THE CONTRACTOR **Understanding stigma of** mental health awareness

Zahra Ayaz TDT | Manama

he Kingdom of Bahrain participates in the nationwide effort to address the stigma and spread awareness about mental health every year during the month of May.

Mental health is as important as our physical health, visiting the psychiatrist would be the least thing you reward yourself with when you feel stressed out. Dr Hamda Alnashmi

recognise the way mental illness Tribune. impacts their lives, educates



sonally suffers with a mental tal health, many psychological health issue, Mental Health specialists and consultants from out of fear of being stigmatised abuse. The solution is simply to for adults, but for children too, Awareness Month helps people the Kingdom spoke to The Daily

Dr Hamda Alnashmi, specialpeople about available services, ist in psychiatry department at and highlights ways to advocate. Bahrain Specialist Hospital, said: torial, mental illness can also be ministrator for special needs



Dr Noor Yasser

Whether or not someone per- ness of the significance of men- jobs and their marriages due conditions like obesity, diabeto delay in seeking help, either tes, cancer, strokes, and alcohol or because they mistakenly be- choose a psychiatrist who would lieved that their traits were in- understand you and guide you ing diagnosed with anxiety and grained in them from birth.

"In addition to being multifac-To increase citizen's aware- "I've seen people who lost their brought on by chronic medical at American Mission Hospital, talk about mental health and together."



Dr Sama Gouda

through your journey of healing." depression, as well as alarming Dr Noor Yasser, a clinical ad- rates of suicide.



ness to not only mental health more and more children are be-

"We need to be able to openly ing a fixed time to eat dinner

well-being and break stigmas in society about seeking help, there is no shame in being vulnerable and asking for support."

Dr Sama Gouda, consultant neurosurgeon at Middle East Hospital, said: "Simply giving someone space to talk, and listening to how they're feeling, can be really helpful in itself. If they're finding it difficult, let them know that you're there when they are ready.

"Seeking help can feel lonely, said: "Let's bring more aware- and sometimes scary. You can reassure someone by letting them know that they are not alone, and that you will be there to help.

"If possible, take time each day to be with your family and friends, for example, try arrang-



International 'Viswamalayalam' Initiative

As part of the promotion of the Malayalam language amongst expatriate Keralites, the Kerala Government will launch the International "Viswamalayalam" Initiative tomorrow at 4:30 pm, at the Diamond Jubilee Hall of Bahrain Keraleeya Samajam. The Minister for Culture and Youth Affairs, and Fisheries of Kerala State Government, Mr Saji Cherian, will launch the initiative. The event will also host Malayalam Mission's Director and celebrated poet Murugan Kaattakada. The launch event is organised by Malayalam Mission's Bahrain Chapter in association with its first accredited learning centre outside India, Bahrain Keraleeya Samajam.

Cine Cine Bahrain Cinema Company B.S.C. Condensed consolidated interim financial information for the three months period ended 31 March 2023

Condensed consolidated interim statem comprehensive income for the three mo	onths period en	ded 31 Ma	rch 2023					position as a	Bahrain Dinars)	Condensed consolidated interim for the three months period ende		11 110 113
	(Reviewed)						(Heviewoo)	31 March	31 December			Rebrain Dineral
								(Reviewed)	2022 (Audited)	(re	viewed) (Expressed in	
	Three months		ee months	ASSETS Non-curren	t assals			0.0000000	(r started)		Three months period ended	Three month period ende
	period ended		riod ended	Property, pla	ant and equipme	nt		4,825,192 23,080.527	5,002,194 23,078,000		31 March 2023	31 March 202
	31 March 2023	31 N	farch 2022	Right-of-use	assets			2,581,460	2,450,040		(Reviewed)	(Reviewee
	(Reviewed)		(Reviewed)	Financial as	in an associate sets at amortise	d cost		10,042,224 13,976,871	10,099,872 13,968,954	Operating activities		
				Financial as	sets at fair value	through profit of	r loss	10,179,503	10,052,337	Net profit for the period	102.257	909,72
Operating income	1,111,089		1,049,155	1				64,685,777	64,651,397	Adjustments for:		
				Current ass	vets			143,154		Depreciation Americanics of cost to right of use possile	206,364 244,746	150,62
Operating costs	(1 217 564)	(1,217,564) (1,073,691)			Inventories Financial assets at fair value through profit or loss				146,689	Amortisation of cost to right-of-use assets Profit on sale of property, plant and equipment	244,740	161,64
showing costs	(1,217,304)	_	(1,073,031)	Trade and other receivables Cash and bank balances				9,400.858 4,975,326 165,674	9,414,365 4,528,776	Net share of loss/(profit) from investment in an		(.
Operation areas loss (or the period	(400 475)		(04 500)	Cash and bank balances					275,127	associate	57,648	(72,35
Operating gross loss for the period	(106,475)		(24,536)					14,685.012	14,364,957	Dividend income Unrealised gains on financial assets at fair	(130,338)	(101,134
				Total asset	5			79,370,789	79,016,354	value through profit or loss	(113,659)	(1,015,465
ncome from investments, net	391,742		1,322,184		D LIABILITIES					Profit from fixed deposits and call accounts		(11,953
Other income	235,131		100,059	Capital and reserves Share capital			8,262,345	8,262,345	Rent concessions Interest income from sukuks and bonds	(197,476)	(10,204	
General and administrative expenses				Share prem Revaluation	ium			911,442 4,557,442	911,442 4,557,442	Interest income from sukuks and bonds Interest income – discount amortisation	(197,476) (7,917)	(121,278
	626,873		1,422,243	Statutory re-	serve			4,131,173	4,131,173	Interest income on long term receivables	(35,463)	(70,928
	010,010		.,,	Charity reso Retained ea	rnings			252,007 40,820,974	312,007 41,902,340	Interest income on loan to a related party	(16,897)	
	(200 024)		(450,104)	Treasury shares				(370,975)	(370,975)	Finance costs Changes is specified assets and Exhibition:	57,317	37,87
	(360,824)		(,	Man current	t liabilities			58,564,408	59,705,774	Changes in operating assets and liabilities: Inventories	3,535	(6,566
Finance costs	(57,317)	_	(37,878)	Non-current Non-current	portion of term I	oan		7,314,263	7,769,140	Trade and other receivables	(446,550)	(315,745
				Non- curren Employees'	t portion of lease terminal and oth	e liabilities er benefits		7,314,263 2,096,415 949,555	2,136,259 925,061	Employees terminal benefits	24,494	13,79
	(418,141)		(487,982)					10,360.233	10,830,460	Trade and other payables	(393,593)	1,345,425
				Current liat	oilities					Net cash (used in)/provided by operating activities	(645,532)	913,653
Net profit and other comprehensive income				Current port	ion of Murabaha ion of term loan	facility		5,028,724 333,272	5,178,012 331,198 700,941	the even (even approximate of the small second	(0.00000)	0.01000
for the period	102.257		909,725	Current port	ion of lease liab ther payables	lities		912,299 918,116	700,941 1,311,709	Investing activities		
ion the period	102,207		505,725	Bank overdr	afts			3,253,737	958,260	Purchase of property, plant and equipment Additions to investment properties	(29,362) (2,527)	(1,393) (566)
Paolo comingo por choro	4.61		10/1-	1				10,446,148	8,480,120	Proceeds from sale of property, plant and equipment	(e,oer)	14
Basic earnings per share	1fils	-	12fils	Total equity	and liabilities			79,370,789	79.016.354	Interest income on long term receivable	35,463	70,928
								1010101100	1010101001	Interest income on loan to a related party	16,897	
Condensed consolidated interim		-		olders						Profit from fixed deposit and call accounts received Proceeds from sale of financial assets at		11,953
equity for the three months period	d ended 31 M	arch 2023	3			(Review	ed) (Express	ed in Bahra	in Dinars)	fair value through profit or loss		504,151
		Share	Share	Revaluation	Statutory	Charity	Retained	Treasury	an Diniar by	Interest income from bonds and sukuks	197,476	121,278
					,			,		Purchase of financial assets at amortised cost Purchase of financial assets at		(13,950,627)
		capital	premium	reserve	reserve	reserve	earnings	shares	Total	fair value through profit or loss		(498,233
										Dividend income received	130,338	101,134
At 31 December 2021 – audited		8,262,345	911,442	4,557,442	4,131,173	305,695	41,956,873	(370,975)	59,753,995	Net each provided by thread in investige activities	240.005	(10.041.001
Dividend for the year 2021		-	-	-	-	-	(1,183,706)	-	(1,183,706)	Net cash provided by/(used in) investing activities	348,285	(13,641,361
Net profit and other comprehensive										Financing activities		
income for the period		-		-		-	909.725		909.725	Amount repaid against Murabaha facility	(149,288)	(137,857
income for the period							000,720		000,720	Lease liabilities paid Term loan obtained	(204,652)	(145,757 10,268,176
A Gr March 0000 and and			~ ~ ~ ~ ~ ~			005 005		(070 075)		Amount repaid against term loan	(452,803)	10,200,170
At 31 March 2022 – reviewed		8,262,345	911,442	4,557,442	4,131,173	305,695	41,682,892	(370,975)	59,480,014	Charity paid	(60,000)	
										Dividends paid	(1,183,623)	(1,183,706
At 31 December 2022 – audited		8,262,345	911,442	4,557,442	4,131,173	312,007	41,902,340	(370,975)	59,705,774	Finance costs paid	(57,317)	(37,878
Dividend for the year 2022			-			-	(1,183,623)	-	(1,183,623)	Net cash (used in)/provided by financing activities	(2,107,683)	8,762,97
Charity paid		-	-		-	(60,000)	-	-	(60,000)			
Net profit and other comprehensive									·····	Net decrease in cash and cash equivalents	(2,404,930)	(3,964,731
income for the period		-	-	-	-	-	102.257	-	102.257	Cash and cash equivalents, beginning of the period	(683,133)	3,966,73
moving for the period		-	-				102,207		102,207			
1. 0. 14		0.000.017			4 404 475	050 007	10.000.00	10 30 0 30		Cash and cash equivalents, end of the period	(3,088,063)	2,00
At 31 March 2023 – reviewed		8,262,345	911,442	4,557,442	4,131,173	252,007	40,820,974	(370,975)	58,564,408	Comprising: Cash and bank balances	165.674	321,26
Dr Esam Abdulla Yusuf Fakhro		f Ali Ubaydl			Ahmad A	Rashed Alb	actaki		uditore	Bank overdrafts	(3,253,737)	(319,26
Dr Esam Abdulla Yusuf Fakhro Chairman		Chairman				Hashed Alt	astaki		uditors BDO		fair agis as h	farriera
		W1 # 75 11 # # 375 1 # T			N	1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2			-1010		(3,088,063)	2.00