

Preserving the past

Historic homes in Manama old city to be included in heritage project

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The Capital Municipal Council, in collaboration with relevant government entities, has completed a comprehensive inventory of historic homes in the old city of Manama.

This initiative paves the way for the evaluation and inclusion of these properties in the "Manama Historical Project."

Huda Sultan, a member of the Manama Municipal Council, revealed that Manama boasts hundreds of historic homes with significant cultural value.

The inventory process included a thorough assessment of each property's condition and architectural features, she added.

Sultan emphasised that the "Manama Historical Project" is a crucial endeavor aimed at preserving the city's historical identity.

She drew a parallel with the successful "Muharrarq Historical Project," which has transformed Muharrarq into a prominent tourist destination, attracting visitors from across the globe.

Identity

The "Manama Historical Project" aims to safeguard the historical and cultural identity of the capital's buildings and urban landscape.

It seeks to revitalise the city



One of the historic homes in Manama that needs urgent preservation

“The project will further strengthen Bahrain’s national identity, which has been nurtured for decades.”

- HUDA SULTAN, A MEMBER OF THE MANAMA MUNICIPAL COUNCIL

while preserving its traditional architectural heritage, creating a harmonious visual blend

between historic and modern structures.

This will be achieved through the innovative application of contemporary architectural elements, ensuring the preservation of Manama's unique identity.

Sultan highlighted that the project will further strengthen Bahrain's national identity, which has been nurtured for decades.

She emphasised the significance of Manama's old market,

a prominent landmark and a key player in the Gulf region's trade during the past century.

It continues to be a popular tourist destination.

"The development of Bab Al Bahrain market has added a significant heritage element to the city, making it one of Manama's most prominent tourist attractions. The project's success has sparked hopes for its expansion to include the old market and neighboring areas," she underlined.

Work on new road connection begins

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Engineer Ahmed Sami Al Tajer, Assistant Undersecretary for Roads at the Ministry of Works, has announced the commencement of a key infrastructure project designed to enhance Bahrain's road network.

The project involves constructing a new road connecting Al Hunainiya Street and Al Muaskar Street in the Southern Governorate.

The initiative, part of the government program's objectives for 2023-2026, is designed to improve traffic flow and support the Kingdom's development goals.

The new road will feature two lanes in each direction, spanning 3.4 kilometers.

It will connect Al Hunainiya Street in the north to Al Muaskar Street in the south, facilitating smoother traffic transitions between these major routes.

Scope

The scope of the project includes creating intersections,



Eng. Ahmed Sami Al Tajer installing sidewalks, and establishing a rainwater drainage network.

Improvements will also be made to street lighting, traffic safety measures, and infrastructure for treated water to support afforestation and irrigation efforts.

The road is expected to alleviate congestion in the Al Hunainiya area, East Riffa, and nearby regions.

It will benefit residents of the Al Hunainiya housing project and several local service institutions.

The Tender Board has awarded the project to Al-Dur Excavation and Construction Company.

When should you avoid breastfeeding?

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Dr. Shahenaz Hanafi Hassan, a Specialist Pediatrician at Middle East Hospital, provides crucial advice on when breastfeeding may need to be avoided to ensure the health and safety of both mother and baby.

According to Dr. Shahenaz, breastfeeding should be avoided if the infant is diagnosed with classic galactosemia, a condition where the baby cannot metabolize galactose properly.

Mothers with HIV, she added, should refrain from breastfeeding if they are not on antiretroviral therapy (ART) or if they are on ART but have not achieved or maintained sustained viral suppression during pregnancy, delivery, or postpartum.

Diseases

She emphasised that breastfeeding is also contraindicated for mothers infected with human T-cell lymphotropic virus type I or II, those using illicit drugs such as opioids, PCP, or cocaine, and those with suspected or confirmed Ebola virus disease.

In situations where breastfeeding should be temporarily avoided, mothers infected with untreated brucellosis



Dr. Shahenaz Hanafi Hassan should hold off until appropriate treatment is administered.

Similarly, those taking certain medications or undergoing diagnostic imaging with radiopharmaceuticals should not breastfeed during these times.

Mothers with an active herpes simplex virus infection with lesions on the breast or those infected with the mpox virus should also temporarily avoid breastfeeding.

Appropriate treatment

Dr. Shahenaz said that for mothers who should temporarily avoid breastfeeding but can provide expressed milk, those with untreated, active tuberculosis should resume breastfeeding only after completing appropriate treatment for at least two weeks and confirming they are no longer contagious.

Ministers inspect corniche waterfront project's progress

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The Minister of Municipalities Affairs and Agriculture, His Excellency Eng. Wael bin Nasser Al Mubarak, and H.E. Eng. Ibrahim bin Hassan Al Hawaj, Minister of Works, conducted an inspection visit to the King Faisal Corniche waterfront development project in Manama.

This visit aimed to review the ongoing construction and development of Phase One of the project.

During the visit, the ministers were briefed on the project's progress, which includes the development of walking, jogging, and cycling paths, green spaces, playgrounds, an administrative building, pump rooms, water tanks, an irrigation system, 143 parking spaces, and lighting



The King Faisal Corniche is currently undergoing development

works.

Al Mubarak said that the project is a significant part of Manama's strategic development initiatives and aligns with the

priorities of the Higher Committee for Urban Planning to enhance the city's seafronts.

He noted that the project spans approximately 46,000

square meters and features walkways, play areas, playgrounds, green spaces, service buildings, and waterfront restaurants.



East Sitra Housing City visit

The Chairman and members of the Capital Municipality Council visited the East Sitra Housing City to receive a comprehensive briefing on the infrastructure and facilities related to municipal affairs. Eng. Saleh Tarada, Chairman of the Capital Municipality Council, commended the Ministry of Housing for its efforts in constructing innovative housing projects. He highlighted that the East Sitra Housing Project is a notable initiative designed with careful consideration of citizen needs, including optimal location, house design, and essential facilities such as walkways, gardens, and designated sports areas.