or MUNEER.

AQLAN@GMAIL.COM

MUHAMMADAIN LAUNDRY has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33050508 or BBBB1122BBB@HOTMAIL.COM

TOWN BRIDE FASHIONS has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33389991 or HQROOF@EAMCO.BH

GHUSN ALRUMAN FASHIONS has a vacancy for the occupation of TAILOR, suitably qualified applicants can contact 33256669 or BORJ-ALASAD@HOTMAIL.COM

RIVA has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 32111352 or shadi@ARMADAGROUP.CO.COM

A.AHMED NASS CONTRACTING CO. has a vacancy for the occupation of HEAVY EQUIPMENT OPERATOR, suitably qualified applicants can contact 39470985 or yousif@aanass.net

SULTANAH SCRAP CO. W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 36371263 or SULTANAHWLL@GMAIL.COM

CAR DECOR FOR CAR ACCESSORIES has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 39122259 or ALWANID00@HOTMAIL.COM

BUKHOWA HOTEL W.L.L. has a vacancy for the occupation of SUPERVISOR(HOUSEKEEPING AFFAIRS), suitably qualified applicants can contact 38407870 or pro@ramadamanama-city-centre.com

THE NOODLE HUB RESTAURANT has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 39242994 or AL-AHAKHEEM@HOTMAIL.COM

JBF BAHRAIN W.L.L. has a vacancy for the occupation of SHIFT LEADER, suitably qualified applicants can contact 17181500 or HUSSAIN-ALI@JBFBAH.COM.BH

AL TAWFEER BRAND TRADING has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33850278 or MOHAMMAD.Z.ALIZ818@GMAIL.COM

Ahmadi carpentry has a vacancy for the occupation of CARPENTER, suitably qualified applicants can contact 33707595 or ABDULLAHUS-SAIN117@GMAIL.COM

ALMARAM PALACE CONSTRUCTION has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 38038999 or SALMAN.HASSAN.89@GMAIL.COM

BDC MANPOWER SERVICES W.L.L. has a vacancy for the occupation of WORKER/PACKER, suitably qualified applicants can contact 17180530 or mona.alnokhedha@bas.com.bh

VIBRANT SERVICES W.L.L. has a vacancy for the occupation of SECURITY MAN, suitably qualified applicants can contact 17615858 or JALALEBRAHIM@GMAIL.COM

NASS CONTRACTING COMPANY (W.L.L) has a vacancy for the occupation of OPERATOR(EXCAVATION MACHINE), suitably qualified applicants can contact 39470985 or yousif@aanass.net

Mohammed Noor AlBukhari Catering has a vacancy for the occupation of CHEF, suitably qualified applicants can contact 66963868 or hisham@bokhari.net

GULF AIR B.S.C. (C) has a vacancy for the occupation of CABIN CREW / FLIGHT STEWARD, suitably qualified applicants can contact 17337804 or recruitment@gulfair.com

NASS CONTRACTING COMPANY (W.L.L) has a vacancy for the occupation of LABOURER, suitably qualified applicants can contact 39470985 or yousif@aanass.net

ALSULTAN BAKERY has a vacancy for the occupation of WORKERS(FOOD & BEVERAGES INDUSTRY), suitably qualified applicants can contact 17404270 or ALIALALAWI2008@YAHOO.COM

ALMOAYYED CONTRACTING GROUP W.L.L. has a vacancy for the occupation of GUARD (ESTABLISHMENT SECURITY), suitably qualified applicants can contact 17400407 or profice@almoyyedcg.com

SITRA MEAT FACTORY. W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17732252 or gm@sitra-factory.com

MAXEL INTERNATIONAL CONTRACTING has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 39944412 or ABUTHARI1975@GMAIL.COM

RJ CLASSIC TAILORING has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17223297 or ANAYATABDUL-HAMEED@YAHOO.COM

AL AHBAR BUILDING CONSTRUCTION EST has a vacancy for the occupation of HEAVY EQUIPMENT OPERATOR, suitably qualified applicants can contact 17291499 or alahbarconstruction@gmail.com

WESTPOINT HOME BAHRAIN W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17838129 or

ADEL.JABBER@WPHOME.COM

JOHNNY & CO. W.L.L. has a vacancy for the occupation of MASSEUR, suitably qualified applicants can contact 17583362 or JOHNNY.COM-PANY@GMAIL.COM

FLORIDA GULF CONSTRUCTION has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33323995 or hr@jaradahfish.com

ALYAMAMA HOUSE FOR CLEANING CONTRACTING W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17345569 or YAMAMAHOUSE1@GMAIL.COM

DREAMMAN COMPANY W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33470547 or SUJITH686633@YAHOO.CO.IN

Seven Energy W.L.L. has a vacancy for the occupation of SOUND EQUIP.OPERATOR & PROJECTIONIST, suitably qualified applicants can contact 17500791 or hr@seven-energy.com

S AHMAD OTHER INFORMATION TECHNOLOGY SERVICES W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 0 or SHAHZAD.BH.PK@GMAIL.COM

ADDRESS SECURITY W.L.L. has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 13338233 or ACCOUNTS@ADDRESSSECURITY.COM

POWER HAMMER CONSTRUCTION OF FLOATING STRUCTURE W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 36049500 or RAFAQAT4162@GMAIL.COM

OSMAN & TAHER ELECTRONIC EQUIPMENT REPAIR WORKSHOP BAHRAINI PARTNERSHIP COMPANY has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 37360979 or USMANAHAD31@GMAIL.COM

LE AMAN SERVICES CO W.L.L. has a vacancy for the occupation of HEAVY DRIVER, suitably qualified applicants can contact 33574121 or NH214748@GMAIL.COM

MOHAMED EBRAHIM ALAFAIN TRADING EST. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 39409051 or MOHAMMED_ALJALOOT@CLOUD.COM

RIC'S COUNTRY KITCHEN W.L.L. has a vacancy for the occupation of ASSISTANT MANAGER, suitably qualified applicants can contact 33577551 or NEDAL2904@YAHOO.COM

ABU HUSSAIN FOOD STUFF has a vacancy for the occupation of HEAVY DRIVER, suitably qualified applicants can contact 39653135 or TAWEELJAMAL@GMAIL.COM

Classifieds

VACANCIES AVAILABLE CONTINUED

SIGNATURE HOTEL (FOUR SEASONS BAHRAIN BAY) COMPANY W.L.L has a vacancy for the occupation of MARKETING SPECIALIST, suitably qualified applicants can contact 17115000 or E.HAB.ZAINUDDIN@KEYPOINT.ME

A Y A SHIPPING AND CARGO W.L.L has a vacancy for the occupation of ACCOUNTANTS, suitably qualified applicants can contact 66666651 or Ayacargo@gmail.com

ALNASHABA LAUNDRY has a vacancy for the occupation of PRESSER (HAND), suitably qualified applicants can contact 33220005 or GHARAMALKHAYAT@GMAIL.COM

Nawaz grill has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 33118489 or ILAHORI@YAHOO.COM

SITRA MEAT FACTORY. W.L.L has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17732252 or gm@sitrafactory.com

NASS MARINE SHIPYARD COMPANY W.L.L has a vacancy for the occupation of WELDER, suitably qualified applicants can contact 17725522 or yousif@aanass.net

UMM ALSUBBAN MECHANICAL CONTRACTS has a vacancy for the occupation of STEEL FABRICATOR, suitably qualified applicants can contact 17491190 or usmc@batelco.com.bh

SUWAIKET RESTAURANT W.L.L has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 17225137 or JMSHETTY1@HOTMAIL.COM

Al Ameen Transport has a vacancy for the occupation of ELECTRICIAN, suitably qualified applicants can contact 17722778 or ALAMEEN1@BATELCO.COM.BH

ALMOAYYED INTERIORS has a vacancy for the occupation of CARPENTER, suitably qualified applicants can contact 17400407 or profice@almoayyedcg.com

SITRA MEAT FACTORY. W.L.L has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 17732252 or gm@sitrafactory.com

BATSCO CO.W.L.L has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33644886 or hr@BATSCO.NET

NASS MARINE SHIPYARD COMPANY W.L.L has a vacancy for the occupation of WELDER, suitably qualified applicants can contact 17725522 or yousif@aanass.net

KAFILAN CONSTRUCTION has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 39871069 or ADEL.JABBER@WPHOME.COM

ALMAALI PROPERTIES has a vacancy for the occupation of ACCOUNTANT(GENERAL), suitably qualified applicants can contact 32060341 or ADILHASSAN0341@MAIL.COM

CONSTRUCTION LAB CONTRACTING Company W.L.L has a vacancy for the occupation of PROJECTS COORDINATOR, suitably qualified applicants can contact 39992297 or fadi@constructionlab.com

RATHOD OPTICIANS W.L.L has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 39188347 or DRATHOD1981@GMAIL.COM

AMAZING TOWER CONSTRUCTION has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33000206 or shawqifarhan@gmail.com

NAREES BUILDMASTERS CONTRACTING has a vacancy for the occupation of PAINTER, suitably qualified applicants can contact 34501667 or human.resources.ngc@gmail.com

Dream World Construction Co. W.L.L. has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 39252020 or sharef.works@gmail.com

NASS MARINE SHIPYARD COMPANY W.L.L has a vacancy for the occupation of RIGGER, suitably qualified applicants can contact 17725522 or yousif@aanass.net

Al amoor Middle East Cleaning Co.W.L.L. has a vacancy for the occupation of CLEANER (GENERAL), suitably qualified applicants can contact 36410050 or SAMEER.SAYED4U@GMAIL.COM

Vega International Service Wll has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 36666996 or M.K.AL-MUSALAM@GMAIL.COM

ESKY FOR CONSTRUCTION & TRANSPORTATION has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33394441 or Mooooh1986@gmail.com

MAST CONSTRUCTION has a vacancy for the occupation of SAFETY OFFICER, suitably qualified applicants can contact 36752143 or INFO-MASTCONTRACTING@GMAIL.COM

First Choice Cleaning Services Co. W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 36491411 or MURTAZAWALI100@GMAIL.COM

PRO STITCH GARMENTS FACTORY CO. W.L.L has a vacancy for the occupation of TAILOR, suitably qualified applicants can contact 77082293 or prostitchgarments.bh@gmail.com

FOR LINE REAL ESTATE W.L.L has a vacancy for the occupation of WORKER, suitably qualified applicants can contact 33371333 or YUSUFALQABAS@GMAIL.COM

NASS MARINE SHIPYARD COMPANY W.L.L has a vacancy for the occupation of FIRE & SAFETY SPECIALIST, suitably qualified applicants can contact 17725522 or yousif@aanass.net

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HH Shaikh Khalid highlights Bahrain's commitment to youth empowerment



HH Shaikh Khalid bin Hamad Al Khalifa

Hussain Almaskati TDT | Manama

His Highness Shaikh Khalid bin Hamad Al Khalifa, Supreme Council for Youth and Sports First Deputy Chairman, General Sports Authority (GSA), and Bahrain Olympic Committee President (BOC), reaffirmed Bahrain's dedication to supporting its youth. He emphasized the nation's commitment to creating an environment conducive to young people's aspirations, as directed by His Majesty King Hamad bin Isa Al Khalifa and supported by His Royal Highness Prince Salman bin Hamad Al Khalifa, the Crown Prince and Prime Minister. Efforts by His Highness Shaikh Nasser bin Hamad

Al Khalifa further strengthened this mission. On the occasion of Arab Youth Day, celebrated annually on July 5, His Highness congratulated all Arab youth, highlighting the importance of recognizing their role in shaping a brighter future for Arab societies. His Highness praised the ambition and creativity of Bahraini and Arab youth, noting their contributions to progress and development in various fields. He called for the combined efforts of governmental and private institutions to enhance initiatives aimed at promoting youth, urging young people to seize these opportunities and work diligently towards their goals.

Pogacar keeps Tour de France lead as Evenepoel wins time-trial

AFP | Gevrey-Chambertin

Tadej Pogacar dug deep to keep the overall Tour de France lead after yesterday's stage seven with Remco Evenepoel winning a thrilling 25.3km time-trial through the Burgundy vineyards. It was a first Tour de France stage win for the 24-year-old Belgian time-trial world champion who finished 12sec ahead of Pogacar, who was second on the day. Veteran Primoz Roglic was third at 34sec and two-time defending champion Jonas Vingegaard fourth at 37sec. The result leaves the so-called 'Fab Four' favourites in the top four positions after seven stages of the 21-day race. The four all sped down the starting ramp at Nuits-Saint-Georges within ten minutes of each other, making the finale a nail-biting edge of the seat affair. Time-keepers Tissot

employed state of the art cameras at three intermediate points along the route packed with fans as the fates swung one way then another. Evenepoel was powering ahead to a wider margin of victory before his gears stuck, a problem he solved by bouncing hard on his seat, testimony to his cool despite this being his first Grand Boucle. At the raucous finish line fans pounded on the barriers and cheered as the sea-saw struggle between the pretenders panned out well for all four of them.



Remco Evenepoel during the 7th stage

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Murray's emotional Wimbledon farewell

Tennis legend bids tearful goodbye in Wimbledon doubles loss, receives tributes from fellow champions

● **Andy Murray and brother Jamie lose in first round of men's doubles**

● **Federer, Nadal, and Williams among stars paying tribute**

● **Murray expresses desire to "play forever" despite physical challenges**

● **Tearful farewell on Centre Court, with family and rivals present**

AFP | London

Andy Murray suffered a losing start in his farewell to Wimbledon on Thursday, weeping openly in front of his adoring fans before admitting: "I wish I could play forever."

Murray, a two-time singles champion at Wimbledon, and brother Jamie were defeated 7-6 (8/6), 6-4 by Rinky Hijikata and John Peers of Australia in the first round of men's doubles.

It was the first episode of a retirement three-parter -- the 37-year-old Murray is scheduled to play mixed doubles with Emma Raducanu at Wimbledon before he retires at the Paris

YOU KNOW WHAT

Murray's retirement plan includes a three-part farewell: men's doubles at Wimbledon, mixed doubles with Emma Raducanu, and a final appearance at the Paris Olympics before retiring from professional tennis

Olympics.

After having a metal hip inserted in 2019, suffering ankle damage this year and undergoing surgery to remove a cyst from his spine which ruled him out of singles at Wimbledon, Murray has reluctantly accepted the writing is on the wall.

His career has yielded three Grand Slam titles, two Olympic golds, a Davis Cup and the world number-one ranking.

"Look it's hard because I would love to keep playing but I can't. Physically it is too tough now, all of the injuries, they have added up and they haven't been insignificant," he said.

'Love the sport'

"I want to play forever, I love

the sport and it's given me so much. It's taught me loads of lessons over the years I can use for the rest of my life. I don't want to stop so it is hard."

He added: "It was obviously really special to play with Jamie.

"We never got the chance to do it before (at Wimbledon). It was a bit of a race to get out here. Physically, it wasn't easy but I am glad we did it."

Tears flowed when video tributes were paid to Murray by a number of stars including Roger Federer and Rafael Nadal.

"You were never alone," said eight-time Wimbledon champion and 20-time Slam champion Federer, the man defeated on Centre Court when Murray claimed Olympic gold in 2012.

"While you carried your own dreams, you also carried theirs."

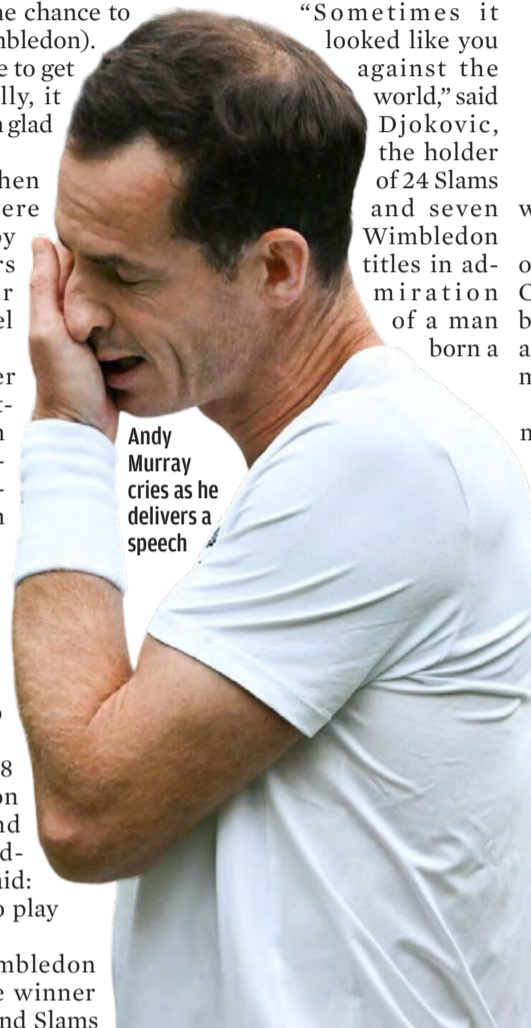
Nadal, the 2008 and 2010 champion at the All England Club and the holder of 22 majors, said: "We were proud to play against you."

Seven-time Wimbledon champion and the winner of 23 women's Grand Slams

Serena Williams told Murray: "Your golden days belonged to everybody."

Career-long rival Novak Djokovic was court-side Thursday to witness Murray's emotional evening in the spotlight.

"Sometimes it looked like you against the world," said Djokovic, the holder of 24 Slams and seven Wimbledon titles in admiration of a man born a



Andy Murray cries as he delivers a speech

"I want to play forever, I love the sport and it's given me so much. It's taught me loads of lessons over the years I can use for the rest of my life. I don't want to stop so it is hard"

ANDY MURRAY

week before him in 1987.

Murray received a standing ovation when he walked onto Centre Court alongside his brother, older by 15 months and a winner of two Grand Slam men's doubles titles.

Family members including mother Judy, father William, wife Kim and daughters Sophia, eight, and six-year-old Edie, watched from the players' box.

The famous arena has witnessed some of Murray's most dramatic moments.

His tearful 2012 Wimbledon final loss to Roger Federer was followed by Olympic gold just weeks later.

"I'm not saying I'm the most outgoing or bubbly personality, but I think people probably saw how much I cared about the sport for the first time maybe," said Murray of that defeat to the Swiss great.

In 2013 Murray claimed his first Wimbledon title,

ending a 77-year wait for a British male champion, and added another three years later.

On Thursday, the former world number one was treated to ecstatic cheers even when it was announced it was his turn to serve.

Alcaraz hails 'inspiration'

Hardly surprisingly, Murray appeared stiff in his movement, not helped by the chilly temperatures, which dipped to 18 degrees Celsius (64 degrees Fahrenheit).

The brothers had a set point in the opener, which they were unable to convert.

They battled gamely, even leading 2-0 in the second set with Murray grimacing on serve.

Murray treated his fans to his trademark, nerve-tingling roar that has regularly bounced around Centre Court for the best part of two decades when he unleashed a winning forehand.

The euphoria was brief as the Australian pair moved towards victory.

After his emotional speech to the crowd, Murray left to a guard of honour which included Djokovic, John McEnroe and Martina Navratilova.

His legacy is assured, with the brightest star of tennis's new generation adding his tribute.

"Andy! Such an inspiration and example for everyone! what a career and what a legacy!" wrote defending Wimbledon champion Carlos Alcaraz on X.

Martinez saves Messi blushes as Argentina beat Ecuador to reach Copa semis

● **Argentina wins 4-2 on penalties**

● **Messi misses opening penalty**

AFP | Houston

Goalkeeper Emiliano Martinez was the hero, saving two penalties and Lionel Messi's blushes as holders Argentina defeated Ecuador in a penalty shoot-out to book their place in the Copa America semi-finals on Thursday.

A Lisandro Martinez header had put world champions Argentina 1-0 up ten minutes before half-time but Kevin Rodriguez headed in a stoppage-time leveller for Ecuador, who had risen to the occasion in front of 69,456 fans at Houston's NRG Stadium.

Messi missed the opening penalty, chipping against

the bar, but thanks to heroics from Martinez, Argentina recovered to win the shoot-out 4-2 and progress into the semi-finals where they will face the winner of yesterday's match between Venezuela and Canada.

Messi's 'panenka' miss brought back memories of his miss in the shoot-out loss to Chile in the 2016 Copa final but luckily for him goalkeeper Martinez was in the mood to repeat his own past.

He pulled off superb diving saves to deny Angel Mena and Alan Minda and get his team in front before Nicolas Otamendi slotted home the decisive fourth kick.

Martinez had saved three spot-kicks in a 3-2 penalty shootout victory for Argentina over Colombia in the semi-final of the 2021 Copa America and famously saved two in the World Cup final against France in Qatar.

Ecuador were left crestfallen after a match in which they had created enough opportunities to have won the game.

Felix

YOU KNOW WHAT

Emiliano Martinez has a history of penalty shootout heroics, saving crucial penalties in the 2021 Copa America semi-final and the 2022 World Cup final

Sanchez's team made a bright start, dominating the ball in midfield and stretching the Argentine defence at times.

Moises Caicedo had an early opportunity, latching on to a header from Enner Valencia, but his shot was tame and easily dealt with by Argentine keeper Martinez.

Then Moises Caicedo threaded a clever pass through to the impressive Jeremy Sarmiento but Martinez was out quick to save with an outstretched foot and Kendry Paez blasted the loose ball over the bar.

Argentina gradually got a foothold in the game but it was not until the 28th minute that they had their first opening when Enzo Fernandez headed wide a Nahuel Molina

cross from the right.

Seven minutes later, they had the lead however, Messi driving in a corner which Alexis Mac Allister met at the near post with a flick-on and Lisandro Martinez arrived with a powerful header that Ecuador keeper Alexander Dominguez was unable to keep out.

Fernandez soon had a chance to double the lead but fired a left-foot shot wide at the back post and Argentina went in at the break with a single goal lead.

Ecuador were given a lifeline in the 62nd minute when Rodrigo De Paul was ruled to have handled inside the box but Valencia's penalty struck the outside of the post.

But in stoppage time, Ecuador stunned the 15-times Copa champions when Kevin Rodriguez glanced in a header from a John Yeboah cross.

There was a VAR review, looking at whether Jor-

Vinales sets German MotoGP lap record as Marquez goes flying

AFP | Sachsenring

Spaniard Maverick Vinales broke the Sachsenring track record in Friday's practice session ahead of the German MotoGP, while Marc Marquez suffered a heavy fall.

The Aprilia rider set a time of 1 minute 19.622 seconds, to end the day 0.340sec ahead of compatriot and championship leader Jorge Martin on a Ducati-Pramac. Portuguese rider Miguel Oliveira of Aprilia satellite team Trackhouse was a further 0.022sec behind in third.

Reigning champion,

Maverick Vinales in action



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Emiliano Martinez

Lionel Messi

Spain stun Germany in extra time

Last-minute Merino header sends Spain to Euro 2024 semi-finals, ends German hopes

● **Olmo scores opener, Wirtz equalizes late**

● **Extra time drama with controversial penalty appeal**

● **Merino's 119th-minute winner secures victory**

● **Germany's exit marks end of Kroos' international career**

AFP | Stuttgart

A Mikel Merino goal in the final minute of extra time took Spain to a 2-1 win over Germany and into the Euro 2024 semis.

After a fiery yet goalless first half, Spain's Dani Olmo latched onto an inch-perfect pass from Spanish wunderkind Lamine Yamal to give La Roja the lead on 51 minutes.

Niclas Fuellkrug struck the post with 14 minutes remaining but with the hosts staring at an early exit, Florian Wirtz

slammed in a Joshua Kimmich knock-down in the 89th minute to take the game to extra time.

With a minute remaining in extra time and the game looking set for penalties, Olmo lofted a cross for Merino, who headed Spain into the semi-finals and on course for a record-breaking fourth Euros crown.

Germany's exit brings to an end the hosts' hope of a summer fairytale Euros victory after a decade of poor performances at major tournaments, while also lowering the curtain on Toni Kroos' stellar career.

The battle between the two most successful Euros nations, with three titles apiece, was billed as a final come early, with the in-form Spaniards against Nagelsmann's reborn hosts.

Spain nominated Kroos as Germany's most dangerous pre-match but the



Spain's midfielder #06 Mikel Merino celebrates scoring his team's second goal

midfielder had a huge, even if unintended impact early, colliding with Pedri, who was then subbed

off with a leg injury for Olmo.

Germany, with the oldest squad at Euro 2024, struggled with Spain's speed during the first half, frequently coming into duels a fraction too late, but the two best chances of the opening half fell to the hosts -- and both to Kai Havertz.

The Arsenal forward leapt highest to head a cross directly at Unai Simon early and then scuffed a tame shot at the goalie later in the half with just the 'keeper to beat.

After a goalless first half, Nagelsmann took off surprise starter Emre Can for the pink-haired Robert Andrich, while the ineffective Leroy Sane was hooked in place of Wirtz.

The substitution who would make his mark however was Olmo, who gave Spain the lead six minutes into the second



The match was a clash between the two most successful Euro nations, each with three titles. Spain's victory keeps them on course for a record-breaking fourth European Championship crown

half, slicing through the sleepy Germany defence to perfectly place a Yamal pass past Manuel Neuer in the bottom left corner.

The goal kicked Germany into gear with Wirtz particularly dangerous.

The Bayer Leverkusen starlet

linked with Fuellkrug on the counter with a quarter of an hour remaining but the striker, under heavy attention from the Spanish defence, could only hit the post.

With 10 minutes remaining Nagelsmann made his final substitution, bringing veteran Thomas Mueller from the bench.

But it was Wirtz -- 13 years his junior -- who made the difference, skimming a Joshua Kimmich header across the grass and in at the far post in the final minute, sending the game to extra time.

Mikel Oyarzabal, on for Williams, curled a 104th-minute shot just wide of the post and Wirtz did the same a minute later with the goal beckoning.

Germany appealed strongly for a penalty in the second period of extra time, after a goal-bound Jamal Musiala shot clearly connected with Marc Cucurella's outstretched hand.



Dani Olmo

Norris makes it double top in McLaren 1-2 at Silverstone practice

● **McLaren driver tops both sessions in British GP practice, outpacing teammate Piastri**

● **Perez shows improved form, finishing third**

● **Hamilton struggles, finishes sixth**

AFP | Silverstone

Lando Norris made it a 'double top' in yesterday's practice for this weekend's British Grand Prix, the McLaren driver outpacing his team-mate Oscar Piastri by three-tenths of a second before rain swept across the Silverstone circuit.

Showing no ill-effects after his controversial collision with Max Verstappen at last Sunday's Austrian Grand Prix, the 24-year-old Britain thrilled his home fans by topping the times in both free practice sessions.

His best lap in one minute and 26.549 carried him 0.331 seconds clear of Piastri in a convincing McLaren one-two.

Behind the two McLarens,



Despite a controversial collision with Max Verstappen in the previous Austrian Grand Prix, Lando Norris showed no ill effects, thrilling home fans by topping both practice sessions at Silverstone

Red Bull's Sergio Perez enjoyed a welcome return to form by finishing third ahead of Nico Hulkenberg of Haas, Ferrari's Charles Leclerc and seven-time champion Lewis Hamilton of Mercedes.

"The track is fine," said Hamilton, a record eight-time winner of his home event. "I'm just slow."

Series leader and three-time champion Max Verstappen was seventh in the second Red Bull ahead of Carlos Sainz in the second Ferrari, Lance Stroll of Aston Martin and

George Russell in the second

Mercedes.

On a cool, grey summer's day in central England, the session began with Yuki Tsunoda clocking the opening lap time before the Ferrari duo of Leclerc and Sainz took over. It was not for long, however, as Verstappen and Norris replaced them.

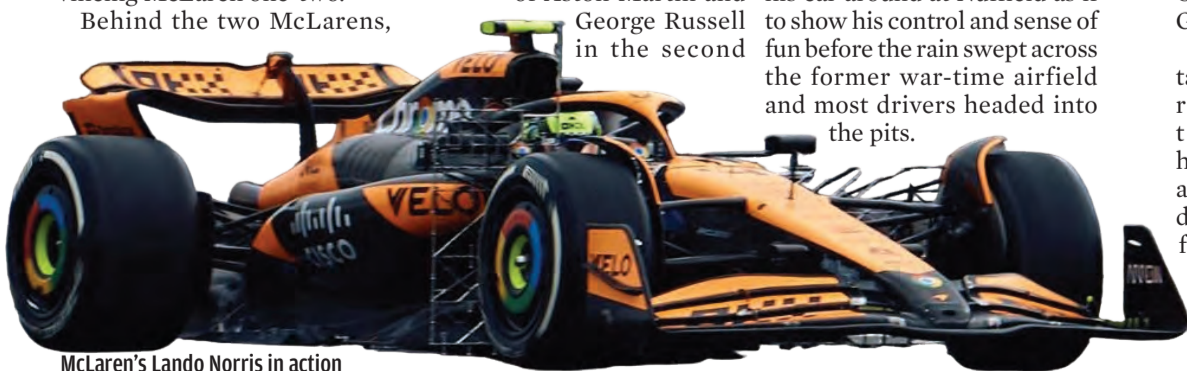
Taking softs, Verstappen trimmed his time to 1:27.233 -- eight-tenths clear of all his rivals -- to show the potential pace of his Red Bull this weekend, but Russell, on mediums, closed within three-tenths to show that Mercedes remained contenders.

Alonso then threatened before Leclerc went top only to be outpaced immediately by Hulkenberg in his Haas before Piastri gained the initiative.

By the midway point in the session, black clouds were threatening as Norris jumped three-tenths clear of his McLaren team-mate in 1:26.549, the duo showing a clean pair of heels to their rivals as rain fell intermittently.

"When the rain hits, it could be quite heavy and quite quickly," McLaren informed Norris. "We'll take no risks."

Soon after this, Norris drifted his car around at Nuffield as if to show his control and sense of fun before the rain swept across the former war-time airfield and most drivers headed into the pits.



McLaren's Lando Norris in action

Alcaraz triumphs in five-set thriller

● **Defending champion overcomes Tiafoe to reach Wimbledon last 16**

● **Gauff cruises past British qualifier Kartal**

● **New Zealand's Sun makes historic fourth-round appearance**

● **Paul continues grass court winning streak**

AFP | London

Defending champion Carlos Alcaraz defeated close friend Frances Tiafoe in a roller-coaster five sets to reach the Wimbledon last 16 yesterday as US Open winner Coco Gauff breezed through.

Alcaraz came through 5-7, 6-2, 4-6, 7-6 (7/2), 6-2 on the back of 16 aces in his 55 winners in a Centre Court thriller that stretched to the best part of four hours.

"Always a big challenge playing against Frances," admitted Alcaraz, who was also pushed to five sets by the American in the semi-finals of the 2022 US Open on his way to a first Grand Slam title.

"He is a really talented player, really tough to face and he has shown again that he deserves to be at the top and fight for big things."

Alcaraz, who is bidding to become only the sixth man to capture the French Open

and Wimbledon titles back-to-back, has now reached the last 16 of a Slam for the 10th time.

The world number three will next take on either Ugo Humbert of France or Brandon Nakashima of the United States.

Women's world number two Gauff ended the run of British qualifier Sonay Kartal, who had defied her humble ranking of 298 to reach the third round of a Slam for the first time.

Gauff won 6-4, 6-0, allowing her opponent just eight points in the second set.

'Nice to me'

Despite the loss, Kartal, who had arrived at the All England Club with just over \$18,500 from her 2024 efforts on court, will go away with a windfall of more than \$182,000.

"This is my first time playing a British player here so I was little nervous because I knew you'd be for her, which is under-

standable," said Gauff.

"Thankfully you guys were pretty nice to me so that helped."

Gauff will face American compatriot Emma Navarro for a place in the quarter-finals.

Tommy Paul, the US men's 12th seed, made the fourth round for second time with a 6-3, 6-4, 6-2 win over Alexander Bublik of Kazakhstan.

It was Paul's eighth successive win on grass after he claimed the Queen's Club title on the eve of Wimbledon.

"I'm having fun on the grass," said Paul.

Grigor Dimitrov, who was a semi-finalist 10 years ago, defeated 37-year-old Gael Monfils in straight sets.

Two-time quarter-finalist Madison Keys, the 12th seed, reached the second week for the fifth time with a straight-sets win over Marta Kostyuk.

Keys goes on to face French Open runner-up Jasmine Paolini, who had never won a match at Wimbledon before this year.



Carlos Alcaraz in action

Always a big challenge playing against Frances. He is a really talented player, really tough to face and he has shown again that he deserves to be at the top and fight for big things

CARLOS ALCARAZ