

Man Utd 'hurting' as Man City take Community Shield on penalties



Manchester City's Belgian midfielder #17 Kevin De Bruyne holds aloft the trophy as the team pose after winning the English FA Community Shield football match between Manchester City and Manchester United at Wembley Stadium, in London

AFP | London, United Kingdom

Erik ten Hag said Manchester United must feel the pain of a Community Shield defeat on penalties to Manchester City to fuel them for the beginning of the Premier League season.

United looked set to repeat their FA Cup final win over the English champions in May, which helped save Ten Hag's job as manager, when Alejandro Garnacho opened the scoring at Wembley on 82 minutes.

However, Bernardo Silva's header forced the game to penalties, where City edged a mar-

athon shoot-out 7-6.

"When the performance is right and when you lose everyone feels this. It hurts in your stomach," said Ten Hag.

"You have to feel pain and we have to hurt. We have to take this belief into the league.

City have won the Premier League for a record four consecutive seasons but it is the first time in that run that they have won the season opener after defeats to Leicester, Liverpool and Arsenal in the past three years.

"To start the season with a title is good. We are really pleased," said City boss Pep Guardiola.

"It is nice to play this game

because it means you won something in the previous season.

"Now we see how the players come back. The target now is not to win the Premier League, it is 'OK next game try and win it'. This is what we have to do."

City were severely hampered by the absence of a series of key players due to their late return to pre-season after competing at Euro 2024 and the Copa America.

The England trio of Kyle Walker, John Stones and Phil Foden, as well as Spain midfielder Rodri are yet to return to training following their efforts in reaching the final of Euro 2024.

By contrast, Ten Hag showed his desperation to win more silverware by thrusting teenager Kobbie Mainoo straight back into the heart of the action after his starring role for England in Germany.

Despite also leaving Kevin De Bruyne and Silva on the bench, City controlled the game early on with the electric Jeremy Doku causing havoc down the left.

James McAtee was one of the City youngsters given his chance to shine and was inches away from making his mark with a curling effort that came back off the post midway through the first half.

Lesman Montano Excels in Men's 102kg Weightlifting at 2024 Paris

TDI | Manama

Uzbekistan

In the Men's 102kg weightlifting event at the 2024 Paris Olympics, Bahraini weightlifter Lesman Montano delivered an honorable performance, securing sixth place with a total lift of 392kg.

Montano's efforts included snatch lifts of 181kg, 186kg, and 188kg, and clean & jerk lifts of 181kg, 211kg, and 218kg.

Gold for China, Silver for

The gold medal was won by Liu Huanhua of China, who achieved a total of 406kg with lifts of 186kg in the snatch and 220kg in the clean & jerk.

Uzbekistan's Akbar Djurayev claimed the silver with a total of 404kg, while Belarusian weightlifter Yauheni Tsikhantsou secured the bronze with a total of 402kg.

Portugal win first-ever Olympic track cycling gold



Gold medallists Portugal's Rui Filipe Alves Oliveira (L) and Portugal's Iuri Leitao celebrate

Paris, France

Iuri Leitao and Rui Oliveira kept their cool to win a chaotic men's madison littered with crashes and claim Portugal's first-ever Olympic track cycling gold medal on Saturday.

The duo took control in the final stages of the 200-lap race at Saint-Quentin-en-Yvelines

velodrome to finish eight points ahead of Italy, with Denmark taking the bronze.

Avoiding a series of accidents, they won all four of the last sprints in a sensational finish to overtake the Italians for a famous victory.

Notoriously chaotic and unpredictable, the madison is a two-person tactical relay event, featuring a mass start.

BRAVE CF extends one world record, equals another with huge win against YFU in China

TDI | Manama

The crown jewel of Bahrain sports, BRAVE Combat Federation emerged victorious in the battle for Asian supremacy as BRAVE CF fighters secured a 5-1 victory over YFU fighters at BRAVE CF 84, held this Friday, in Zhengzhou, China. And more than that, the most global organization in the world, born in the Kingdom of Bahrain, extended its world record as China became the 33rd country to host BRAVE CF, with the promotion also equalling the record for most Asian nations visited with 13.

In the main event, the only non-tournament fight of the night, Bidzina Gavashelishvili secured his second consecutive win in BRAVE Combat Federation by defeating ErasyI Shukataev after a hard-fought three-round contest.

Shukataev knocked Bidzina down twice in the first round and troubled the Georgian with his reach advantage. However, Bidzina controlled the pace in the second round with precise boxing and a late takedown. He relied on his grappling and clinch skills in the third round to neutralize his Kazakh opponent's reach advantage and cruised to victory. Following his win, Bidzina said that he is top contender in the Flyweight division and declared his intent to pursue the title.

The co-main event of BRAVE



Brice Picaud was the winner for the final BRAVE CF vs YFU fight

BRAVE CF 84 Results:

Catchweight 59.2kg - Bidzina Gavashelishvili def. ErasyI Shukataev via unanimous decision (3x 29-28)

Catchweight 62.5kg - Brice Picaud def. Qinghe Zhang via TKO (Retirement) - 5:00 - Round 2

Bantamweight: Borislav Nikolic def. Eqiyuebu via TKO (strikes) - 4m57s - Round 1

Featherweight: Izzeddine Al-Derbani def. Maimaituoheti via submission (triangle choke) - 3m49s - Round 1

Lightweight: Olzhas Eskaraev def. Zehao Zhang via unanimous decision (3x 30-27)

Flyweight: Yang Weiqiang def. Mohamed Alsameea via unanimous decision (3x 29-28)

Catchweight 64.5kg: Aivaz Aidinov def. Peng Zhengwen via unanimous decision (3x 30-27)

CF 84, which headlined the BRAVE CF vs. YFU portion of the card, featured a high-level technical contest between Brice Picaud and Qinghe Zhang. Both fighters engaged in back-and-forth grappling exchanges, living up to the pre-fight expecta-

tions. Unfortunately, the fight ended anticlimactically when Zhang suffered a knee injury after the second round, forcing the referee to call off the bout and award a TKO victory to Picaud, who wrapped up the dominant performance of BRAVE CF



Mohamed Alsameea (right) had a valiant effort at BRAVE CF 84, in China

fighters.

Borislav Nikolic made a strong case for a Bantamweight title shot by securing a first-round TKO victory over Eqiyuebu, who entered the fight on a four-fight winning streak. Nikolic dominated early in the stand-up and brought the fight to the ground with a guillotine attempt. Although the 19-year-old Chinese star escaped the submission attempt, Nikolic's experience proved decisive as he finished the fight with elbows from the top position.

The bout between Maimaituoheti and Izzeddine Al Derbani delivered big time, with both fighters exchanging heavy strikes from the start. Al Derbani took control midway through the first round with his kicks and quickly ended the fight by submitting his Chinese opponent with a triangle choke, bouncing

back strongly from his loss at BRAVE CF 80.

Former Interim title challenger Olzhas Eskaraev delivered a dominant performance, overwhelming China's Zehao Zhang over three rounds to secure a unanimous decision win. This victory marks Eskaraev's second consecutive win in BRAVE CF, bringing him closer to a potential rematch with BRAVE CF Lightweight champion Abdisalam Kubanychbek.

Yang Weiqiang handed Mohamed Alsameea his first pro-

fessional MMA loss in the second fight of the night, securing the lone victory for YFU in the promotional duel.

Alsameea started out strong, using his wrestling to take advantage from the striker, but ultimately tired out and put on a valiant effort to maintain himself in the fight until the end. The judges saw the win for Weiqiang, but Mohamed showed the entire world that he never gives up. The experience of fighting professionally abroad will be instrumental in his development as a young star in the Arab MMA world.

Kazakhstan's Aivaz Aidinov utilized his wrestling skills to dominate Peng Zhengwen in the opening bout, securing a decision win and setting the tone for the BRAVE CF fighters.

BRAVE CF 84 was the organization's fourth event of the year, following events in Slovenia, Mauritius, and the Netherlands. Next, the most global MMA organization heads to Pakistan for BRAVE CF 85, which will be held as part of BRAVE International Combat Week in Lahore on August 18.

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