

HRH Prince Salman to patronise Cityscape Bahrain 2023 exhibition

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Under the patronage of His Royal Highness Prince Salman bin Hamad Al Khalifa, the Crown Prince and Prime Minister, the real estate and property exhibition titled "Cityscape Bahrain 2023" will open at Exhibition World Bahrain on November 14-16.

Shaikh Salman bin Abdulla bin



HRH Prince Salman

Hamad Al Khalifa, Survey and Land Registration Bureau (SLRB) President and Real Estate Regulatory Authority (RERA) Chairman, hailed the support of His Majesty King Hamad bin Isa Al Khalifa and the follow-up of HRH the Crown Prince and Prime Minister for the real estate sector.

He praised HRH the Crown Prince and Prime Minister's patronage of Cityscape Bahrain 2023,

noting that it is a big boost for the real estate sector.

This year's conference will focus on sustainability and digital transformation in the real estate sector, by promoting innovative solutions that achieve the goals of sustainable development, which are in line with the Kingdom of Bahrain's economic vision for 2030. It will also showcase the latest digital innovations in the field of real estate

technology.

Cityscape will be organised in cooperation with Informa Markets International, the same company that organises the annual Jewels Arabia exhibition.

A high committee was formed headed by the SLRB head to set up the necessary equipment for the preparation and organisation of this global real estate event, which includes exhibitors from local, re-

gional, and international real estate companies and projects, including real estate companies from the GCC, the US, the UK, and Turkey, Pakistan, and other countries.

The exhibition will coincide with a major real estate conference to discuss real estate technology issues, how to create sustainability in the real estate sector, and other current issues in the real estate sector.

Bahrain ready to promote yoga as sport

A group of young Bahrainis is ready to perform at the International Yoga Championship at the end of this year



Faris Mustafa Al Kooheji speaks at the event



Act performed by Dr. Komal Panwar



PROP Yoga & Therapy center performance at MANTHAN "The Yoga Conclave"

Ashen Tharaka
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Yoga is taking a new direction in Bahrain, with the people who have mastered the ancient practice now exploring it as a sport and readying themselves to take on international competitions, with their eyes set on nothing less than the Olympics itself.

While many of them had taken to yoga as a means to ensure mental and physical well-being, those with other talents are combining them with yoga to give it a

unique spin. Under the guidance of the Bahrain Olympic Committee (BOC), a new approach to youth initiative is on to promote yoga as a sport in the future. It is expected that the initiative would lead Bahrain to have world champions in Olympic Yoga by next year, said BOC officials.

PROP Yoga & Therapy Center, which is based at Budaiya in Bahrain, has been actively promoting Olympic Yoga as a sport. Its founder Ehsan Asghar told the Daily Tribune, "We are ready to represent Bahrain in



Thirty Bahraini students now engage in the training courses provided by the PROP Yoga & Therapy Center.

the next Olympics. We need to practice more and train our students well."

While gymnastics is all about athletics and aesthetics, yoga is all about stability, form, and duration, he added.

Thirty Bahraini students now engage in the training courses

provided by the centre and they are expecting to enhance it up to a hundred at the end of the year, Ehsan said.

The first performance of the PROP Yoga & Therapy Center was featured at the 'MANTHAN The Yoga Conclave' event, organised under patron-

age of the Embassy of India in Bahrain and Bahrain India Cultural & Arts Services (BICAS), last Sunday.

Yoga Performer Shares Her Journey

One of the top performers at the conclave was Dr. Komal Panwar, who embarked on a yoga journey 20 years ago, at the age of seven. Walking to Yoga classes along with her sister since seven, she quickly fell in love with the workout routine and soon began to compete in national championships.

She began winning championships thereafter, from the sub-junior to junior and senior divisions, and grew into a yoga performer at an international level. Having pursued a PhD in Yoga recently, she is passionate about sharing her knowledge with others, with several books on yoga to her credit and being invited as a speaker at yoga conferences.

Talking about yoga and its benefits, she told The Daily Tribune, "Yoga has changed my life in so many ways. It has helped me to reduce anxiety.

High airfares jeopardise expat families' summer plans

Zahra Ayaz
TDT | Manama

With the air fares reaching an annual peak in view of the higher demand due to the annual summer vacation and no other viable alternative being readily available, many families have dropped their travel plans this year.

Organisations representing passengers and individual passengers from India are now demanding that the Government of India should step in and charter flights from the Middle East to handle the heavy rush of passengers.

Fasila Shamil, an expat who was planning to go to Kerala,



Mr. Subair Kannur



Sudheer Thirunilath

India, told The Daily Tribune that she was unable to afford the high airfare.

"My husband contacted several travel agencies to check

the fare but we cannot afford it. This year we will not be able to celebrate Eid with our family," she lamented. Mr. Subair Kannur, member of Indian Commu-

nity Relief Fund (ICRF), said the solution needed now is for the government to step up and call for a meeting with the airlines operating between India and the Middle East.

"Although the Kerala government has allocated funds for charter aircraft, the central government has not responded," he said.

Mrs. Sumayya, an agent from Air Home Travels, said that all airlines are charging far more than they normally would this summer. "We've seen a decline in passengers this year compared to last year, especially families and they are less likely to travel during this summer vacation," she said.

Customs Affairs holds graduation ceremony

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Director-General of General Resources and Information Systems of Customs Affairs Shaikh Turki bin Duaj Al Khalifa attended a graduation ceremony for the Qarar (decision) programme of the Customs Training Institute in cooperation with the University of Bahrain.

The programme aimed to enhance the leadership skills of decision-makers in Customs Affairs. Deputy Health of Community Services of the University of Bahrain, Dr Mohammed Al

Ansari, attended.

Director-General praised the instructions of Interior Minister General Shaikh Rashid bin Abdullah Al Khalifa to promote human resources development and follow-up of the President of Customs, Shaikh Ahmed bin Hamad Al Khalifa.

He said that the programme was mainly designed to meet work requirements.

He thanked the University of Bahrain, the United Nations Media Centre for Gulf Countries and the organisers for their efforts.